

Fó Jiào Kè Sòng Jí

# 佛教课诵集

Buddhist Recitations



坦桑尼亚华人佛教协会根据网络资料整理编辑

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based on online resources

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**Incense Praise**

**Incense in the censer now is burning; All the Dharma realm receives the fragrance. From afar the sea vast host of Buddhas all inhale its sweetness. In every place auspicious clouds appearing, our sincere intention thus fulfilling, as all Buddhas now show their perfect body.**

**Homage to the Incense Cloud Canopy  
Bodhisattva-Mahasattvas! (3 times)**

**Praise of the Precepts and Concentration**

**The incense of the precepts and concentration burns, reaching up to the heavens. The devotion of disciples, glowing upon the golden censer. Rising in a cloud, flowing through the ten directions. Ancient and present people prevented disasters and removed calamitous obstructions.**

**Homage to the Incense Cloud Canopy  
Bodhisattva-Mahasattvas! (3 times)**

**Jeweled Censer Praise**

**The incense burning in the jeweled censer permeates the ten directions.**

**We sincerely make offerings to the Dharma King.**

**We wish the head of the country a long life, lasting as long as heaven and earth.**

**We wish world peace, lasting as long as heaven and earth.**

**Morning Recitation: Praises**

**Homage to the Incense Cloud Canopy  
Bodhisattva-Mahasattvas! (3 times)**

## Morning Recitation

### Shurangama Mantra

#### Namo Shurangama Assembly of Buddhas and Bodhisattvas (3 times)

O deep and wondrous dharani unmoving Honored One, Supreme Shurangama appears most rarely in the world. Extinguishing deluded thoughts from countless kalpas past, I needn't pass through aeons till the Dharma body's gained. I wish to now attain the Way: and as the Dharma King, I'll then return to rescue beings more than Ganges' sands. This deep resolve I offer to the myriad Buddhas' lands, and thus endeavor to repay the Buddha's boundless grace. I now request the Bhagavan to certify my quest, to enter first the evil world-the five turbidities, If yet a single being's not accomplished Buddhahood, Accordingly I also must renounce Nirvana's bliss. O great in courage, great in power, great compassionate one, I pray would now uncover and dispel my subt'lest doubts, Thus cause me quickly to attain supreme enlightenment, and sit within the Bodhimandas of the tenfold realms and even could the nature of shunyata melt away, My vajra-like supreme resolve would still remain unmoved. Namó Eternally Abiding Buddhas of the Ten Directions, Namó Eternally Abiding Dharma of the Ten Directions. Namó Eternally Abiding Sangha of the Ten Directions, Namó Shakyamuni Buddha, Namó Supreme Shurangama of the Buddha's Summit, Namó Avalokitesvara

**Bodhisattva, Namó Vajra Treasury Bodhisattva. At that time the World Honored One from the flesh mound at the crown of His head released a hundred-jewelled light. A thousand petalled rare lotus arose from the midst of the light. Seated within the precious flower was a transformation body of the thus Come One, whose crown in turn emitted ten rays of the hundred-jewelled effulgence. All the myriad lights shone round, everywhere revealing Secret Trace Vajra Spirits, many as The sands of ten Ganges rivers. Each holding aloft a mountain and wielding a pestle, they pervaded the realm of empty space. The great assembly gazed upward at once filled with fear and admiration. Seeking the Buddha's kind protection they single-mindedly listened. As, streaming light at the Buddha's invisible crown the transformation Thus Come One proclaimed the spiritual mantra:**

Section I

ná mó sà dàn tuō sū qié duō yē ā là hē dì sān miǎo sān  
pú tuó xiě · sà dàn tuō fó tuó jù zhī sè ní shàn · ná mó sà  
pó bó tuó bó dì · sà duō pí bì · ná mó sà duō nán · sān  
miǎo sān pú tuó jù zhī nán · suō shě là pó jiā sēng qié  
nán · ná mó lú jī ā luó hàn duō nán · ná mó sū lú duō bō  
nuó nán · ná mó suō jié lì tuó qié mí nán · ná mó lú jī  
sān miǎo qié duō nán · sān miǎo qié bō là dǐ bō duō nuó  
nán · ná mó tí pó lí sè nǎn · ná mó xī tuó yē pí dì yē tuó  
là lí sè nǎn · shě bō nú jiē là hē suō hē suō là mó tuō  
nán · ná mó bá là hē mó ní · ná mó yīn tuó là yē · ná mó  
pó qié pó dì · lú tuó là yē · wū mó bō dì · suō xī yè yē ·

ná mó pò qié pò dì · nuó là yě ná yē · pán zhē mó hē sǎn  
mù tuó là · ná mó xī jié lì duō yē · ná mó pò qié pò dì ·  
mó hē jiā là yē · dì lì bō lá nà qié là · pí tuó là bō ná jiā  
là yē · ā dì mù dì · shī mó shě nuó ní pò xī ní · mó dàn lì  
qié ná · ná mó xī jié lì duō yē · ná mó pò qié pò dì · duō  
tā qié duō jù là yē · ná mó bō tóu mó jù là yē · ná mó bá  
shé là jù là yē · ná mó mó ní jù là yē · ná mó qié shé jù  
là yē · ná mó pò qié pò dì · dì lì chá shū là xī nà · bō là  
hē là ná là shé yē · duō tā qié duō yē · ná mó pò qié pò  
dì · ná mó ā mí duō pò yē · duō tā qié duō yē · ā là hē  
dì · sǎn miǎo sǎn pú tuó yē · ná mó pò qié pò dì · ā chú  
pí yē · duō tā qié duō yē · ā là hē dì · sǎn miǎo sǎn pú tuó  
yē · ná mó pò qié pò dì · pí shā shé yē jù lú fèi zhù lì  
yē · bō là pò là shé yē · duō tā qié duō yē · ná mó pò qié  
pò dì · sǎn bǔ shī bì duō · sà lián nà là lá shé yē · duō tā  
qié duō yē · ā là hē dì · sǎn miǎo sǎn pú tuó yē · ná mó  
pò qié pò dì · shě jī yě mǔ nà yè · duō tā qié duō yē · ā là  
hē dì · sǎn miǎo sǎn pú tuó yē · ná mó pò qié pò dì · là  
dá nà jī dū là shé yē · duō tā qié duō yē · ā là hē dì · sǎn  
miǎo sǎn pú tuó yē · dì piáo ná mó sà jié lì duō · yì tán  
pò qié pò duō · sà dá tuō qié dū sè ní shàn · sà dá duō bō  
dá lán · ná mó ā pò là shì dān · bō là dì yáng qí là · sà là  
pò bù duō jiē là hē · ní jié là hē jiē jiā là hē ní · bá là bì  
dì yē chì tuó nǐ · ā jiā là mì lì zhù · bō lì dá là yē níng jiē  
lì · sà là pò pán tuó nà mù chā ní · sà là pò tū sè zhà · tū  
xī fá bō nà nǐ fá là ní · zhě dū là shī dì nán · jié là hē suō  
hē sà là ruò shé · pí duō bēng suō nà jié lì · ā sè zhà bīng  
shě dì nán · nà chā chà dá là ruò shé · bō là sà tuó nà jié  
lì · ā sè zhà nán · mó hē jié là hē ruò shé · pí duō bēng sà  
nà jié lì · sà pò shě dū lú nǐ pò là ruò shé · hū lán tū xī fá

nán zhē nà shě ní · bì shā shě xī dá là · ā jí ní wū tuó jiā  
là ruò shé · ā bō là shì duō jù là · mó hē bō là zhàn chí ·  
mó hē dié duō · mó hē dì shé · mó hē shuì duō shé pò là ·  
mó hē bá là pán tuó là pò xī nǐ · ā lì yē duō là · pí lì jù  
zhī · shì pò pí shé yē · bá shé là mó lǐ dǐ · pí shě lú duō ·  
bó téng wǎng jiā · bá shé là zhì hē nà ā zhē · mó là zhì  
pó bō là zhì duō · bá shé là shàn chí · pí shě là zhē · shàn  
duō shě pí tí pò bǔ shì duō · sū mó lú bō · mó hē shuì  
duō · ā lì yē duō là · mó hē pò là ā bō là · bá shé là shāng  
jiē là zhì pò · bá shé là jù mó lì · jù lán tuó lì · bá shé là  
hē sà duō zhē · pí dì yē qián zhē nà mó lì jiā · kù sū mǔ  
pó jié là duō nà · pí lú zhē nà jù lì yē · yè là tù sè ní  
shàn · pí zhé lán pò mó ní zhē · bá shé là jiā nà jiā bō là  
pó · lú shé nà bá shé là dùn zhì zhē · shuì duō zhē jiā mó  
là · chà shē shī bō là pò · yì dì yí dì · mǔ tuó là jié ná ·  
suō pí là chàn · jué fàn dū · yìn tù nà mó mó xiě.

## Section II

wū xìn · lì sè jiē ná · bō lá shě xī duō, sà dá tuō qié dū sè  
ní shàn · hǔ xìn · dū lú yōng · zhān pò nà · hǔ xìn · dū  
lú yōng · xī dān pò nà · hǔ xìn · dū lú yōng · bō là sè dì  
yē sān bō chā ná jié là · hǔ xìn · dū lú yōng · sà pò yào  
chā hē là chà suō · jiē là hē ruò shé · pí téng bēng sà nà  
jié là · hǔ xìn · dū lú yōng · zhě dū là shī dǐ nán · jiē là  
hē suō hē sà là nán · pí téng bēng sà nà là · hǔ xìn · dū  
lú yōng · là chā pò qié fàn · sà dá tuō qié dū sè ní shàn ·  
bō là diǎn shé jí lì · mó hē suō hē sà là · bó shù suō hē sà  
là shì lì shā · jù zhī suō hē sà ní dì lì · ā bì tí shì pò lì  
duō · zhā zhā yīng jiā · mó hē bá shé lú tuó là · dì lì pú  
pò nà · màn chá là · wū xìn · suō xī dì bó pò dū · mó mó ·



yìn tù nà mó mó xiě.

Section III

là shé pó yè · zhǔ là bá yè · ā qí ní pó yè · wū tuó jiā pó  
yè · pí shā pó yè · shě sà duō là pó yè · pó là zhuó jié là  
pó yè · tū sè chā pó yè · ā shě nǐ pó yè · ā jiā là mì lì zhù  
pó yè · tuó là ní bù mí jiàn bō qié bō tuó pó yè · wū là jiā  
pó duō pó yè · là shé tán chá pó yè · nà qié pó yè · pí  
tiáo dá pó yè · sū bō là ná pó yè · yào chā jiē là hē · là  
chā sī jiē là hē · bì lì duō jiē là hē · pí shě zhē jiē là hē ·  
bù duō jiē là hē · jiū pán chá jiē là hē · bǔ dān nà jiē là  
hē · jiā zhā bǔ dān nà jiē là hē · xī qián dù jiē là hē · ā  
bō xī mó là jiē là hē · wū tán mó tuó jiē là hē · chē yè jiē  
là hē · xiān lì pó dì jiē là hē · shè duō hē lì nán · jiē pó hē  
lì nán · lú dì là hē lì nán · máng suō hē lì nán · mí tuó hē  
lì nán · mó shé hē lì nán · shé duō hē lì nǚ · shì bǐ duō hē  
lì nán · pí duō hē lì nán · pó duō hē lì nán · ā shū zhē hē  
lì nǚ · zhì duō hē lì nǚ · dì shàn sà pí shàn · sà pó jiē là  
hē án · pí tuó yè shé chēn tuó yè mí · jī là yè mí · bō lì bá  
là zhě jiā qì lì dān · pí tuó yè shé chēn tuó yè mí · jī là yè  
mí · chá yǎn ní qì lì dān · pí tuó yè shé chēn tuó yè mí ·  
jī là yè mí · mó hē bō shū bō dá yè · lú tuó là qì lì dān ·  
pí tuó yè shé chēn tuó yè mí · jī là yè mí · nà là yè ná qì  
lì dān · pí tuó yè shé chēn tuó yè mí · jī là yè mí · dá duǒ  
qié lú chá xī qì lì dān · pí tuó yè shé chēn tuó yè mí · jī là  
yè mí · mó hē jiā là mó dá lì qié ná qì lì dān · pí tuó yè  
shé chēn tuó yè mí · jī là yè mí · jiā bō lì jiā qì lì dān · pí  
tuó yè shé chēn tuó yè mí · jī là yè mí · shé yē jié là mó  
dù jié là · sà pó là tā suō dá nà qì lì dān · pí tuó yè shé  
chēn tuó yè mí · jī là yè mí · zhě duō là pó qí nǐ qì lì dān ·

pí tuó yè shé chēn tuó yè mí · jī là yè mí · pí lì yáng qì lì  
zhī · nán tuó jī shā là qié ná bō dì · suǒ xiān yè qì lì dān ·  
pí tuó yè shé chēn tuó yè mí · jī là yè mí · nà jiē nà shě là  
pó ná qì lì dān · pí tuó yè shé chēn tuó yè mí · jī là yè mí ·  
ā luó hàn qì lì dān · pí tuó yè shé chēn tuó yè mí · jī là yè  
mí · pí duō là qié qì lì dān · pí tuó yè shé chēn tuó yè mí ·  
jī là yè mí bá shé là bō nǐ · jù xiān yè jù xiān yè · jiā dì  
bō dì qì lì dān · pí tuó yè shé chēn tuó yè mí · jī là yè mí ·  
là chā wǎng · pó qié fàn · yìn tù nà mó mó xiè ·

#### Section IV

pó qié fàn · sà dá duō bō dá là · ná mó cuì dū dì · ā xī  
duō nà là là jiā · bō là pó xī pǔ zhā · pí jiā sà á duō bō dì  
lì · shí fó là shí fó là · tuó là tuó là · pín tuó là pín tuó là  
chēn tuó chēn tuó · hǔ xìn · hǔ xìn · pàn zhā · pàn zhā  
pàn zhā pàn zhā pàn zhā · suō hē · xiān xiān pàn · ā móu  
jiā yē pàn · ā bō là tí hē duō pàn · pó là bō là tuó pàn · ā  
sù là pí tuó là bō jiā pàn · sà pó tí pí bì pàn · sà pó nà  
qié bì pàn · sà pó yào chā bì pàn · sà pó qián tà pó bì  
pàn · sà pó bǔ dān nà bì pàn · jiā zhā bǔ dān nà bì pàn ·  
sà pó tū láng zhǐ dì bì pàn · sà pó tū sè bǐ lí qì sè dì bì  
pàn · sà pó shí pó lí bì pàn · sà pó ā bō xī mó lí bì pàn ·  
sà pó shě là pó ná bì pàn · sà pó dì dì jī bì pàn · sà pó dá  
mó tuó jì bì pàn · sà pó pí tuó yē là shì zhē lí bì pàn · shé  
yè jié là mó dù jié là · sà pó là ā suō tuó jī bì pàn · pí dì  
yè zhē lì bì pàn · zhě dū là fù qí nǐ bì pàn · bá shé là jù  
mó lì · pí tuó yè là shì bì pàn · mó hē bō là dīng yáng yì  
qì lì bì pàn · bá shé là shāng jié là yè · bō là zhàng qí là  
shé yē pàn · mó hē jiā là yè · mó hē mò dá lì jiā ná · ná  
mó suō jié lì duō yè pàn · bì sè ná bì yè pàn · bó là hē

móu ní yè pàn · ā qí ní yè pàn · mó hē jié lì yè pàn · jié  
là tán chí yè pàn · miè dàn lì yè pàn · lào dá lì yè pàn ·  
zhē wén chá yè pàn · jié luó là dá lì yè pàn · jiā bō lì yè  
pàn · ā dì mù zhì duō jiā shī mó shé nuó · pó sī nǐ yè  
pàn · yǎn jí zhì · sà duǒ pó xiě · mó mó yìn tù nà mó mó  
xiě ·

Section V

tū sè zhà zhì duō · ā mò dàn lì zhì duō · wū shé hē là ·  
qié pó hē là · lú dì là hē là · pó suō hē là · mó shé hē là ·  
shé duō hē là · shì bì duō hē là · bá lüè yè hē là · qián  
tuó hē là · bù shǐ bō hē là · pō là hē là · pó xiě hē là · bō  
bō zhì duō · tū sè zhā zhì duō · láo tuó là zhì duō · yào  
chā jiē là hē · là chà suō jiē là hē · bì lì duō jiē là hē · pí  
shě zhē jiē là hē · bù duō jiē là hē · jiū pán chá jiē là hē ·  
xī qián tuó jiē là hē · wū dá mó tuó jiē là hē · chē yè jiē  
là hē · ā bō sà mó là jiē là hē · zhái qū gé chá qí ní jiē là  
hē · lì fó dì jiē là hē · shé mí jiā jiē là hē · shě jù ní jiē là  
hē · mǔ tuó là nán dì jiā jiē là hē · ā lán pó jiē là hē ·  
qián dù bō ní jiē là hē · shí fá là yīn jiā xī jiā · zhuì dì  
yào jiā · dá lì dì yào jiā · zhě tū tuō jiā · ní tí shí fá là bì  
shàn mó shí fá là · bó dǐ jiā · bí dǐ jiā · shì lì sè mì jiā ·  
suō nǐ bō dì jiā · sà pó shí fá là · shì lú jí dì · mò tuó pí  
dá lú zhì jiàn · ā qǐ lú qián · mù qié lú qián · jié lì tū lú  
qián · jiē là hē jiē lán · jié ná shū lán · dàn duō shū lán ·  
qì lì yè shū lán · mò mó shū lán · bá lì shì pó shū lán · bì  
lì sè zhà shū lán · wū tuó là shū lán · jié zhī shū lán · bá  
xī dì shū lán · wū lú shū lán · cháng qié shū lán · hē xī  
duō shū lán · bá tuó shū lán · suō fáng àng qié bō là  
zhàng qié shū lán · bù duō bì duō chá · chá qí ní shí pó

là · tuó tū lú jiā jiàn duō lú jí zhī · pó lù duō pí · sà bō  
lú hē líng qié · shū shā dá là suō nà jié là · pí shā yù jiā ·  
ā qí ní wū tuó jiā · mò là pí là jiàn duō là · ā jiā là mì lì  
duō dá liǎn bù jiā · dì lì là zhā · bì lì sè zhì jiā · sà pó nà  
jù là · sì yǐn qié bì jiē là lì yào chā dá là chú · mò là shì  
fèi dì shān suō pí shàn · xī dá duō bō dá là · mó hē bá  
shé lú sè ní shàn · mó hē bō lài zhàng qí lán · yè bō tū  
tuó shě yù shé nuó · biàn dá lì ná · pí tuó yē pán tán jiā  
lú mí · dì shū pán tán jiā lú mí · bō là pí tuó pán tán jiā  
lú mí · dá zhí tuō · ōng · ā nà lì · pí shě tí · pí là bá shé là  
tuó lì · pán tuó pán tuó nǐ · bá shé là bàng ní pàn · hǔ  
xìn dū lú yōng pàn · suō pó hē.

### Great Compassion Mantra

ná mó hé là dá nà duō là yà yē · ná mó ā lì yē · pó lú jié  
dì shuò bō là yē · pú tí sà duǒ pó yē · mó hē sà duǒ pó  
yē · mó hē jiā lú ní jiā yē · ōng · sà pó là fá yē · shù dá  
nà dá xiě · ná mó xī jí lì duǒ yī méng ā lì yē · pó lú jí dì  
shì fó là léng tuó pó · ná mó nà là jǐn chí · xī lì mó hē pó  
duō shā miē · sà pó ā tuō dòu shū péng · ā shì yùn · sà pó  
sà duō nà mó pó sà duō · nà mó pó qié · mó fá tè dòu ·  
dá zhí tuō · ōng · ā pó lú xī · lú jiā dì · jiā luó dì · yí xī lì ·  
mó hē pú tí sà duǒ · sà pó sà pó · mó là mó là · mó xī mó  
xī lì tuó yùn · jù lú jù lú jié méng · dù lú dù lú fá shé yē  
dì · mó hē fá shé yē dì · tuó là tuó là · dì lì ní · shì fó là  
yē · zhē là zhē là · mó mó fá mó là · mù dì lì · yī xī yī xī ·  
shì nà shì nà · ā là shēn fó là shě lì · fá shā fá shēn · fó là  
shě yē · hū lú hū lú mó là · hū lú hū lú xī lì · suō là suō  
là · xī lì xī lì · sū lú sū lú · pú tí yè pú tí yè · pú tuó yè pú  
tuó yè · mí dì lì yè · nà là jǐn chí · dì lì sè ní nà · pó yè mó

nà · suō pó hē · xī tuó yè · suō pó hē · mó hē xī tuó yè ·  
suō pó hē · xī tuó yù yì · shì pó là yē · suō pó hē · nà là  
jǐn chí · suō pó hē · mó là nā là · suō pó hē · xī là sēng ā  
mù qié yē · suō pó hē · suō pó mó hē ā xī tuó yè · suō pó  
hē · zhě jí là ā xī tuó yè · suō pó hē · bō tuó mó jié xī tuó  
yè · suō pó hē · nà là jǐn chí pó qié là yē · suō pó hē · mó  
pó lì shèng jié là yè · suō pó hē · ná mó hē là dá nà duō  
là yè yē · ná mó ā lì yē · pó lú jí dì · shuò pó là yè · suō  
pó hē · ōng · xī diàn dū · màn duō là · bá tuó yē · suō pó  
hē.

As-You-Will Jewel Wheel King Dharani

ná mó fó tuó yē · ná mó dá mó yē · ná mó sēng qié yē ·  
ná mó guān zì zài pú sà mó hē sà · jù dà bēi xīn zhě · dá  
zhí tuō · ōng · zhuó jié là fá dǐ · zhèn duō mò ní · mó hē  
bō dēng mí · lū lū lū lū · dǐ sè zhā · shuō là ā jié lì · shā  
yè hōng · pō shā hē · ōng · bō tà mó · zhèn duō mò ní ·  
shuō lā hōng · ōng bá lǎ tuó · bō dàn mí hōng.

Auspicious Mantra for Eradicating Misfortune

ná mó sān mǎn duō · mǔ tuó nán · ā bō là dǐ · hē duō  
shě · suō nǎng nán · dá zhí tuō · ōng · qié qié · qié xī ·  
qié xī · hōng hōng · rù wā là · rù wā là · bō là rù wā là ·  
bō là rù wā là · dǐ sè chà · dǐ sè chà · sè zhì lì · sè zhì lì ·  
suō pó zhā · suō pó zhā · shàn dǐ jiā · shì li yè · suō wā  
hē.

Meritorious Virtue Jewelled Mountain Spirit Mantra

ná mó fó tuó yē · ná mó dá mó yē · ná mó sēng qié yē ·  
ōng · xī dì hù lū lū · xī dū lū · zhǐ lì bō · jí lì pó · xī dá lǐ ·

bù lū lǐ · suō wā hē.

Cundi Spirit Mantra

qǐ shǒu guī yī sū xī dì · tóu miàn dǐng lǐ qī jù zhī · wǒ jīn  
chēng zàn dà zhǔn tí · wéi yuàn cí bēi chuī jiā hù · ná  
mó sà duō nán · sān miǎo sān pú tuó · jù zhī nán · dá  
zhí tuō · ōng · zhé lì zhǔ lì · zhǔn tí suō pó hē.

The Resolute Light King Dharani of Holy Limitless Life

ōng nà mó bā gě wǎ dì · ā bā là mì tà · ā yōu li ā nà · sū  
bì nǐ shí zhí tà · dié zuǒ là zǎi yě · dá tǎ gě dá yě · ā là hē  
dì · sān yào sān bù dá yě · dá nǐ yě tǎ · ōng · sà li bā ·  
sāng sī gě li · bā li shù tà · dá là mǎ dì · gě gě nà · sāng  
mǎ wù gě dì · suō bā wǎ · bǐ shù dì · mǎ hē nà yě · bā li  
wǎ li suō hē.

Medicine Master's Mantra for Anointing the Crown

ná mó bó qié fá dì · pí shā shè · jù lū bì liú li · bō lǎ pó ·  
hè là shé yě · dá tuō jiē duō yě · ā là hē dì · sān miǎo sān  
bó tuó yē · dá zhí tuō · ōng · pí shā shì · pí shā shì · pí  
shā shè · sān mò jiē dì suō hē.

The Divine Mantra of Avalokitesvara

ōng ma ní bēi mēi hōng · ma gě ní yá nà · jī dū tè bā dá ·  
jī tè xiē nà · wéi dá lǐ gě · sà ér wò ér tǎ · bo lǐ xī tǎ gě ·  
nà bǔ là nà · nà bo li · diū tè bān nà · nà ma lú jí · shuō  
là yē suō hē.

Mantra of Seven Buddhas for Eradicating Offenses

lí pó lí pó dì · qiú hē qiú hē dì · tuó luó ní dì · ní hē là

dì · pí lí nǐ dì · mó hē qié dì · zhēn líng qián dì · suō pó hē.

### Spirit Mantra for Rebirth in the Pure Land

ná mó ā mí duō pó yè duō tuō qié duō yè · duō dì yè tuō · ā mí lì dū pó pí · ā mí lì duō · xī dān pó pí · ā mí lì duō · pí jiā lán dì · ā mí lì duō · pí jiā lán duō · qié mí nì qié qié nuó · zhī duō jiā lì · suō pó hē.

### Good Goddess Mantra

ná mó fó tuó · ná mó dá mó · ná mó sēng qié · ná mó shì lì · mó hē tí bí yē · dá nǐ yě tuō · bō lì fù lóu nà · zhē lì sān màn tuó · dá shě ní · mó hē pí hē luó qié dì · sān màn tuó · pí ní qié dì · mó hē jiā lì yě · bō mǐ · bō là · bō mǐ · sà lì wā lì tuō · sān màn tuó · xiū bō lí dì · fù lì nà · ā lì nà · dá mó dì · mó hē pí gǔ bì dì · mó hē mí lè dì · lóu bǒ sēng qí dì · xiān dì xǐ · sēng qí xiān dì · sān màn tuó · ā tuō ā nòu · pó luó ní.

### Heart Sutra

#### The Heart of Prajna Paramita Sutra

When Bodhisattva Avalokiteshvara was practicing the profound Prajna Paramita, he illuminated the Five Skandhas and saw that they are all empty, and he crossed beyond all suffering and difficulty. Shariputra, form does not differ from emptiness; emptiness does not differ from form. Form itself is emptiness; emptiness itself is form. So too are feeling, cognition, formation, and consciousness. Shariputra, all Dharmas are empty of characteristics. They are not produced, not

destroyed, not defiled, not pure, and they neither increase nor diminish. Therefore, in emptiness there is no form, feeling, cognition, formation or consciousness; no eyes, ears, nose, tongue, body, or mind; no sights, sounds, smells, tastes, objects of touch, or Dharmas; no field of the eyes up to and including no field of mind consciousness; and no ignorance or ending of ignorance, up to and including no old age and death or ending of old age and death. There is no suffering, no accumulating, no extinction, and no way, and no understanding and no attaining. Because nothing is attained, the Bodhisattva through reliance on Prajna Paramita is unimpeded in his mind. Because there is no impediment, he is not afraid, and he leaves distorted dream-thinking far behind. Ultimately Nirvana! All Buddhas of the three Periods of time attain Anuttara-samyak-sambodhi through reliance on Prajna Paramita. Therefore know that Prajna Paramita is a Great Spiritual Mantra, a Great Bright Mantra, a Supreme Mantra, an Unequaled Mantra. It can remove all suffering: it is genuine and not false. That is why the Mantra of Prajna Paramita was spoken. Recite it like this: Gaté Gaté Paragaté Parasamgaté Bodhi Svaha! Maha Prajna Paramita (3 times)

Dharma Assembly for Auspiciousness, please turn to page 47.

New Moon and Full Moon Morning Recitation, please turn to page 55.



## The Prayer of Aspiration

**The merits accumulated up until now by the pure assembly appearing here through recitation of the Surangama and other mantras, the assembly transfers to the Three Jewels, the nagas and devas, and the holy beings who protect the Surangama. May the sentient beings on the three paths and in the eight inauspicious life circumstances be. May the four who grant favors and the three realms of existence all receive favour. May tranquility and peace reign at the borders of the nations. May the winds be mild and rain fall at the right time. May the may weapons and armour melt away, peoples live in happiness and peace. May the members of the great assembly make splendid progress in the purification of their minds, suddenly advance to the tenth stage and remain free of difficulties. May the triple gateway remain pure and may all unforeseen threats be eliminated. May the pious donors and those taking refuge increase their merit and their wisdom.**

### Verse of the Medicine Buddha

**Medicine Buddha, Luminous One of Lapis Lazuli, adorned with a flame-like net, incomparable in splendor. With boundless vows to benefit sentient beings, granting all their wishes, ensuring none are unfulfilled.**

**Namo Medicine Buddha of Pure Crystal Radiance from the Eastern Pure Lapis Lazuli Land.**

**Namo Medicine Buddha of Pure Crystal Radiance  
(Recite while circumambulating)**

## Prostrations and Vows

**Namo Sunlight Pervading Bodhisattva (3 times)**  
**Namo Moonlight Pervading Bodhisattva (3 times)**  
**Namo Medicine Master Buddha and Assembly of  
Bodhisattvas (3 times)**

## The Ten Great Vows of Samantabhadra

**The first is to pay homage and respect to all Buddhas.**

**The second is to praise the Thus Come Ones. The third is to make abundant offerings. The fourth is to repent of karmic obstacles. The fifth is to rejoice in others' merits and virtues. The sixth is to request the turning of the Dharma wheel. The seventh is to request the Buddhas to remain in the world. The eighth is always to follow the teachings of the Buddhas. The ninth is to accommodate and benefit all living beings. The tenth is to transfer all merits and virtues universally.**

**Homage! All Buddhas of the ten quarters and three times; All Bodhisattvas, Mahasattvas, Maha Prajna Paramita!**

**All beings of the four births in the nine worldly realms, May they together gain the secret door of the Flower Store. Those suffering from the eight woes and May they enter one and all, Vairochana's the three paths below, Nature Sea.**

## The Three Refuges

**To the Buddha I return and rely, vowing that all living beings understand the great Way profoundly, and**

bring forth the Bodhi mind. (Bow)

To the Dharma I return and rely, vowing that all living beings deeply enter the Sutra Treasury, and have wisdom like the sea. (Bow)

To the Sangha I return and rely, vowing that all living beings form together a great assembly, one and all in harmony. (Bow)

Namo Dharma Guardian Wei Tuo Venerated Deva  
Bodhisattva (3 times)

Good Goddess Mantra

ná mó fó tuó · ná mó dá mó · ná mó sēng qié · ná mó shì  
lì · mó hē tí bí yē · dá nǐ yě tuō · bō lì fù lóu nà · zhē lì  
sān màn tuó · dá shě ní · mó hē pí hē luó qié dì · sān  
màn tuó · pí ní qié dì · mó hē jiā lì yě · bō mǐ · bō là · bō  
mǐ · sà lì wā lì tuō · sān màn tuó · xiū bō lí dì · fù lì nà ·  
ā lì nà · dá mó dì · mó hē pí gǔ bì dì · mó hē mí lè dì ·  
lóu bǒ sēng qí dì · xiān dì xǐ · sēng qí xiān dì · sān màn  
tuó · ā tuō ā nòu · pó luó ní. (3 times)

Praise to Vajrapani Bodhisattva

Wei Tuo Master Warrior of the Devas; Transformation  
body Bodhisattva; Vast and deep your mighty vows to  
cherish and guard the Buddha's teaching. Your vajra  
sword can quell the demon armies! Merit, virtue—all  
beyond compare. Now we pray you will be guardian of  
our minds. Namó Universal Eye Bodhisattva  
Mahasattva. Maha Prajna Paramita.

Morning recitation completed

## The New/Full Moon Morning Recitation

### Bowing to the Patriarchs

**Homage to the patriarchs of the Western Heaven and Eastern Earth of past generations**

**Homage to all great virtuous teachers who spread the Dharma throughout the world**

**Homage to Master Daoxuan, the patriarch of the Vinaya School**

**Homage to all great Vinaya masters who transmitted the Nanshan tradition**

**Homage to Patriarch Shanhe, the orthodox lineage holder of the Linji and Nanshan traditions**

**Homage to the venerable Master Yuanzhuo, who revitalised the Nanshan lineage**

**Homage to my revered teacher, the Venerable Master Xuecheng**

**Homage to the ten masters from whom I received my precepts, teachings, and tonsure**

**In the Buddhist year                   , on the auspicious day of the new/full moon of                    ( month), the assembly of bhikkhus gathers harmoniously and respectfully bows three times.**

**Incense Praise**

**Incense in the censer now is burning; All the Dharma realm receives the fragrance. From afar the sea vast host of Buddhas all inhale its sweetness. In every place auspicious clouds appearing, our sincere intention thus fulfilling, as all Buddhas now show their perfect body.**

**Homage to the Incense Cloud Canopy  
Bodhisattva-Mahasattvas! (3 times)**

**Praise of the Precepts and Concentration**

**The incense of the precepts and concentration burns, reaching up to the heavens. The devotion of disciples, glowing upon the golden censer. Rising in a cloud, flowing through the ten directions. Ancient and present people prevented disasters and removed calamitous obstructions.**

**Homage to the Incense Cloud Canopy  
Bodhisattva-Mahasattvas! (3 times)**

## Evening Recitation

**Namo Sea Vast Lotus Pool Assembly of Buddhas and  
Bodhisattvas  
(3 times )**

**The Buddha Speaks of Amitofo Sutra**

**Thus I have heard, at one time, the Buddha dwelt at Shravasti in the Jeta Grove in the Garden of the Benefactor of Orphans and the Solitary, together with a gathering of great Bhikshus twelve hundred fifty in all, all great Arhats whom the assembly knew and recognized: Elders Shariputra, Mahamaudgalyayana, Mahakasyapa, Mahakatyayana, Mahakaushila, Revata, Suddhipanthaka, Nanda, Ananda, Rahula, Gavampati, Pindola-Bharadvaja, Kalodayin, Mahakaphina, Vakkula, Aniruddha, and others such as these, all great disciples; Together with all the Bodhisattvas, Mahasattvas: Dharma Prince Manjushri, Ajita Bodhisattva, Gandhastin Bodhisattva. Nityodukta Bodhisattva, and others such as these, all great Bodhisattvas; And together with Shakra, chief among gods, and the numberless great multitudes from all the heavens. At that time the Buddha told the elder Shariputra, "Passing from here through hundreds of thousands of millions of Buddhalands to the West, there is a world called Ultimate Bliss. In this land a Buddha called Amitofo right now teaches the Dharma.**

**Shariputra, for what reason is this land called Ultimate Bliss?" All living beings of this country endure none of the sufferings, but enjoy every bliss. Therefore it is**

called Ultimate Bliss. Moreover, Shariputra, this Land of Ultimate Bliss is everywhere surrounded by seven tiers of railings, seven layers of netting, and seven rows of trees, all formed from the four treasures and for this reason named Ultimate Bliss. Moreover, Shariputra, the Land of Ultimate Bliss has pools of the seven jewels, Filled with the eight waters of merit and virtue. The bottom of each pool is pure, spread over with golden sand. On the four sides are stairs of gold, silver, lapis lazuli, and crystal; above are raised pavilions adorned with gold, silver, lapis lazuli, crystal, mother of pearl, red pearls, and carnelian. In the pools are lotus as large as carriage wheels: green colored of green light; yellow colored of yellow light; red coloured of red light; white coloured of white light; subtly, wonderfully fragrant and pure. Shariputra, the realization of the Land of Ultimate Bliss is thus meritoriously adorned. Moreover, Shariputra, in that Buddhaland there is always heavenly music, and the ground is yellow gold. In the six periods of the day and night a heavenly rain of mandarava flowers falls, and throughout the clear morning each living being of this land, with sacks full of the myriads of wonderful flowers, makes offerings to the hundreds of thousands of millions of Buddhas of the other directions. At mealtime they return to their own country, and having eaten, they stroll around. Shariputra, the realization of the Land of Ultimate Bliss is thus meritoriously adorned. Moreover, Shariputra, in this country there are always rare and wonderful vari-coloured birds: white cranes, peacocks, parrots,

and egrets, kalavinkas, and two-headed birds. In the six periods of the day and night, the flocks of birds sing forth harmonious and elegant sounds. Their clear and joyful sounds proclaim the Five Roots, the Five Powers, the Seven Bodhi Shares, the Eight Sagely Way Shares, and Dharmas such as these. When living beings of this land hear these sounds, they are altogether mindful of the Buddha, mindful of the Dharma, and mindful of the Sangha. Shariputra, do not say that these birds are born as retribution for their karmic offenses. For what reason? In this Buddhaland there are no three evil ways of rebirth. Shariputra, in this Buddhaland not even the names of the three evil ways exist, how much the less their actuality! Desiring that the Dharma-sound be widely proclaimed, Amitofo Buddha by transformation made this multitude of birds. Shariputra, in that Buddhaland, when the soft wind blows, the rows of jewelled trees and jewelled Nets give forth subtle and wonderful sounds, like one hundred thousand kinds of music played at the same time. All those who hear this sound naturally bring forth in their hearts mindfulness of the Buddha, mindfulness of the Dharma, and mindfulness of the Sangha. Shariputra, the realization of the Land of Ultimate Bliss is thus meritoriously adorned. Shariputra, what do you think? Why is this Buddha called Amitofo? Shariputra, the brilliance of that Buddha's light is measureless, Illumining the lands of the ten directions everywhere without obstruction; for this reason he is called Amitofo.

Moreover, Shariputra, the life of that Buddha and that



of his people extends for measureless, limitless asankhyeya kalpas; For this reason he is called Amitayus. And Shariputra, since Amitofo realized Buddhahood, ten kalpas have passed. Moreover, Shariputra, that Buddha has measureless, limitless ‘Sound-hearer’ disciples, all Arhats, their number incalculable; thus also is the assembly of Bodhisattvas. Shariputra, the realization of the Land of Ultimate Bliss is thus meritoriously adorned. Moreover, Shariputra, those living beings born in the Land of Ultimate Bliss are all Avaivartika. Among them are many who in this very life will dwell in Buddhahood. Their number is extremely many; It is incalculable and only in measureless, limitless Asankhyeya kalpas could it be spoken. Shariputra, those living beings who hear should vow, ‘I wish to be born in that country.’ And why? All those who thus attain are all superior and good people, all coming together in one place. Shariputra, one cannot have few good roots, blessings, virtues, and causal connections to attain birth in that land. Shariputra, if there is a good man or good woman who hears spoken ‘Amitofo’ and holds the name, whether for one day, two days, three, four, five days, six days, as long as seven days, with one heart unconfused, when this person approaches the end of life, before him will appear Amitofo and all the assembly of Holy Ones. When the end comes, his heart is without inversion; In Amitofo’s Land of Ultimate Bliss he will attain rebirth. Shariputra, because I see this benefit, I speak these words: If living beings hear this spoken they should make the vow, ‘I

wish to be born in that land.’ Shariputra, as I now praise the inconceivable benefit from the merit and virtue of Amitofo, Thus in the East are also Aksobhya Buddha, Sumeru Appearance Buddha, Great Sumeru Buddha, Sumeru Light Buddha, Wonderful Sound Buddha; all Buddhas such as these, numberless as Ganges sands. In his own country, each brings forth the appearance of a vast and long tongue, everywhere covering the Three Thousand Great Thousand Worlds, and speaks the sincere and actual words, ‘All you living beings should believe, praise, and hold in reverence the inconceivable merit and virtue of this Sutra of the mindful one of whom all Buddhas are protective.’ Shariputra, in the Southern world are Sun Moon Lamp Buddha, Well-known Light Buddha, Great Blazing Shoulders Buddha, Sumeru Lamp Buddha, Measureless Vigour Buddha; all Buddhas such as these, numberless as Ganges sands. In his own country, each brings forth the appearance of a vast and long tongue, everywhere covering the Three Thousand Great Thousand Worlds, and speaks the sincere and actual words, ‘All you living beings should believe, praise, and hold in reverence the inconceivable merit and virtue of this Sutra of the mindful one of whom all Buddhas are protective.’ Shariputra, in the Western world are Measureless Life Buddha, Measureless Appearance Buddha, Measureless Curtain Buddha, Great Light Buddha, Great Brightness Buddha, Jewelled Appearance Buddha, Pure Light Buddha: all Buddhas such as these, numberless as Ganges sands. In his own country each brings forth the

appearance of a vast and long tongue, everywhere covering the Three Thousand Great Thousand Worlds, and speaks the sincere and actual words, ‘All you living beings should believe, praise, and hold in reverence the inconceivable merit and virtue of this Sutra of the mindful one of whom all Buddhas are protective.’ Shariputra, in the Northern world are Blazing Shoulders Buddha, Most Victorious Sound Buddha, Hard To Injure Buddha, Sun Birth Buddha, Net Brightness Buddha; all Buddhas such as these, numberless as Ganges sands. In his own country, each brings forth the appearance of a vast and long tongue, everywhere covering the Three Thousand Great Thousand Worlds, and speaks the sincere and actual words, ‘All you living beings should believe, praise, and hold in reverence the inconceivable merit and virtue of this Sutra of the mindful one of whom all Buddhas are protective.’ Shariputra, in the world Below are Lion Buddha, Well-known Buddha, Famous Light Buddha, Dharma Buddha, Dharma Curtain Buddha, Dharma Maintaining Buddha, all Buddhas such as these, numberless as Ganges sands. In his own country, each brings forth the appearance of a vast and long tongue, everywhere covering the Three Thousand Great Thousand Worlds, and speaks the sincere and actual words, ‘All you living beings should believe, praise, and hold in reverence the inconceivable merit and virtue of this Sutra of the mindful one of whom all Buddhas are protective.’ Shariputra, in the world Above are Pure Sound Buddha, King of Stars Buddha, Superior

**Fragrance Buddha, Fragrant Light Buddha, Great Blazing Shoulders Buddha, Vari-coloured Jewels and Flower Adornment Body Buddha, Sala Tree King Buddha, Jewelled Flower Virtue Buddha, Vision of All Meaning Buddha, Such as Mount Sumeru Buddha: all Buddhas such as these, numberless as Ganges sands. In his own country each brings forth the appearance of a vast and long tongue, everywhere covering the Three Thousand Great Thousand Worlds, and speaks the sincere and actual words, ‘All you living beings should believe, praise, and hold in reverence the inconceivable merit and virtue of this Sutra of the mindful one of whom all Buddhas are protective.’ Shariputra, what do you think? Why is it called Sutra of the mindful one of whom all Buddhas are protective? Shariputra, if a good man or good woman hears this Sutra and holds to it, and hears the names of all these Buddhas, this good man or woman will be the mindful one of whom all Buddhas are protective, and will irreversibly attain Annutara-samyak-sambodhi. Therefore, Shariputra, all of you should believe and accept my words, and those which all Buddhas speak. Shariputra, if there are people who have already made the vow, who now make the vow, or who are about to make the vow, ‘I desire to be born in Amitofo’s country’, These people whether born in the past, now being born, or to be born in the future, all will irreversibly attain Annutara-samyak-sambodhi. Therefore, Shariputra, all good men and good women, if they are among those who have faith, should make the vow, ‘I will be born in**

that country.’ Shariputra, just as I am now one who praises the merit and virtue of all Buddhas, all those Buddhas equally praise my inconceivable merit and virtue saying these words: ‘Shakyamuni Buddha can complete extremely rare and difficult deeds, in the Saha land, in the evil time of the five turbidities, in the midst of the kalpa turbidity, the view turbidity, the affliction turbidity, the living beings turbidity, and the life turbidity. He can attain Annutara-samyak-sambodhi and for the sake of living beings, speak this Dharma which in the whole world is hard to believe.’ Shariputra, you should know that I, in the evil time of the five turbidities, practice these difficult deeds, attain Annutara-samyak-sambodhi, and for all the world speak this Dharma, difficult to believe, extremely difficult!” After the Buddha spoke this Sutra, Shariputra and all the Bhikshus, all the gods, humans, and asuras, and others from all the worlds, hearing what the Buddha had said, joyously welcomed, faithfully accepted, bowed and withdrew.

Spirit Mantra for Rebirth in the Pure Land

ná mó ā mí duō pó yè duō tuō qié duō yè · duō dì yè  
tuō · ā mí lì dū pó pí · ā mí lì duō · xī dān pó pí · ā mí lì  
duō · pí jiā lán dì · ā mí lì duō · pí jiā lán duō · qié mí nì  
qié qié nuó · zhī duō jiā lì · suō pó hē. (3 times)

To continue with the evening recitation, please turn to page 36 for  
*The Mengshan Food Offering Ritual.*

## Eighty-eight Buddhas Repentance Ceremony

To the greatly kind, compassionate ones who rescue living beings, The ones of great joyous giving who rescue conscious beings, The ones adorned with the light of hallmarks and fine characteristics, The assemblies return their lives in worship with utmost sincerity.

We praise and take refuge in the Diamond-Thunderbolt Superior Teachers! I take refuge with the Buddha! I take refuge with the Dharma! I take refuge with the Sangha!

At this moment my mind is made up and my 'non-active' self prays for the Reward that is called 'Blessed' by Men and Devas. Those who listened to the Buddha's Teachings and the Pratyaka Buddhas who take the smaller expedient teaching and the diverse kinds of Bodhisattvas who rely upon the Supreme Vehicle all send forth the Enlightened Mind, vowing that this shall be extended to the Dharma Realm of All Sentient Beings so that all can together and at the same time attain the Unexcelled Complete Enlightenment!

Namo. I take refuge with all the Buddhas of the ten directions to the ends of empty space.

Namo. I take refuge with all the venerable Dharma of the ten directions to the end of empty space.

Namo. I take refuge with the Sangha of all sages and worthies of the ten directions to the ends of empty space.

Namo the Thus Come Ones, Worthy of Offerings, of Proper and Universal knowledge, Perfect in

**Understanding and Conduct, Skillful in Leaving the  
World Through Liberation, Unsurpassed Knights.  
Taming Heroes, Teachers of Gods and People, Buddhas,  
World Honored Ones.**

**Namo Universal Light Buddha**

**Namo Universal Understanding Buddha**

**Namo Universal Purity Buddha**

**Namo Tamalapattra and Chandana Fragrance Buddha**

**Namo Chandana Light Buddha**

**Namo Mani Banner Buddha**

**Namo Treasury of Happiness and Accumulation of  
Mani Jewels Buddha**

**Namo Supreme Great Vigor that All Worlds Delight to  
See Buddha**

**Namo Mani Banner and Lamps' Light Buddha**

**Namo Wisdom Torches' Shining Buddha**

**Namo Sea-Vast Virtue's Radiance Buddha**

**Namo Vajra-Firm and Shedding Golden Light  
Everywhere Buddha**

**Namo Great Firm Vigor and Courage Buddha**

**Namo Greatly Compassionate Light Buddha**

**Namo King of Kindness and Strength Buddha**

**Namo Treasury of Kindness Buddha**

**Namo Adornments and Victory in Chandana Cave  
Buddha**

**Namo Worthy and Wholesome Leader Buddha**

**Namo Wholesome Mind Buddha**

**Namo King Vast Adornments Buddha**

**Namo Golden Flowers' Light Buddha**

**Namo King Self-Mastery Power Like a Jewelled**

**Canopy Shining in Space Buddha**

**Namo Light of Precious Flowers in Space Buddha**

**Namo King Adorned with Lapis Lazuli Buddha**

**Namo Form-Body's Light Appearing Everywhere  
Buddha**

**Namo Light of Unmoving Wisdom Buddha**

**Namo King Demon-Horde-Subduer Buddha**

**Namo Gifted and Brilliant Buddha**

**Namo Wisdom Victory Buddha**

**Namo Maitreya Immortal Light Buddha**

**Namo King Well-Stilled Moon-Sound and Wonderful  
Venerable Wisdom Buddha**

**Namo Pure Light for the World Buddha**

**Namo Supreme and Venerable Dragon-King Buddha**

**Namo Light of Sun and Moon Buddha**

**Namo Pearl-Light of Sun and Moon Buddha**

**Namo Victorious King Wisdom-Banner Buddha**

**Namo King Lion's Roar and Power of Self-Mastery  
Buddha**

**Namo Wonderful Voice and Victory Buddha**

**Namo Banner of Eternal Light Buddha**

**Namo Lamp that Contemplates the World Buddha**

**Namo King Awesome Lamp of Wisdom Buddha**

**Namo King Dharma-Victory Buddha**

**Namo Sumeru Light Buddha**

**Namo Sumana Flower Light Buddha**

**Namo King Rare as the Udumbara Flower Buddha**

**Namo King Great Wisdom-Power Buddha**

**Namo Akshobya, Light of Joy Buddha**

**Namo King Infinite Voices Buddha**



**Namo Gifted and Bright Buddha**  
**Namo Golden Sea of Light Buddha**  
**Namo King Wisdom Like Mountains and Seas and**  
**Self-Mastery's Penetrations Buddha**  
**Namo Light of Great Penetrations Buddha**  
**Namo King Forever Replete in All Dharmas**  
**Buddha · Nammo Shakyamuni Buddha**  
**Namo Vajra-Indestructible Buddha**  
**Namo Precious Light Buddha**  
**Namo Venerable Dragon-King Buddha**  
**Namo Vigor's Army Buddha**  
**Namo Vigor and Joy Buddha**  
**Namo Precious Fire Buddha**  
**Namo Precious Moonlight Buddha**  
**Namo Manifesting Without Delusion Buddha**  
**Namo Precious Moon Buddha**  
**Namo Undefined Buddha**  
**Namo Apart From Defilement Buddha**  
**Namo Courageous Giving Buddha**  
**Namo Purity Buddha**  
**Namo Pure Giving Buddha**  
**Namo Swo Lyu Na Buddha**  
**Namo Water-Deva Buddha**  
**Namo Firm Virtue Buddha**  
**Namo Chandana Merit and Virtue Buddha**  
**Namo Infinite Handfuls of Light Buddha**  
**Namo Bright Virtue Buddha**  
**Namo Virtue Free of Worry Buddha**  
**Namo Narayana Buddha**  
**Namo Flower of Merit and Virtue Buddha**

**Namo Lotus-Flower Light, Roaming in Spiritual Power Buddha**

**Namo Wealthy in Merit and Virtue Buddha**

**Namo Virtue and Mindfulness Buddha**

**Namo Merit and Virtue and Good Renown Buddha**

**Namo King Blazing Red Imperial Banner Buddha**

**Namo Skillful Travel and Merit and Virtue Buddha**

**Namo Victorious in Battle Buddha**

**Namo Skillfully Traveling Buddha**

**Namo Encompassing Adornments and Merit and Virtue Buddha**

**Namo Precious Flower Traveling Buddha**

**Namo King Precious Lotus Skillfully Dwelling Beneath the Sala Tree Buddha**

**Namo Amitofo, whose body is the treasury of the Dharma Realm.**

**And all other Buddhas like them, World Honored Ones of all worlds, who dwell in the world forever. May all the World Honored Ones kindly be mindful of me as I repent of the offenses I have committed in this life and in former Lives throughout births and deaths without beginning, whether I have done them myself, told others to do them, or condoned their being done: such as taking things from stupas, from a Sanghan, or from the Sangha of the four directions, either taking them myself, telling others to take them, or condoning their being taken; or committing the five avici offenses, either committing them myself, telling others to commit them, or condoning their being committed; or committing the ten evils, either committing them myself, telling others**

to commit them, or condoning their being committed; all such obstructing offenses, whether hidden or not, which merit my falling into the hells or among the hungry ghosts or animals or any other evil destiny, or into a lowly life, a life in the border regions, or a life as a mlechha; I now repent of and reform all the obstructing offenses I've committed. Now may all the Buddhas, World Honored Ones, certify me; may they be mindful of me. Before all the Buddhas, World Honored Ones, I further speak these words: Any good roots that I have gained in this life, or in past lives, through giving, through guarding pure precepts, simply through giving a morsel of food to an animal, or through cultivating pure conduct; any good roots from bringing living beings to accomplishment; any good roots from cultivating Bodhi; and any good roots from attaining supreme wisdom: all of them, accumulated and reckoned up throughout my lifespans, I transfer to Annutara-samyak-sambodhi. My transference is like the transfereces made by all the Buddhas of the past, present, and future. I repent of and reform every offense, compliantly rejoice in all blessings, Seek the Buddha's merit and virtue, and vow to accomplish the unsurpassed wisdom. To all Buddhas of past and present, supreme among living beings, With seas of infinite merit and virtue, I now return my life in worship. Throughout the worlds in the ten directions, before all lions among men in the past, in the present, and also in the future, with body, speech, and mind entirely pure, I bow before them all, omitting none.

**With the awesome spiritual power of Samantabhadra's vows, I appear at the same time before every Thus Come One, And in transformed bodies as many as motes of dust in lands, bow to Buddhas as many as motes of dust in lands. In every mote of dust are Buddhas as many as motes of dust, each dwelling amid a host of Bodhisattvas, Throughout motes of dust in endless Dharma Realms it is the same: I deeply believe they all are filled with Buddhas. With seas of each and every sound, I everywhere let fall words and phrases, wonderful and endless. which exhaust all kalpas of the future, and praise the wide, deep sea of the Buddhas' merit and virtue. Flower garlands supreme and wonderful, music, perfumes, parasols, and canopies, and other decorations rich and rare, I offer up to every Thus Come One. fine clothing, superior incense, powdered and burning incense, lamps and candles each one heaped as high as wonderfully high mountain, I offer completely to all Tathagatas. With a vast, great, supremely liberated mind, I believe in all the Buddhas of the three periods of time: With the strength of Samantabhadra's conduct and vows, I make offerings to all Thus Come Ones everywhere. For all the evil deeds I have done in the past, based on beginningless attachment, hostility and ignorance and created by body, speech, and mind, I now know shame and repent of them all. Of all beings in the ten directions, the Learners and Those Past Study in the Two Vehicles, and all Thus Come Ones and Bodhisattvas, I rejoice in all their merit and virtues. Before the Lamps of the Worlds of the ten**

directions, those who first accomplished Bodhi, I now request and beseech them all to turn the foremost, wondrous Dharma Wheel. If there are Buddhas who wish for Nirvana, I request with deep sincerity, that they dwell in the world for as many kalpas as there are dust motes in kshetras, to bring benefit and bliss to every being. All good roots from worshiping, praising, and making offerings to Buddhas, from requesting that Buddhas dwell in the world to turn the Dharma Wheel, from compliantly rejoicing, from repenting and reforming, I transfer to living beings' attaining the Buddha's Way.

May this supreme merit and virtue, be transferred throughout the unsurpassed true Dharma Realm.

To the nature and appearance of the Buddha, Dharma, and Sangha, these two truths are fused and understood by the impress of Samadhi's sea. Of all such infinite seas of merit and virtue, I now make complete transference. May all the karmic obstruction of living beings' Body, speech, and mind--view delusions, false accusations, self, dharmas, and so forth—be entirely extinguished without remainder. In every thought may my wisdom encompass the Dharma Realm, and widely cross over living beings to irreversibility, till the exhaustion of the realm of empty space, and the exhaustion of living beings, of karma and of afflictions. just as these four Dharmas are vast and boundless, I now vow that my transference will be so, too.

Namo Universal Worthy, Samantabhadra Bodhisattva of Great Conduct. (3 times)

● **Meng Mountain Offering Ceremony**

If we want to understand All the Buddhas of the three periods of times, we should view all phenomena are the creations of our own mind.

Hell-Smashing Mantra

**Ōng qié là dì yé suō pó hē (3 times)**

Universal Invitation Mantra

**ná mó bù bù dì lì qié li duō li dá duō yé duō yē (3 times)**

Untying the Knot of Hatred Mantra

**Ōng sān tuó là qié tuó suō pó hē (3 times)**

**Namo the Avatamsaka Sutra (3 times)**

**Namo Eternally Dwelling Buddhas of the Ten Directions.  
Namo Eternally Dwelling Dharma of the Ten Directions.  
Namo Eternally Dwelling Sangha of the Ten Directions.  
Namo our original teacher Shakyamuni Buddha. Namō  
greatly compassionate Avalokitesvara Bodhisattva.  
Namo Ksitigarbha, who rescues the living and the dead  
from suffering. Namō the Venerable Ananda, who  
requested instructions.**

**(3 times)**

**I take refuge with the Buddha, I take refuge with the  
Dharma, I take refuge with the Sangha, I take refuge  
with the Buddha, the doubly perfected honored one . I  
take refuge with the Dharma, which is honorable and  
apart from desire. I take refuge with the Sangha, the  
honored among assemblies. I have completed taking**

refuge with the Buddha, I have completed taking refuge with the Dharma, and I have completed taking refuge with the Sangha.

Buddha's disciples, the evil karma which you have created, is all because of beginningless attachment, hostility and ignorance, which has been produced in body, speech, and mind, Buddha's disciples repent of it all living beings, the evil karma which you have created, is all because of beginningless attachment, hostility and ignorance, which has been produced in body, speech, and mind, Living beings repent of it all.

Solitary ghosts, the evil karma which you have created, is all because of beginningless attachment, hostility and ignorance, which has been produced in body, speech, and mind, Solitary ghosts repent of it all.

Living beings are limitless, I vow to cross them over. Afflictions are inexhaustible, I vow to cut them off. Dharma teachings are immeasurable, I vow to learn them. The Buddha-path is unsurpassed, I vow to realize it. (3 times)

The living beings of the self-nature, I vow to cross over. The afflictions of the self-nature, I vow to cut off. The Dharma teachings of the self-nature, I vow to entirely learn. The Buddha-path of the self-nature, I vow to realize. (3 times)

Extinguishing Fixed Karma Mantra

ōng bō là mò lín tuó níng suō pó hē (3 times)

Eradicating Karmic Obstacles Mantra

**ōng ā lǚ lè jì suō pó hē (3 times)**

**Opening the Throat Mantra**

**ōng bù bù dǐ li qié duō li dá tuō yé duō yē (3 times)**

**Samaya Precepts Mantra**

**ōng sān mèi yē sà duǒ wàn (3 times)**

**Transformation of Food Mantra**

**ná mó sà wá dá tuō yé duō wā lū zhǐ dì ōng sān bá là sān**

**bá là hōng (3 times)**

**Sweet Dew Mantra**

**ná mó sū lū pó yē dá tuō yé duō yē dá zhí tuō ōng sū lū**

**sū lū bō là sū lū bō là sū lū suō pó hē (3 times)**

**The One Character Water Wheel Mantra**

**ōng wàn wàn wàn wàn wàn (3 times)**

**Milk Ocean Mantra**

**ná mó sān mǎn duō mò tuó nán ōng wàn (3 times)**

**Namo Prabhutaratna Tathagata**

**Namo Ratnaketu Tathagata**

**Namo Surūpakāya Tathāgata**

**Namo Vipulakāya-tathāgata**

**Namo Abhayaṃkara-tathāgata**

**Namo Āmṛta-rāja-tathāgata**

**Namo Amitofo**



(3 times)

**These spiritual mantras aid and uphold the pure Dharma food, universally given to the multitudes of the Buddha's disciples like sand grains in a river. I vow that they will all be satisfied and renounce stinginess and greed, and quickly be freed from darkness and be reborn in the pure land and take refuge with the triple jewel and give rise to Bodhi, and ultimately realize the unsurpassed path, with the limitless merit and virtue which exhausts the future, may all Solitary ghosts share in the food of Dharma.**

**These spiritual mantras aid and uphold the Dharma-offering food, universally given to the multitudes of the living beings like sand grains in a river. I vow that they will all be satisfied and renounce stinginess and greed, and quickly be freed from darkness and be reborn in the pure land and take refuge with the triple jewel and give rise to Bodhi, and ultimately realize the unsurpassed path, with the limitless merit and virtue which exhausts the future, may all Living beings share in the food of Dharma.**

**These spiritual mantras aid and uphold the sweet dew water, universally given to the multitudes of the solitary ghosts like sand grains in a river. I vow that they will all be satisfied and renounce stinginess and greed, and quickly be freed from darkness and be reborn in the pure land and take refuge with the triple jewel and give rise to Bodhi, and ultimately realize the unsurpassed path, with the limitless merit and virtue which exhausts the future, may all Solitary ghosts share in the food of**

**Dharma.**

**All of you multitudes of Buddha's disciples I now make this offering to you. This food pervades the ten directions, to all the Buddha's disciples I vow that the merit and virtue from this will go everywhere and reach every one. This food offering is given to the Buddha's disciples so that they will all realize the Buddha-path. All of you multitudes of Living beings I now make this offering to you. This food pervades the ten directions, to all the Living beings I vow that the merit and virtue from this will go everywhere and reach every one. This food offering is given to the Living beings so that they will all realize the Buddha-path. All of you multitudes of Solitary ghosts I now make this offering to you. This food pervades the ten directions, to all the Solitary ghosts I vow that the merit and virtue from this will go everywhere and reach every one. This food offering is given to the Solitary ghosts so that they will all realize the Buddha-path.**

**Giving Unobstructed Food Mantra**

**ōng mù lì líng suō pó hē (3 times)**

**Universal Offering Mantra**

**ōng yē yē nǎng sān pó wā wā rì là hú (3 times)**

**The Heart of Prajna Paramita Sutra**

**When Bodhisattva Avalokiteshvara was practicing the profound Prajna Paramita, he illuminated the Five Skandhas and saw that they are all empty, and he crossed beyond all suffering and difficulty. Shariputra,**

form does not differ from emptiness; emptiness does not differ from form. Form itself is emptiness; emptiness itself is form. So too are feeling, cognition, formation, and consciousness. Shariputra, all Dharmas are empty of characteristics. They are not produced, not destroyed, not defiled, not pure, and they neither increase nor diminish. Therefore, in emptiness there is no form, feeling, cognition, formation or consciousness; no eyes, ears, nose, tongue, body, or mind; no sights, sounds, smells, tastes, objects of touch, or Dharmas; no field of the eyes up to and including no field of mind consciousness; and no ignorance or ending of ignorance, up to and including no old age and death or ending of old age and death. There is no suffering, no accumulating, no extinction, and no way, and no understanding and no attaining. Because nothing is attained, the Bodhisattva through reliance on Prajna Paramita is unimpeded in his mind. Because there is no impediment, he is not afraid, and he leaves distorted dream-thinking far behind. Ultimately Nirvana! All Buddhas of the three Periods of time attain Anuttara-samyak-sambodhi through reliance on Prajna Paramita. Therefore know that Prajna Paramita is a Great Spiritual Mantra, a Great Bright Mantra, a Supreme Mantra, an Unequaled Mantra. It can remove all suffering: it is genuine and not false. That is why the Mantra of Prajna Paramita was spoken. Recite it like this: Gaté Gaté Paragaté Parasamgaté Bodhi Svaha!

Spirit Mantra for Rebirth in the Pure Land

**ná mó ā mí duō pó yè duō tuō qié duō yè · duō dì yè  
tuō · ā mí lì dū pó pí · ā mí lì duō · xī dān pó pí · ā mí lì  
duō · pí jiā lán dì · ā mí lì duō · pí jiā lán duō · qié mí nì  
qié qié nuó · zhī duō jiā lì · suō pó hē. (3 times)**

Dharma Assembly for Deliverance, please turn to page 50.

Praise

May all the four kinds of beings reach the jewelled land,  
and the beings of all three realms be born from lotus  
blooms. May all the myriad ghosts attain the three-fold  
worthiness, and the countless sentient ones ascend the  
ten grounds.

Praise to Amita Buddha

Amitofo's body is the color of gold The splendor of his  
hallmarks has no peer. The light of his brow shines  
round a hundred worlds, wide as the seas are his eyes  
pure and clear. Shining in his brilliance by  
transformation are countless Bodhisattvas and infinite  
Buddhas. His forty-eight vows will be our liberation, in  
nine lotus-stages we reach the farthest shore. Namo  
Buddha of the western pure land, kind and  
compassionate Amitofo.

**Namo Amitofo (recite while circumambulating)**

**Namo Avalokitesvara Bodhisattva (3 times)**

**Namo Great Strength Bodhisattva (3 times)**

**Namo Great Pure Sea of Bodhisattvas (3 times)**

## Pure Land Verses

**With one mind I return my life to Amitofo who is in the Land of Ultimate Bliss. Wishing his pure light illumines me and his kind vows gather me in.**

**Now, with proper mindfulness, I praise the Thus Come One's name, in order to take the path of Bodhi and to seek rebirth in the pure land. In the past, the Buddha vowed: "If living beings who wish for rebirth in my land, and who resolve their minds with faith and joy even for just ten recitations, are not reborn there, I will not attain the proper enlightenment." Through mindfulness of the Buddha, I enter the sea of the Thus Come One's great vows, and receive the power of the Buddha's kindness. My multitude of offenses is eradicated and my good roots increase and grow. As I approach the end of life, I myself will know the time of its coming. My body will be free of illness and pain. My heart will have no greed or fondness, and my thought will not be upside down, just as in entering Chan Samadhi. The Buddha and the assembly of sages, leading me by the hand to the golden dias, will come to welcome me. And in the space of a thought I will be reborn in the Land of Ultimate Bliss. The flower will open, and I will see the Buddha, straightway hear the Buddha vehicle, and immediately attain the wisdom of a Buddha. I will cross over living beings on a wide scale, fulfilling my Bodhi vows. All Buddhas of the ten directions and the three periods of time! All Bodhisattvas, Mahasattvas! Maha-Prajna-Paramita.**

### Verse of Mahametta Bodhisattva's Vows

**Of the Buddhas of the ten directions and tree periods of time, Amitabha Buddha is supreme. With his nine grades of lotus flowers to liberate living beings, And his measureless and sublime majestic awe. I take refuge in him, And repent my transgression of the three karmas. All merit and virtue that I have , I sincerely dedicate. And vow that all reciters of the holy name, may have a vision. And the Western Realm at death, which appears clearly before them. Through vision, hearing and effort, may they all be reborn in the land of Ultimate Bliss. Have a vision of the Buddha and end the cycle of birth and death, to liberate all as the Buddha himself.**

**I vow to cut off the endless afflictions, and to study the countless Dharma teachings, I vow to deliver the innumerable sentient beings, and to complete the supreme way of the Buddha. Until the void is emptied I vow to work endlessly. All Buddhas of the ten directions and the three periods of time! All Bodhisattvas, Mahasattvas! Maha-Prajna-Paramita.**

Universal Worthy Bodhisattva's Verse of Exhortation

This day is already done. Our lives are that much less. We're like fish in a shrinking pond. What joy is there in this? Great Assembly! We should be diligent and vigorous, as if our own heads were at stake. Only be mindful of impermanence and be careful not to be lax.

The Three Refuges

To the Buddha I return and rely, vowing that all living beings understand the great way profoundly and bring forth the Bodhi mind.

To the Dharma I return and rely, vowing that all living beings deeply enter the sutra treasury, and have wisdom like the sea.

To the Sangha I return and rely, vowing that all living beings form together a great assembly, one and all in harmony.

Homage to the holy assembly of temple-guarding Bodhisattvas (3 times)

Great Compassion Mantra

ná mó hé là dá nà duō là yà yē · ná mó ā lì yē · pó lú jié  
dì shuò bō là yē · pú tí sà duǒ pó yē · mó hē sà duǒ pó  
yē · mó hē jiā lú ní jiā yē · ōng · sà pó là fá yè · shù dá  
nà dá xiě · ná mó xī jí lì duǒ yī méng ā lì yē · pó lú jí dì  
shì fó là léng tuó pó · ná mó nà là jǐn chí · xī lì mó hē pó  
duō shā miē · sà pó ā tuō dòu shū péng · ā shì yùn · sà pó  
sà duō nà mó pó sà duō · nà mó pó qié · mó fá tè dòu ·  
dá zhí tuō · ōng · ā pó lú xī · lú jiā dì · jiā luó dì · yí xī lì ·

mó hē pú tí sà duǒ · sà pò sà pò · mó là mó là · mó xī mó  
xī lì tuó yùn · jù lú jù lú jié méng · dù lú dù lú fá shé yē  
dì · mó hē fá shé yē dì · tuó là tuó là · dì lì ní · shì fó là  
yē · zhē là zhē là · mó mó fá mó là · mù dì lì · yī xī yī xī ·  
shì nà shì nà · ā là shēn fó là shě lì · fá shā fá shēn · fó là  
shě yē · hū lú hū lú mó là · hū lú hū lú xī lì · suō là suō  
là · xī lì xī lì · sū lú sū lú · pú tí yè pú tí yè · pú tuó yè pú  
tuó yè · mí dì lì yè · nà là jǐn chí · dì lì sè ní nà · pò yè mó  
nà · suō pò hē · xī tuó yè · suō pò hē · mó hē xī tuó yè ·  
suō pò hē · xī tuó yù yì · shì pò là yē · suō pò hē · nà là  
jǐn chí · suō pò hē · mó là nā là · suō pò hē · xī là sēng ā  
mù qié yē · suō pò hē · suō pò mó hē ā xī tuó yè · suō pò  
hē · zhě jí là ā xī tuó yè · suō pò hē · bō tuó mó jié xī tuó  
yè · suō pò hē · nà là jǐn chí pò qié là yē · suō pò hē · mó  
pò lì shèng jié là yè · suō pò hē · ná mó hē là dá nà duō  
là yè yē · ná mó ā lì yē · pò lú jí dì · shuò pò là yè · suō  
pò hē · ōng · xī diàn dū · màn duō là · bá tuó yē · suō pò  
hē.

### Praise to Sangharama Bodhisattva

Lord Sangharama, with awesome powers brings harmony to the temple. Respectfully he receives the Buddha's commands. And with sincerity, protects and upholds the city of the Dharma king. He acts as a barricade and sentry, so that the pure way place is forever peaceful.

Namo Bodhisattva Mahasattva, who protects the Dharma treasury, Mahaprajna paramita.

Evening recitation completed



Continue from page 14

## Dharma Assembly for Auspiciousness

### Medicine Buddha Praise

**The Medicine Buddha, the King of Longevity, graces the realm of the water-moon path. With a compassionate heart, he saves those in suffering, bestowing auspicious blessings, averting calamities and obstacles. Repenting of all three karmic actions, we wish for blessings and long life. May auspicious stars shine brightly, bathing us in their grace, bringing comfort and health as desired. May auspicious stars shine brightly, bathing us in their grace, bringing comfort and health as desired.**

**Namo Mahayana Eternal Three Jewels (3 times).**

### Declaration of Dedicative Report

### Medicine Buddha Mantra

**Ná mó bó qié fá dì · pí shā shè · jù lū bì liú lí · bō là pó · hē là shé yě · dá tuō jiē duō yě · ā là hē dì · sān miǎo sān bó tuó yě · dá zhí tuō · ōng · pí shā shì · pí shā shì · pí shā shè · sān mò jiē dì suō hē. (7 times)**

### The Prayer of Aspiration

**The merits accumulated up until now by the pure assembly appearing here through recitation of the Surangama and other mantras, the assembly transfers**

to the Three Jewels, the nagas and devas, and the holy beings who protect the Surangama. May the sentient beings on the three paths and in the eight inauspicious life circumstances be May the four who grant favors and the three realms of existence all receive favour, May tranquility and peace reign at the borders of the nations, May the winds be mild and rain fall at the right time, may the may weapons and armour melt away, peoples live in happiness and peace. May the members of the great assembly make splendid progress in the purification of their minds, suddenly advance to the tenth stage and remain free of difficulties, May the triple gateway remain pure and may all unforeseen threats be eliminated, May the pious donors and those taking refuge increase their merit and their wisdom.

#### Verse of the Medicine Buddha

Medicine Buddha, Luminous One of Lapis Lazuli, adorned with a flame-like net, incomparable in splendor. With boundless vows to benefit sentient beings, granting all their wishes, ensuring none are unfulfilled.

Namo Medicine Buddha of Pure Crystal Radiance from the Eastern Pure Lapis Lazuli Land.

Namo Medicine Buddha of Pure Crystal Radiance  
(Recite while circumambulating)

#### Prostrations and Vows

Namo Fundamental Teacher Shakyamuni Buddha

Namo Medicine Buddha of Pure Crystal Radiance

Namo Sunlight Pervading Bodhisattva (3 times)

**Namo Moonlight Pervading Bodhisattva (3 times)**

**Namo Medicine Master Buddha and Assembly of  
Bodhisattvas (3 times)**

**May all beings of the four births and in the nine realms  
ascend together to the door of the Wondrous Buddha's  
World.**

Please turn to page 16 for *The Three Refuges*.

Continue from page 42

## **Dharma Assembly for Deliverance**

### **Praise of the Great Amitābha Buddha**

**Amitabha Buddha is the King of Great Vows. His kindness, compassion, joy, and equanimity are impossible to define.**

**Between his brows, his white urna constantly shines, bringing sentient beings to liberation in the land of Ultimate Bliss.**

**In the pools of Eight Virtues, there are Lotuses in Nine Grades;**

**The wondrous trees of Seven Treasures are all aligned in rows.**

**If the Tathagata's sacred title is proclaimed, all will be received and guided to the (Pure Land of the ) West!**

**If the Amitabha's sacred title is invoked, all vow to be reborn together in the (Pure Land of the ) West!**

**Homage to the Eternally Abiding Triple Gem of the Mahayana! (3 times)**

### **Declaration of Dedicative Report**

#### **Praise**

**May all the four kinds of beings reach the jewelled land, and the beings of all three realms be born from lotus blooms. May all the myriad ghosts attain the three-fold worthiness, and the countless sentient ones ascend the**

ten grounds.

Praise to Amita Buddha

Amitofo's body is the color of gold The splendor of his hallmarks has no peer. The light of his brow shines round a hundred worlds, wide as the seas are his eyes pure and clear. Shining in his brilliance by transformation are countless Bodhisattvas and infinite Buddhas. His forty-eight vows will be our liberation, in nine lotus-stages we reach the farthest shore. Namo Buddha of the western pure land, kind and compassionate Amitofo.

Namo Buddha of the western pure land, kind and compassionate Amitofo (3 times)

Namo Amitofo (recite while circumambulating)

Dedication Before the Rebirth Plaques

Homage to the Bodhisattva, Maahasattva of the clear cool ground (3 times)

Homage to the prajna assembly of Buddhas and Bodhisattvas as vast as the sea (3 times)

Heart Sutra

The Heart of Prajna Paramita Sutra

When Bodhisattva Avalokiteshvara was practicing the profound Prajna Paramita, he illuminated the Five Skandhas and saw that they are all empty, and he crossed beyond all suffering and difficulty. Shariputra, form does not differ from emptiness; emptiness does not differ from form. Form itself is emptiness;

emptiness itself is form. So too are feeling, cognition, formation, and consciousness. Shariputra, all Dharmas are empty of characteristics. They are not produced, not destroyed, not defiled, not pure, and they neither increase nor diminish. Therefore, in emptiness there is no form, feeling, cognition, formation or consciousness; no eyes, ears, nose, tongue, body, or mind; no sights, sounds, smells, tastes, objects of touch, or Dharmas; no field of the eyes up to and including no field of mind consciousness; and no ignorance or ending of ignorance, up to and including no old age and death or ending of old age and death. There is no suffering, no accumulating, no extinction, and no way, and no understanding and no attaining. Because nothing is attained, the Bodhisattva through reliance on Prajna Paramita is unimpeded in his mind. Because there is no impediment, he is not afraid, and he leaves distorted dream-thinking far behind. Ultimately Nirvana! All Buddhas of the three Periods of time attain Anuttara-samyak-sambodhi through reliance on Prajna Paramita. Therefore know that Prajna Paramita is a Great Spiritual Mantra, a Great Bright Mantra, a Supreme Mantra, an Unequaled Mantra. It can remove all suffering: it is genuine and not false. That is why the Mantra of Prajna Paramita was spoken. Recite it like this: Gaté Gaté Paragaté Parasamgaté Bodhi Svaha!

Spirit Mantra for Rebirth in the Pure Land

ná mó ā mí duō pó yè duō tuō qié duō yè · duō dì yè  
tuō · ā mí lì dū pó pí · ā mí lì duō · xī dān pó pí · ā mí lì

duō · pí jiā lán dì · ā mí lì duō · pí jiā lán duō · qié mí nì  
qié qié nuó · zhī duō jiā lì · suō pó hē.

Transformation of Food Mantra

ná mó sà wá dá tuō yé duō wā lū zhǐ dì ōng sān bá là sān  
bá là hōng (3 times)

Sweet Dew Mantra

ná mó sū lū pó yē dá tuō yé duō yē dá zhí tuō ōng sū lū  
sū lū bō là sū lū bō là sū lū suō pó hē(3 times)

Universal Offering Mantra

ōng yē yē nǎng sān pó wā wā rì là hú(3 times)

Lotus Pool Praise

**In the Lotus Pool Oceanic Assembly, Amitabha Tathagata, Avalokitesvara, and Mahasthamaprapta sit upon lotus thrones, receiving and guiding one up golden steps. Their mighty vows magnificently realized, universally wish all to leave the dust of defilements!**

Dedication Vers

**Vowing to be reborn in the Western Pure Land, The Nine Stage of Lotus Blossoms serve as parents. When the blossom opens and the Buddha is seen, one awakens to non-arising with non-regressive bodhisattvas as companions!**

**Namo Amitofo (recite while circumambulating)**

Prostrations and Vows

**Namo Fundamental Teacher Shakyamuni Buddha**

**Namo Amitofo (recite while circumambulating)**

**Namo Avalokitesvara Bodhisattva (3 times)**

**Namo Great Strength Bodhisattva (3 times)**

**Namo Great Pure Sea of Bodhisattvas (3 times)**

Please turn to page 45 for *Universal worthy Bodhisattva's verse of exhortation*



Continue from page 14

## New/Full Moon Morning Recitation

### Praise of Buddha Gem

**Praises of the Buddha Gem are inexhaustible. Your merits were achieved over infinite kalpas. Majestically standing at sixteen measures tall with a purplish gold countenance, you awakened to the Path upon snowy mountain peaks. The radiance of the jade curl between your brows is resplendent, illuminating and dispelling the darkness of the Six Realms. May we meet again at the Three Dragon Flower Assemblies, where you will discourse on the true meaning of the Dharma!**

### The Prayer of Aspiration

**The merits accumulated up until now by the pure assembly appearing here through recitation of the Surangama and other mantras, the assembly transfers to the Three Jewels, the nagas and devas, and the holy beings who protect the Surangama. May the sentient beings on the three paths and in the eight inauspicious life circumstances be. May the four who grant favors and the three realms of existence all receive favour. May tranquility and peace reign at the borders of the nations. May the winds be mild and rain fall at the right time. May the may weapons and armour melt away, peoples live in happiness and peace. May the members of the great assembly make splendid progress in the**

purification of their minds, suddenly advance to the tenth stage and remain free of difficulties. May the triple gateway remain pure and may all unforeseen threats be eliminated. May the pious donors and those taking refuge increase their merit and their wisdom.

In the heavens above, in all that is below, nothing compares with the Buddha, throughout the worlds of the ten directions he is matchless. Of all I have seen in the world, there is nothing at all that is like the Buddha. Homage to the guiding master of the three realms of the Saha world, compassionate father of the four kinds of beings, teacher of people and gods, whose transformation bodies are of three kinds; our original teacher Shakyamuni Buddha.

Namo fundamental teacher Shakyamuni Buddha.  
(recite while circumambulating)

### Prostrations and Vows

Homage to our Original Teacher Shakyamuni Buddha

Homage to Medicine Buddha of Pure Crystal Radiance

Homage to Amitofo (recite while circumambulating).

Homage to Manjushri Bodhisattva

Homage to Universal Worthy Bodhisattva

Homage to Maitreya Bodhisattva

Homage to the Bodhisattvas Mahasattvas of the ten directions

May the world enjoy peace, may the people live in happiness, may the sun of Buddhism shine ever brighter, may the Wheel of Dharma keep turning forever.

Please turn to page 16 for *The Three Refuges*.

## Meal Offering Ceremony

### Incense Praise

Incense in the censer now is burning; All the Dharma realm receives the fragrance. From afar the sea vast host of Buddhas all inhale its sweetness. In every place auspicious clouds appearing, our sincere intention thus fulfilling, as all Buddhas now show their perfect body.

**Na Mo the Incense Cloud Canopy**

**Bodhisattva-Mahasattvas (3 times)**

**Na Mo Magic Mountain Assembly of Buddhas and**

**Bodhisattvas (3 times)**

**Namo Eternally Dwelling Buddhas of the Ten Directions.**

**Namo Eternally Dwelling Dharma of the Ten Directions.**

**Namo Eternally Dwelling Sangha of the Ten Directions.**

**Namo our original teacher Shakyamuni Buddha.**

**Namo Medicine Buddha of Pure Crystal Radiance.**

**Namo in the Land of Ultimate Bliss Amitabha Buddha**

**Namo Maitrya Honored Future Buddha.**

**Namo All Buddha of the Ten Quarters and Three Times.**

**Namo Manjusri Great Wisdom Bodhisattva.**

**Namo Universal Worthy Great Conduct Bodhisattva.**

**Namo Earth Treasury King Great Vow Bodhisattva.**

**Namo greatly compassionate Avalokitesvara Bodhisattva.**

**Namo Great Strength Bodhisattva.**

**Namo Great Pure Sea-like Assembly of Bodhisattvas.**

**Namo Dharma Guardian Wei Tuo Venerable Deva**

**Bodhisattvas.**

**Namo Dharma Guarding Deva Bodhisattvas.**

**Namo Sangharama Guarding Host of Bodhisattvas.**

**Namo Descending Line of Patriarchs Bodhisattvas.**

**Namo Great Holy Kinnara King Bodhisattva.**

**(3 times)**

**Transformation of Food Mantra**

**ná mó sà wá dá tuō yé duō wā lū zhǐ dì ōng sān bá là sān  
bá là hōng (3 times)**

**Sweet Dew Mantra**

**ná mó sū lū pó yē dá tuō yé duō yē dá zhí tuō ōng sū lū  
sū lū bō là sū lū bō là sū lū suō pó hē (3 times)**

**The color, scent and flavor of this food, above is offered to the Buddhas everywhere, between to every sage and worthy one, below to living beings on the turning wheel; Bestowed without distinction equally so every wish is satisfied accordingly, and those who made this offering now are caused, immeasurable paramitas to attain. The three virtues and six flavors are offered to the Buddha and Sangha, to all beings of the Dharma realm we render this universal offering.**

**Universal Offering Mantra**

**ōng yē yē nǎng sān pó wā wā rì là hú (3 times)**

**Wondrous Offering from the Heavens' Kitchens Praise**

**Wondrous offering from the heavens' kitchens. Bliss of Dhyana's rare, delightful flavor**

**hù ōng sū lū sà li wā · dá tā ā yē duō · dá nǐ yě tā · sū lū**

**suō wā hē.**

**Namo bliss of Dhyana treas'ry Bodhisattva, Mahasattva,  
Maha Prajna Paramita!**

**Offerings to the Five Sacred Beings**

**Ceremony for Bodhisattva Vajrapani (Page 60)**

**Ceremony for the Kalan Bodhisattvas (Page 62)**

**Ceremony for Bodhisattva Guardian of the Monastic  
Food (Page 64)**

**Ceremony for the Patriarchs (Page 66)**

**Ceremony for the Dragon Kings (Page 69)**

## Ceremony for Bodhisattva Vajrapani

Homage to the enlightened being, cloud canopy of  
fragrance Bodhisattva, Mahasatta (3 times)

Namo Dharma Guardian Wei Tou Venerated Deva  
Bodhisattva (3 times)

### Good Goddess Mantra

ná mó fó tuó · ná mó dá mó · ná mó sēng qié · ná mó shì  
lì · mó hē tí bí yē · dá nǐ yě tuō · bō lì fù lóu nà · zhē lì  
sān màn tuó · dá shě ní · mó hē pí hē luó qié dì · sān  
màn tuó · pí ní qié dì · mó hē jiā li yě · bō mǐ · bō là · bō  
mǐ · sà lì wā lì tuō · sān màn tuó · xiū bō lí dì · fù lì nà ·  
ā lì nà · dá mó dì · mó hē pí gǔ bì dì · mó hē mí lè dì ·  
lóu bǒ sēng qí dì · xiān dì xǐ · sēng qí xiān dì · sān màn  
tuó · ā tuō ā nòu · pó luó ní.

### Transformation of Food Mantra

ná mó sà wá dá tuō yé duō wā lū zhǐ dì ōng sān bá là sān  
bá là hōng (3 times)

### Sweet Dew Mantra

ná mó sū lū pó yē dá tuō yé duō yē dá zhí tuō ōng sū lū  
sū lū bō là sū lū bō là sū lū suō pó hē (3 times)

### Universal Offering Mantra

ōng yē yē nǎng sān pó wā wā rì là hú (3 times)

### Praise to Vajrapani Bodhisattva

Vajrapani Master Warrior of the Devas; Transformation

**body Bodhisattva; Vast and deep your mighty vows to cherish and guard the Buddha's teaching. Your vajra sword can quell the demon armies! Merit, virtue—all beyond compare. Now we pray you will be guardian of our minds.**

**Namo Universal Eye Bodhisattva Mahasattva. Maha Prajna Paramita.**

## Ceremony for the Garan Bodhisattva

Homage to the enlightened being, cloud canopy of  
fragrance Bodhisattva, Mahasatta (3 times)

Homage to the holy assembly of temple-guarding  
Bodhisattvas(3 times)

### Great Compassion Mantra

ná mó hé là dá nà duō là yà yē · ná mó ā lì yē · pó lú jié  
dì shuò bō là yē · pú tí sà duǒ pó yē · mó hē sà duǒ pó  
yē · mó hē jiā lú ní jiā yē · ōng · sà pó là fá yè · shù dá  
nà dá xiě · ná mó xī jí lì duǒ yī méng ā lì yē · pó lú jí dì  
shì fó là léng tuó pó · ná mó nà là jǐn chí · xī lì mó hē pó  
duō shā miē · sà pó ā tuō dòu shū péng · ā shì yùn · sà pó  
sà duō nà mó pó sà duō · nà mó pó qié · mó fá tè dòu ·  
dá zhí tuō · ōng · ā pó lú xī · lú jiā dì · jiā luó dì · yí xī lì ·  
mó hē pú tí sà duǒ · sà pó sà pó · mó là mó là · mó xī mó  
xī lì tuó yùn · jù lú jù lú jié méng · dù lú dù lú fá shé yē  
dì · mó hē fá shé yē dì · tuó là tuó là · dì lì ní · shì fó là  
yē · zhē là zhē là · mó mó fá mó là · mù dì lì · yī xī yī xī ·  
shì nà shì nà · ā là shēn fó là shě lì · fá shā fá shēn · fó là  
shě yē · hū lú hū lú mó là · hū lú hū lú xī lì · suō là suō  
là · xī lì xī lì · sū lú sū lú · pú tí yè pú tí yè · pú tuó yè pú  
tuó yè · mí dì lì yè · nà là jǐn chí · dì lì sè ní nà · pó yè mó  
nà · suō pó hē · xī tuó yè · suō pó hē · mó hē xī tuó yè ·  
suō pó hē · xī tuó yù yì · shì pó là yē · suō pó hē · nà là  
jǐn chí · suō pó hē · mó là nā là · suō pó hē · xī là sēng ā  
mù qié yē · suō pó hē · suō pó mó hē ā xī tuó yè · suō pó  
hē · zhě jí là ā xī tuó yè · suō pó hē · bō tuó mó jié xī tuó  
yè · suō pó hē · nà là jǐn chí pó qié là yē · suō pó hē · mó



pó lì shèng jié là yè · suō pó hē · ná mó hē là dá nà duō  
là yè yē · ná mó ā lì yē · pó lú jí dì · shuò pó là yè · suō  
pó hē · ōng · xī diàn dū · màn duō là · bá tuó yē · suō pó  
hē.

Transformation of Food Mantra

ná mó sà wá dá tuō yé duō wā lū zhǐ dì ōng sǎn bá là sǎn  
bá là hōng (3 times)

Sweet Dew Mantra

ná mó sū lū pó yē dá tuō yé duō yē dá zhí tuō ōng sū lū  
sū lū bō là sū lū bō là sū lū suō pó hē (3 times)

Universal Offering Mantra

ōng yē yē nǎng sǎn pó wā wā rì là hú (3 times)

Praise to Sangharama Bodhisattva

Lord Sangharama, with awesome powers brings harmony to the temple. Respectfully he receives the Buddha's commands. And with sincerity, protects and upholds the city of the Dharma king. He acts as a barricade and sentry, so that the pure way place is forever peaceful.

Namo Bodhisattva Mahasattva, who protects the Dharma treasury, Mahaprajna paramita.

## Ceremony for Bodhisattva Guardian of the Monastic Food

Homage to the enlightened being, cloud canopy of fragrance Bodhisattva, Mahasatta (3 times)

Namo to the great holy Kinnara King, Bodhisattva (3 times)

### Cundi Spirit Mantra

qǐ shǒu guī yī sū xī dì · tóu miàn dǐng lǐ qī jù zhī · wǒ jīn  
chēng zàn dà zhǔn tí · wéi yuàn cí bēi chuī jiā hù  
· ná mó sà duō nán · sān miǎo sān pú tuó · jù zhī  
nán · dá zhí tuō · ōng · zhé lì zhǔ lì · zhǔn tí suō pó hē.

### Transformation of Food Mantra

ná mó sà wá dá tuō yé duō wā lū zhǐ dì ōng sān bá là sān  
bá là hōng (3 times)

### Sweet Dew Mantra

ná mó sū lū pó yē dá tuō yé duō yē dá zhí tuō ōng sū lū  
sū lū bō là sū lū bō là sū lū suō pó hē (3 times)

### Universal Offering Mantra

ōng yē yē nǎng sān pó wā wā rì là hú (3 times)

Praise to the Bodhisattva Guardian of the Monastic Food

The messenger, superintendant of food, the awesome spirit of the fire division; Blending the hundred flavors to make a fragrant offering. Stopping forever all

**disasters, protecting our lives and nurturing our bodies;  
The pure assembly will always receive his kindness.  
Namo the flaming wisdom ground Bodhisattva,  
Mahasattva. Maha-Prajna-Paramita!**

## Ceremony for the Patriarchs

**Homage to the enlightened being, cloud canopy of fragrance Bodhisattva, Mahasatta (3 times)**  
**Namo to the successive generations of Patriarchs, Bodhisattvas!(3 times)**

### Heart Sutra

#### **The Heart of Prajna Paramita Sutra**

**When Bodhisattva Avalokiteshvara was practicing the profound Prajna Paramita, he illuminated the Five Skandhas and saw that they are all empty, and he crossed beyond all suffering and difficulty. Shariputra, form does not differ from emptiness; emptiness does not differ from form. Form itself is emptiness; emptiness itself is form. So too are feeling, cognition, formation, and consciousness. Shariputra, all Dharmas are empty of characteristics. They are not produced, not destroyed, not defiled, not pure, and they neither increase nor diminish. Therefore, in emptiness there is no form, feeling, cognition, formation or consciousness; no eyes, ears, nose, tongue, body, or mind; no sights, sounds, smells, tastes, objects of touch, or Dharmas; no field of the eyes up to and including no field of mind consciousness; and no ignorance or ending of ignorance, up to and including no old age and death or ending of old age and death. There is no suffering, no accumulating, no extinction, and no way, and no understanding and no attaining. Because nothing is attained, the Bodhisattva through reliance on Prajna**

**Paramita is unimpeded in his mind. Because there is no impediment, he is not afraid, and he leaves distorted dream-thinking far behind. Ultimately Nirvana! All Buddhas of the three Periods of time attain Anuttara-samyak-sambodhi through reliance on Prajna Paramita. Therefore know that Prajna Paramita is a Great Spiritual Mantra, a Great Bright Mantra, a Supreme Mantra, an Unequaled Mantra. It can remove all suffering: it is genuine and not false. That is why the Mantra of Prajna Paramita was spoken. Recite it like this: Gaté Gaté Paragaté Parasamgaté Bodhi Svaha!**

**Transformation of Food Mantra**

**ná mó sà wá dá tuō yé duō wā lū zhǐ dì ōng sān bá là sān bá là hōng (3 times)**

**Sweet Dew Mantra**

**ná mó sū lū pó yē dá tuō yé duō yē dá zhí tuō ōng sū lū sū lū bō là sū lū bō là sū lū suō pó hē (3 times)**

**Universal Offering Mantra**

**ōng yē yē nǎng sān pó wā wā rì là hú (3 times)**

**Praise to the Patriarchs**

**As the flower was held aloft, enlightenment was transmitted, and the path of the patriarchs first began. Continuing the "4 x 7", the true vehicle is proclaimed. Six generations, the far-reaching transmission of the lamp, for many generations it is successively received. So that the proper dharma may flourish gloriously**

**Ceremony for the Patriarchs**

**forever! Namó to the masters who cross people over,  
Bodhisattvas, Maha-Prajna-Paramita!**

## Ceremony for the Dragon King

Homage to the enlightened being, cloud canopy of  
fragrance Bodhisattva, Mahasatta (3 times)

Namo to Sagara-nagaraja Dragon King, Bodhisattva  
(3 times)

### Great Compassion Mantra

ná mó hé là dá nà duō là yà yē · ná mó ā lì yē · pó lú jié  
dì shuò bō là yē · pú tí sà duǒ pó yē · mó hē sà duǒ pó  
yē · mó hē jiā lú ní jiā yē · ōng · sà pó là fá yè · shù dá  
nà dá xiě · ná mó xī jí lì duǒ yī méng ā lì yē · pó lú jí dì  
shì fó là léng tuó pó · ná mó nà là jǐn chí · xī lì mó hē pó  
duō shā miē · sà pó ā tuō dòu shū péng · ā shì yùn · sà pó  
sà duō nà mó pó sà duō · nà mó pó qié · mó fá tè dòu ·  
dá zhí tuō · ōng · ā pó lú xī · lú jiā dì · jiā luó dì · yí xī lì ·  
mó hē pú tí sà duǒ · sà pó sà pó · mó là mó là · mó xī mó  
xī lì tuó yùn · jù lú jù lú jié méng · dù lú dù lú fá shé yē  
dì · mó hē fá shé yē dì · tuó là tuó là · dì lì ní · shì fó là  
yē · zhē là zhē là · mó mó fá mó là · mù dì lì · yī xī yī xī ·  
shì nà shì nà · ā là shēn fó là shě lì · fá shā fá shēn · fó là  
shě yē · hū lú hū lú mó là · hū lú hū lú xī lì · suō là suō  
là · xī lì xī lì · sū lú sū lú · pú tí yè pú tí yè · pú tuó yè pú  
tuó yè · mí dì lì yè · nà là jǐn chí · dì lì sè ní nà · pó yè mó  
nà · suō pó hē · xī tuó yè · suō pó hē · mó hē xī tuó yè ·  
suō pó hē · xī tuó yù yì · shì pó là yē · suō pó hē · nà là  
jǐn chí · suō pó hē · mó là nā là · suō pó hē · xī là sēng ā  
mù qié yē · suō pó hē · suō pó mó hē ā xī tuó yè · suō pó  
hē · zhě jí là ā xī tuó yè · suō pó hē · bō tuó mó jié xī tuó  
yè · suō pó hē · nà là jǐn chí pó qié là yē · suō pó hē · mó

## Ceremony for the Dragon King

pó lì shèng jié là yè · suō pó hē · ná mó hē là dá nà duō  
là yè yē · ná mó ā lì yē · pó lú jí dì · shuò pó là yè · suō  
pó hē · ōng · xī diàn dū · màn duō là · bá tuó yē · suō pó  
hē.

### Transformation of Food Mantra

ná mó sà wá dá tuō yé duō wā lū zhǐ dì ōng sǎn bá là sǎn  
bá là hōng (3 times)

### Sweet Dew Mantra

ná mó sū lū pó yē dá tuō yé duō yē dá zhí tuō ōng sū lū  
sū lū bō là sū lū bō là sū lū suō pó hē (3 times)

### Universal Offering Mantra

ōng yē yē nǎng sǎn pó wā wā rì là hú (3 times)

### Praise to Dragon King

The holy assembly of the Dragon King and his retinue, your merits are beyond measure. You scatter nectar over the five lakes and four seas, a single drop brings cooling purity. Those who drink it are free from misfortune. May auspicious blessings descend upon us. Namo to the Bodhisattva Mahasattva King of Sweet Dew. Maha Prajna Paramita.



Fó Jiào Kè Sòng Jí

# 佛教课诵集



坦桑尼亚华人佛教协会

[www.fojiaotz.com](http://www.fojiaotz.com), [www.youtube.com/@fojiaotz](http://www.youtube.com/@fojiaotz)

lú xiāngzàn  
炉香赞

lú xiāngzhàruò fǎ jièméngxūn zhū fó hǎihuì xī yáowén  
炉香乍爇。法界蒙熏。诸佛海会悉遥闻。

suíchùjiéxiāngyún chéng yì fāngyīn zhū fó xiànuǎnshēn  
随处结香云。诚意方殷。诸佛现全身。

ná mó xiāngyúngài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三称）

jiè dìngzhēnxiāngzàn  
戒定真香赞

jièdìngzhēnxiāng fén qǐ chōngtiānshàng dì zǐ qiánchéng  
戒定真香。焚起冲天上。弟子虔诚。

ruòzài jīn lú shàng qǐng kè fēnyún jí biàn mǎnshí fāng  
爇在金炉上。顷刻纷纭。即遍满十方。

xī rì yē shū miǎn nàn xiāo zāi zhàng  
昔日耶输。免难消灾障。

ná mó xiāngyúngài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三称）

bǎodǐngzàn  
宝鼎赞

bǎodǐngruòmíngxiāng pǔ biànshí fāng qiánchéng fèngxiàn  
宝鼎爇名香。普遍十方。虔诚奉献

fǎ zhōngwáng duānwèishì jièzhù hé píng dì jiǔtiāncháng  
法中王。端为世界祝和平。地久天长。

duānwèishì jièzhù hé píng dì jiǔtiāncháng  
端为世界祝和平。地久天长。

ná mó xiāngyúngài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三称）

zǎo kè  
早课

dà fó dǐngshǒuléngyánzhòu  
大佛顶首楞严咒

ná mó léngyánhuì shàng fó pú sà  
南无楞严会上佛菩萨（三称）

miào zhàn zǒng chí bú dòng zūn shǒu léng yán wáng shì xī yǒu  
妙湛总持不动尊。首楞严王世希有。

xiāo wǒ yì jié diān dǎo xiǎng bú lì sēng qí huò fǎ shēn  
销我亿劫颠倒想。不历僧祇获法身。

yuàn jīn dé guǒ chéng bǎo wáng huán dù rú shì héng shā zhòng  
愿今得果成宝王。还度如是恒沙众。

jiāng cǐ shēn xīn fèng chén chà shì zé míng wéi bào fó ēn  
将此深心奉尘刹。是则名为报佛恩。

fú qǐng shì zūn wèi zhèng míng wǔ zhuó è shì shì xiān rù  
伏请世尊为证明。五浊恶世誓先入。

rú yì zhòng shēng wèi chéng fó zhōng bù yú cǐ qǔ ní huán  
如一众生未成佛。终不于此取泥洹。

dà xióng dà lì dà cí bēi xī gèng shěn chú wēi xì huò  
大雄大力大慈悲。希更审除微细惑。

lìng wǒ zǎo dēng wú shàng jué yú shí fāng jiè zuò dào chǎng  
令我早登无上觉。于十方界坐道场。

shùn ruò duō xìng kě xiāo wáng shuò jiā luó xīn wú dòng zhuǎn  
舜若多性可销亡。烁迦罗心无动转。

ná mó cháng zhù shí fāng fó ná mó cháng zhù shí fāng fǎ  
南无常住十方佛。南无常住十方法。

ná mó cháng zhù shí fāng sēng ná mó shì jiā móu ní fó  
南无常住十方僧。南无释迦牟尼佛。

ná mó fó dǐng shǒu léng yán ná mó guān shì yīn pú sà  
南无佛顶首楞严。南无观世音菩萨。

ná mó jīngāngzàng pú sà  
南无金刚藏菩萨。

ěr shí shì zūn cóng ròu jì zhōng yǒng bǎi bǎo guāng  
尔时世尊。从肉髻中。涌百宝光。

guāng zhōng yǒng chū qiān yè bǎo lián yǒu huà rú lái  
光中涌出。千叶宝莲。有化如来。

zuò bǎo huā zhōng dǐng fàng shí dào bǎi bǎo guāng míng  
坐宝华中。顶放十道。百宝光明。

yī yī guāng míng jiē biàn shì xiàn shí héng hé shā  
一一光明。皆徧示现。十恒河沙。

jīn gāng mì jì qíng shān chí chǔ biàn xū kōng jiè  
金刚密迹。擎山持杵。徧虚空界。

dà zhòng yǎng guān wèi ài jiān bào qiú fó āi yòu  
大众仰观。畏爱兼抱。求佛哀祐。

yì xīn tīng fó wú jiàn dǐng xiāng fàng guāng rú lái  
一心听佛。无见顶相。放光如来。

xuānshuōshénzhòu  
宣说神咒。

### dì yī huì 第一会

ná mó sà dá tuō sū qiéduō yē ā là hē dì sānmiǎosān pú tuó  
南无萨怛他苏伽多耶阿囉诃帝三藐三菩陀

xiě sà dá tuō fó tuó jù zhī sè ní shān ná mó sà pó bó tuó  
写。萨怛他佛陀俱胝瑟尼钶。南无萨婆勃陀

bó dì sà duō pí bì ná mó sà duōnán sānmiǎosān pú tuó jù  
勃地。萨路鞞弊。南无萨多南。三藐三菩陀俱

zhīnán suōshě là pó jiāsēngqiánán nánámólú jī ā luóhàn  
知南。娑舍囉婆迦僧伽喃。南无卢鸡阿罗汉  
duōnán nánámósū lú duō bō nánán nánámósuōjié lìtuóqié  
踰喃。南无苏卢多波那喃。南无娑羯唎陀伽  
mínán nánámólú jī sānmiǎoqiéduōnán sānmiǎoqié bō là dī  
弥喃。南无卢鸡三藐伽踰喃。三藐伽波囉底  
bō duō nánán nánámótí pó lí sè nǎn nánámóxī tuó yē pí dì  
波多那喃。南无提婆离瑟赧。南无悉陀耶毗地  
yē tuó là lí sè nǎn shě bō nú jiē là hē suō hē suō là mó tuō  
耶陀囉离瑟赧。舍波奴揭囉诃娑诃娑囉摩他  
nán nánámóbá là hē mó ní nánámó yīntuó là yē nánámó pó  
喃。南无跋囉诃摩尼。南无因陀囉耶。南无婆  
qié pó dì lú tuó là yē wū mó bō dì suō xiān yè yē nánámó  
伽婆帝。卢陀囉耶。乌摩般帝。娑酰夜耶。南  
mó pó qié pó dì nà là yě nánámó yē pánzhē mó hē sān mù tuó là  
无婆伽婆帝。那囉野拏耶。槃遮摩诃三慕陀囉。  
nánámóxī jié lìduō yē nánámó pó qié pó dì mó hē jiā là yē  
南无悉羯唎多耶。南无婆伽婆帝。摩诃迦罗耶。  
dì lì bō là nà qié là pí tuó là bō nánámó jiā là yē ā dì mù  
地唎般刺那伽囉。毗陀囉波拏伽囉耶。阿地目  
dì shī mó shěnuó ní pó xī ní mó dá lìqié nánámó xī  
帝。尸摩舍那泥婆悉泥。摩怛唎伽拏。南无悉  
jié lìduō yē nánámó pó qié pó dì duō tā qiéduō jù là yē  
羯唎多耶。南无婆伽婆帝。多他伽踰俱囉耶。  
nánámóbō tóu mó jù là yē nánámóbá shé là jù là yē nánámó  
南无般头摩俱囉耶。南无跋闍囉俱囉耶。南无  
mó ní jù là yē nánámó qiéshé jù là yē nánámó pó qié pó dì  
摩尼俱囉耶。南无伽闍俱囉耶。南无婆伽婆帝。

dì lìcháchū lā xī nà bō là hē là ná là shé yē duō tā qié  
帝唎茶输囉西那。波囉诃囉拏囉闍耶。跢他伽  
duō yē ná mó pó qié pó dì ná mó ā mí duō pó yē duō tā  
多耶。南无婆伽婆帝。南无阿弥多婆耶。跢他  
qiéduō yē ā là hē dì sānmiǎosān pú tuó yē ná mó pó qié  
伽多耶。阿囉诃帝。三藐三菩陀耶。南无婆伽  
pó dì ā chú pí yē duō tā qiéduō yē ā là hē dì sān  
婆帝。阿刍鞞耶。跢他伽多耶。阿囉诃帝。三  
miǎosān pú tuó yē ná mó pó qié pó dì pí shāshé yē jù lú  
藐三菩陀耶。南无婆伽婆帝。鞞沙闍耶俱卢  
fèizhù lì yē bō là pó là shé yē duō tā qiéduō yē ná mó  
吠柱唎耶。般囉婆囉闍耶。跢他伽多耶。南无  
pó qié pó dì sān bǔ shī bì duō sà lián nà là là shé yē duō  
婆伽婆帝。三补师毖多。萨怜捺囉刺闍耶。跢  
tā qiéduō yē ā là hē dì sānmiǎosān pú tuó yē ná mó pó  
他伽多耶。阿囉诃帝。三藐三菩陀耶。南无婆  
qié pó dì shě jī yě mǔ nà yè duō tā qiéduō yē ā là hē  
伽婆帝。舍鸡野母那曳。跢他伽多耶。阿囉诃  
dì sānmiǎosān pú tuó yē ná mó pó qié pó dì là dá nà jī  
帝。三藐三菩陀耶。南无婆伽婆帝。刺怛那鸡  
dū là shé yē duō tā qiéduō yē ā là hē dì sānmiǎosān pú  
都囉闍耶。跢他伽多耶。阿囉诃帝。三藐三菩  
tuó yē dì piáo ná mó sà jié lìduō yì tán pó qié pó duō sà  
陀耶。帝瓢南无萨羯唎多。翳昙婆伽婆多。萨  
dá tā qié dū sè ní shān sà dá duō bō dá làn ná mó ā pó  
怛他伽都瑟尼钿。萨怛多般怛唵。南无阿婆  
là shìdān bō là dì yáng qí là sà là pó bù duō jiē là hē  
囉视耽。般囉帝扬岐囉。萨囉婆部多揭囉诃。

ní jié là hē jiē jiā là hē ní bǎ là bì dì yē chī tuó nǐ ā  
尼羯囉诃揭迦囉诃尼。跋囉毖地耶叱陀你。阿

jiā là mì lì zhù bō lì dá là yē níng jiē lì sà là pó pán  
迦囉密唎柱。般唎怛囉耶 唎 揭唎。萨囉婆槃

tuó nà mù chā ní sà là pó tū sè zhā tū xī fá bō nà nǐ fá  
陀那目叉尼。萨囉婆突瑟吒。突悉乏般那你伐

là ní zhě dōu là shī dì nán jié là hē suō hē sà là ruò shé  
囉尼。赭都囉失帝南。羯囉诃娑诃萨囉若闍。

pí duō bēng suō nà jié lì ā sè zhā bīng shě dì nán nà chā  
毗多崩娑那羯唎。阿瑟吒冰舍帝南。那叉

chà dá là ruò shé bō là sà tuó nà jié lì ā sè zhā nán mó  
刹怛囉若闍。波囉萨陀那羯唎。阿瑟咤南。摩

hē jié là hē ruò shé pí duō bēng sà nà jié lì sà pó shě dū  
诃羯囉诃若闍。毗多崩萨那羯唎。萨婆舍都

lú nǐ pó là ruò shé hū lán tū xī fá nán zhē nà shě ní bì shā  
嚧你婆囉若闍。呼蓝突悉乏难遮那舍尼。毖沙

shě xī dá là ā jí ní wū tuó jiā là ruò shé ā bō là shì duō  
舍悉怛囉。阿吉尼乌陀迦囉若闍。阿般囉视多

jù là mó hē bō là zhàn chí mó hē dié duō mó hē dì shé  
具囉。摩诃般囉战持。摩诃叠多。摩诃帝闍。

mó hē shuì duō shé pó là mó hē bǎ là pán tuó là pó xī nǐ  
摩诃税多闍婆囉。摩诃跋囉槃陀囉婆悉你。

ā lì yē duō là pí lì jù zhī shì pó pí shé yē bǎ shé là  
阿唎耶多囉。毗唎俱知。誓婆毗闍耶。跋闍囉

mó lì dǐ pí shě lú duō bó téng wǎng jiā bǎ shé là zhì hē  
摩礼底。毗舍嚧多。勃腾罔迦。跋闍囉制喝

nà ā zhē mó là zhì pó bō là zhì duō bǎ shé là shàn chí pí  
那阿遮。摩囉制婆般囉质多。跋闍囉擅持。毗

shě là zhē shànduōshě pí tí pó bǔ shìduō sū mó lú bō mó  
舍囉遮。扇多舍鞞提婆补视多。苏摩嚧波。摩  
hē shuǐduō ā lì yē duō là mó hē pó là ā bō là bá shé  
河税多。阿唎耶多囉。摩河婆囉阿般囉。跋闍  
là shāngjiē là zhì pó bá shé là jù mó lì jù lán tuó lì  
囉商揭囉制婆。跋闍囉俱摩唎。俱蓝陀唎。  
bá shé là hē sà duōzhē pí dì yē qiánzhē nà mó lì jiā kū  
跋闍囉喝萨多遮。毗地耶乾遮那摩唎迦。崛  
sū mǔ pó jié là duō nà pí lú zhē nà jù lì yē yè là tú sè  
苏母婆羯囉路那。鞞嚧遮那俱唎耶。夜囉菟瑟  
ní shān pí zhé lán pó mó ní zhē bá shé là jiā nà jiā bō là  
尼衫。毗折蓝婆摩尼遮。跋闍囉迦那迦波囉  
pó lú shé nà bá shé là dùnzhìzhē shuǐduōzhējiā mó là chà  
婆。嚧闍那跋闍囉顿稚遮。税多遮迦摩囉。刹  
shēshī bō là pó yì dì yí dì mǔ tuó là jié nà suō pí là  
奢尸波囉婆。翳帝夷帝。母陀囉羯拏。娑鞞囉  
chàn jué fàn dōu yìn tù nà me me xiě  
忭。掘梵都。印兔那么么写。

dì èr huì  
第二会

wū xìn lì sè jiē nà bān là shě xī duō sà dá tā qié dū sè  
乌泮。唎瑟揭拏。般刺舍悉多。萨怛他伽都瑟  
ní shān hǔ xìn dū lú yōng zhān pó nà hǔ xìn dū lú yōng  
尼衫。虎泮。都嚧雍。瞻婆那。虎泮。都嚧雍。  
xī dān pó nà hǔ xìn dū lú yōng bō là sè dì yē sān bō chā  
悉耽婆那。虎泮。都嚧雍。波囉瑟地耶三般叉  
ná jié là hǔ xìn dū lú yōng sà pó yào chā hē là chà suō  
拏羯囉。虎泮。都嚧雍。萨婆药叉喝囉刹娑。



jiē là hē ruò shé pí téng bēng sà nà jié là hǔ xìn  
揭囉诃若闍。毗腾崩萨那羯囉。虎𦉳。

dū lú yōng zhě dū là shī dǐ nán jiē là hē suō hē sà là nán  
都嚧雍。者都囉尸底南。揭囉诃娑诃萨囉南。

pí téng bēng sà nà là hǔ xìn dū lú yōng là chā pó qié fàn  
毗腾崩萨那囉。虎𦉳。都嚧雍。囉叉婆伽梵。

sà dá tā qié dū sè ní shān bō là diǎn shé jí lì mó hē suō  
萨怛他伽都瑟尼衫。波囉点闍吉唎。摩诃娑

hē sà là bó shù suō hē sà là shì lì shā jù zhī suō hē sà ní  
诃萨囉。勃树娑诃萨囉室唎沙。俱知娑诃萨泥

dì lì ā bì tí shì pó lì duō zhā zhā yīng jiā mó hē bá shé  
帝隶。阿弊提视婆唎多。吒吒毘伽。摩诃跋闍

lú tuó là dì lì pú pó nà màn chá là wū xìn suō xī dì bó  
嚧陀囉。帝唎菩婆那。曼茶囉。乌𦉳。莎悉帝薄

pó dū me me yìn tù nà me me xiě  
婆都。么么。印兔那么么写。

### dì sān huì 第三会

là shé pó yè zhǔ là bá yè ā qí ní pó yè wū tuó jiā pó  
囉闍婆夜。主囉跋夜。阿祇尼婆夜。乌陀伽婆

yè pí shā pó yè shě sà duō là pó yè pó là zhuó jié là pó  
夜。毗沙婆夜。舍萨多囉婆夜。婆囉斫羯囉婆

yè tū sè chā pó yè ā shě nǐ pó yè ā jiā là mì lì zhù  
夜。突瑟叉婆夜。阿舍你婆夜。阿伽囉密唎柱

pó yè tuó là ní bù mí jiàn bō qié bō tuó pó yè wū là jiā  
婆夜。陀囉尼部弥剑波伽波陀婆夜。乌囉伽

pó duō pó yè là shé tán chá pó yè nà qié pó yè pí tiáo dá  
婆多婆夜。刺闍坛茶婆夜。那伽婆夜。毗条怛

pó yè sū bō là ná pó yè yào chā jiē là hē là chā sī jiē  
婆夜。苏波囉拏婆夜。药叉揭囉诃。囉叉私揭

là hē bì lì duō jiē là hē pí shě zhē jiē là hē bù duō jiē  
囉诃。毕唎多揭囉诃。毗舍遮揭囉诃。部多揭

là hē jiū pán chá jiē là hē bǔ dān nà jiē là hē jiā zhā bǔ  
囉诃。鸠槃荼揭囉诃。补丹那揭囉诃。迦吒补

dān nà jiē là hē xī qián dù jiē là hē ā bō xī mó là jiē  
丹那揭囉诃。悉乾度揭囉诃。阿播悉摩囉揭

là hē wū tán mó tuó jiē là hē chē yè jiē là hē xiān lì pó  
囉诃。乌檀摩陀揭囉诃。车夜揭囉诃。酰唎婆

dì jiē là hē shè duō hē lìnán jiē pó hē lìnán lú dì là  
帝揭囉诃。社多诃唎南。揭婆诃唎南。嚧地囉

hē lìnán máng suō hē lìnán mí tuó hē lìnán mó shé hē  
诃唎南。忙娑诃唎南。迷陀诃唎南。摩闍诃

lìnán shé duō hē lì nǚ shì bǐ duō hē lìnán pí duō hē lì  
唎南。闍多诃唎女。视比多诃唎南。毗多诃唎

nán pó duō hē lìnán ā shū zhē hē lì nǚ zhì duō hē lì nǚ  
南。婆多诃唎南。阿输遮诃唎女。质多诃唎女。

dì shān sà pí shān sà pó jiē là hē nán pí tuó yè shé chēn  
帝衫萨毗衫萨婆揭囉诃南。毗陀夜闍瞋

tuó yè mí jī là yè mí bō lì bá là zhě jiā qì lì dān pí  
陀夜弥鸡囉夜弥波唎跋囉者迦讫唎担。毗

tuó yè shé chēn tuó yè mí jī là yè mí chá yǎn ní qì lì dān  
陀夜闍瞋陀夜弥鸡囉夜弥茶演尼讫唎担。

pí tuó yè shé chēn tuó yè mí jī là yè mí mó hē bō shū bō  
毗陀夜闍瞋陀夜弥鸡囉夜弥摩诃般输般

dá yè lú tuó là qì lì dān pí tuó yè shé chēn tuó yè mí jī  
怛夜。嚧陀囉讫唎担。毗陀夜闍瞋陀夜弥。鸡

lā yè mí nà lā yè nà qì lìdān pí tuó yè shé chēntuó yè  
囉夜弥。那囉夜拏訖唎担。毗陀夜闍瞋陀夜  
mí jī là yè mí dá duō qié lú chá xī qì lìdān pí tuó yè  
弥。鸡囉夜弥。怛埵伽嚧茶西訖唎担。毗陀夜  
shé chēntuó yè mí jī là yè mí mó hē jiā là mó dá lì qié  
闍瞋陀夜弥。鸡囉夜弥。摩诃迦囉摩怛唎伽  
nà qì lìdān pí tuó yè shé chēntuó yè mí jī là yè mí jiā  
拏訖唎担。毗陀夜闍瞋陀夜弥。鸡囉夜弥。迦  
bō lì jiā qì lìdān pí tuó yè shé chēntuó yè mí jī là yè  
波唎伽訖唎担。毗陀夜闍瞋陀夜弥。鸡囉夜  
mí shé yē jié là mó dù jié là sà pó là tā suō dá nà qì lì  
弥。闍耶羯囉摩度羯囉。萨婆囉他娑达那訖唎  
dān pí tuó yè shé chēntuó yè mí jī là yè mí zhě duō là pó  
担。毗陀夜闍瞋陀夜弥。鸡囉夜弥。赭咄囉婆  
qí nǐ qì lìdān pí tuó yè shé chēntuó yè mí jī là yè mí  
耆你訖唎担。毗陀夜闍瞋陀夜弥。鸡囉夜弥。  
pí lì yáng qì lì zhī nán tuó jī shā là qié nà bō dì suǒ xiān  
毗唎羊訖唎知。难陀鸡沙囉伽拏般帝。索酰  
yè qì lìdān pí tuó yè shé chēntuó yè mí jī là yè mí nà  
夜訖唎担。毗陀夜闍瞋陀夜弥。鸡囉夜弥。那  
jiē nà shě là pó nà qì lìdān pí tuó yè shé chēntuó yè mí  
揭那舍囉婆拏訖唎担。毗陀夜闍瞋陀夜弥。  
jī là yè mí ā luó hàn qì lìdān pí tuó yè shé chēntuó yè  
鸡囉夜弥。阿罗汉訖唎担。毗陀夜闍瞋陀夜  
mí jī là yè mí pí duō là qié qì lìdān pí tuó yè shé chēn  
弥。鸡囉夜弥。毗多囉伽訖唎担。毗陀夜闍瞋  
tuó yè mí jī là yè mí bá shé là bō nǐ jù xiān yè jù xiān  
陀夜弥。鸡囉夜弥跋闍囉波你。具酰夜具酰

yè jiā dì bān dì qǐ lì dān pí tuó yè shé chēn tuó yè mí jī  
夜。迦地般帝訖唎担。毗陀夜闍瞋陀夜弥。鸡

là yè mí là chā wǎng pó gā fàn yìn tù nà me me xiě  
囉夜弥。囉叉罔。婆伽梵。印兔那么么写。

dì sì huì  
第四会

pó qié fàn sà dá duō bō dá là nán mó cuì dōu dì ā xī duō  
婆伽梵。萨怛多般怛囉。南无粹都帝。阿悉多

nà là là jiā bō là pó xī pǔ zhā pí jiā sà dá duō bō dì lì  
那囉刺迦。波囉婆悉普吒。毗迦萨怛多鉢帝唎。

shí fó là shí fó là tuó là tuó là píntuó là píntuó là chēn  
什佛囉什佛囉。陀囉陀囉。频陀囉频陀囉瞋

tuó chēn tuó hǔ xìn hǔ xìn pànzhā pànzhā pànzhā pànzhā pàn  
陀瞋陀。虎𩚑。虎𩚑。泮吒泮吒泮吒泮吒泮

zhā suō hē xiān xiān pàn ā móu jiā yē pàn ā bō là tí hē  
吒。娑诃。酰酰泮。阿牟迦耶泮。阿波囉提诃

duō pàn pó là bō là tuó pàn ā sù là pí tuó là bō jiā pàn  
多泮。婆囉波囉陀泮。阿素囉毗陀囉波迦泮。

sà pó tí pí bì pàn sà pó nà qié bì pàn sà pó yào chā bì pàn  
萨婆提鞞弊泮。萨婆那伽弊泮。萨婆药叉弊泮。

sà pó qián tà pó bì pàn sà pó bǔ dān nà bì pàn jiā zhā bǔ  
萨婆乾闥婆弊泮。萨婆补丹那弊泮。迦吒补

dān nà bì pàn sà pó tū láng zhī dì bì pàn sà pó tū sè bǐ  
丹那弊泮。萨婆突狼枳帝弊泮。萨婆突涩比

lí qǐ sè dì bì pàn sà pó shí pó lì bì pàn sà pó ā bō xī  
犁訖瑟帝弊泮。萨婆什婆利弊泮。萨婆阿播悉

mó lí bì pàn sà pó shě là pó ná bì pàn sà pó dì dì jī bì  
摩犁弊泮。萨婆舍囉婆拏弊泮。萨婆地帝鸡弊

pàn sà pó dá mó tuó jì bì pàn sà pó pí tuó yē là shì zhē lí  
泮。萨婆怛摩陀继弊泮。萨婆毗陀耶囉誓遮犁

bì pàn shé yè jié là mó dù jié là sà pó là tā suō tuó jī bì  
弊泮。闍夜羯囉摩度羯囉。萨婆囉他娑陀鸡弊

pàn pí dì yè zhē lì bì pàn zhě dū là fù qí nǐ bì pàn bá  
泮。毗地夜遮唎弊泮。者都囉缚耆你弊泮。跋

shé là jù mó lì pí tuó yè là shì bì pàn mó hē bō là dīng  
闍囉俱摩唎。毗陀夜囉誓弊泮。摩诃波囉丁

yáng yì qí lì bì pàn bá shé là shāng jié là yè bō là zhàng  
羊义耆唎弊泮。跋闍囉商羯囉夜。波囉丈

qí là shé yē pàn mó hē jiā là yè mó hē mò dá lì jiā ná  
耆囉闍耶泮。摩诃迦囉夜。摩诃末怛唎迦拏。

ná mó suō jié lì duō yè pàn bì sè ná bì yè pàn bó là hē móu  
南无娑羯唎多夜泮。毖瑟拏婢曳泮。勃囉诃牟

ní yè pàn ā qí ní yè pàn mó hē jié lì yè pàn jié là tán  
尼曳泮。阿耆尼曳泮。摩诃羯唎曳泮。羯囉檀

chí yè pàn miè dá lì yè pàn lāo dá lì yè pàn zhē wén chá yè  
持曳泮。蔑怛唎曳泮。唠怛唎曳泮。遮文茶曳

pàn jié luó là dá lì yè pàn jiā bō lì yè pàn ā dì mù zhì  
泮。羯逻囉怛唎曳泮。伽般唎曳泮。阿地目质

duō jiā shī mó shě nuó pó sī nǐ yè pàn yǎn jí zhì sà duǒ pó  
多迦尸摩舍那。婆私你曳泮。演吉质。萨埵婆

xiě me me yìn tù nà me me xiě  
写。么么印兔那么么写。

### dì wǔ huì 第五会

tū sè zhā zhì duō ā mò dá lì zhì duō wū shé hē là qié pó  
突瑟吒质多。阿末怛唎质多。乌闍诃囉。伽婆

hē là lú dì là hē là pó suō hē là mó shé hē là shéduō  
诃囉。嚧地囉诃囉。娑娑诃囉。摩闍诃囉。闍多

hē là shì bì duō hē là bá luè yè hē là qiántuó hē là  
诃囉。视毖多诃囉。跋略夜诃囉。乾陀诃囉。

bù shǐ bō hē là pō là hē là pó xiě hē là bō bō zhìduō  
布史波诃囉。颇囉诃囉。娑写诃囉。般波质多。

tū sè zhāzhìduō láotuó là zhìduō yàochājiē là hē là chā  
突瑟吒质多。唠陀囉质多。药叉揭囉诃。囉刹

suōjiē là hē bì lì duōjiē là hē pí shězhējiē là hē bù  
娑揭囉诃。闭隶多揭囉诃。毗舍遮揭囉诃。部

duōjiē là hē jiūpánchájiē là hē xī qiántuójiē là hē wū  
多揭囉诃。鳩槃荼揭囉诃。悉乾陀揭囉诃。乌

dá mó tuójiē là hē chē yè jiē là hē ā bō sà mó là jiē là  
怛摩陀揭囉诃。车夜揭囉诃。阿播萨摩囉揭囉

hē zhái qū gé chá qí ní jiē là hē lì fó dì jiē là hē shé  
诃。宅祛革茶耆尼揭囉诃。唎佛帝揭囉诃。闍

mí jiājiē là hē shě jù ní jiē là hē mǔ tuó là nán dì jiā  
弥迦揭囉诃。舍俱尼揭囉诃。姥陀囉难地迦

jiē là hē ā lán pó jiē là hē qián dù bō ní jiē là hē shí  
揭囉诃。阿蓝婆揭囉诃。乾度波尼揭囉诃。什

fá là yīnjiāxiānjiā zhū dì yàojiā dá lì dì yàojiā zhě  
伐囉埤迦酰迦。坠帝药迦。怛隶帝药迦。者

tū tuōjiā ní tí shí fá là bì shān mó shí fá là bó dǐ jiā  
突托迦。尼提什伐囉毖钗摩什伐囉。薄底迦。

bí dǐ jiā shì lì sè mì jiā suō nǐ bō dì jiā sà pó shí fá  
鼻底迦。室隶瑟密迦。娑你般帝迦。萨婆什伐

là shì lú jí dì mò tuó pí dá lú zhìjiàn ā qí lú qián  
囉。室嚧吉帝。末陀鞞达嚧制剑。阿绮嚧钳。

mù qié lú qián jié lì tū lú qián jiē là hē jiē lán jié ná  
目佉噓钳。羯唎突噓钳。揭囉诃揭蓝。羯拏

shū lán dàn duō shū lán qì lì yè shū lán mò me shū lán bá  
输蓝。憊多输蓝。迄唎夜输蓝。末么输蓝。跋

lì shì pó shū lán bì lì sè zhā shū lán wū tuó là shū lán jié  
唎室婆输蓝。毖栗瑟吒输蓝。乌陀囉输蓝。羯

zhī shū lán bá xī dì shū lán wū lú shū lán cháng qié shū lán  
知输蓝。跋悉帝输蓝。邬噓输蓝。常伽输蓝。

hē xī duō shū lán bá tuó shū lán suō fáng àng qié bō là zhàng  
喝悉多输蓝。跋陀输蓝。娑房盎伽般囉丈

qié shū lán bù duō bì duō chá chá qí ní shí pó là tuó tū lú  
伽输蓝。部多毖多茶。茶耆尼什婆囉。陀突噓

jiā jiàn duō lú jí zhī pó lù duō pí sà bō lú hē líng qié  
迦建咄噓吉知。婆路多毗。萨般噓诃凌伽。

shū shā dá là suō nà jié là pí shā yù jiā ā qí ní wū tuó  
输沙怛囉娑那羯囉。毗沙喻伽。阿耆尼乌陀

jiā mò là pí là jiàn duō là ā jiā là mì lì duō dá liǎn bù  
伽。末囉鞞囉建踰囉。阿伽囉密唎咄怛敛部

jiā dì lì là zhā bì lì sè zhì jiā sà pó nà jù là sì yǐn  
伽。地栗刺吒。毖唎瑟质伽。萨婆那俱囉。肆引

qié bì jiē là lì yào chā dá là chú mò là shì fèi dì shān suō pí  
伽弊揭囉唎药叉怛囉刍。末囉视吠帝衫娑鞞

shān xī dá duō bō dá là mó hē bá shé lú sè ní shān mó hē  
衫。悉怛多鉢怛囉。摩诃跋闍噓瑟尼衫。摩诃

bō lài zhàng qí lán yè bō tū tuó shě yù shé nuó biàn dá lì ná  
般赖丈耆蓝。夜波突陀舍喻闍那。辨怛隶拏。

pí tuó yē pántán jiā lú mí dì shū pántán jiā lú mí bō là pí  
毗陀耶槃昙伽噓弥。帝殊槃昙伽噓弥。般囉毗

tuópántánjiā lú mí dá zhītuō ōng ā nà lì pí shě tí  
陀槃昙迦嚧弥。跢姪他。唵。阿那隶。毗舍提。

pí là bá shé là tuó lì pántuópántuó nǐ bá shé là bàng ní  
鞞跋闍囉陀唎。槃陀槃陀你。跋闍囉谤尼

pàn hǔ xīndōu lú yōngpàn suō pó hē  
泮。虎𧈧都嚧瓮泮。莎婆诃。

ná mó qiānshǒuqiānyǎnwú ài dà bēixīntuóluó ní  
南无千手千眼无碍大悲心陀罗尼

ná mó hē là dá nà duō là yè yē ná mó ā lì yē pó lú jiē  
南无喝囉怛那哆囉夜耶。南无阿唎耶。婆卢羯

dì shuò bō là yē pú tí sà duǒ pó yē mó hē sà duǒ pó yē  
帝烁钵囉耶。菩提萨埵婆耶。摩诃萨埵婆耶。

mó hē jiā lú ní jiā yē ōng sà pó là fá yè shù dá nà dá  
摩诃迦卢尼迦耶。唵。萨幡囉罚曳。数怛那怛

xiě ná mó xī jí lì duǒ yī méng ā lì yē pó lú jí dì shì  
写。南无悉吉栗埵伊蒙阿唎耶。婆卢吉帝室

fó là léngtuó pó ná mó nà là jǐnchí xī lì mó hē pó duō  
佛囉楞驮婆。南无那囉谨墀。醯利摩诃幡哆

shāmiē sà pó ā tuōdòushū péng ā shì yùn sà pó sà duō nà  
沙咩。萨婆阿他豆输朋。阿逝孕。萨婆萨哆那

mó pó sà duō nà mó pó qié mó fá tè dòu dá zhītuō ōng  
摩婆萨哆。那摩婆伽。摩罚特豆。怛姪他。唵。

ā pó lú xī lú jiā dì jiāluó dì yí xī lì mó hē pú tí  
阿婆卢醯。卢迦帝。迦罗帝。夷醯唎。摩诃菩提

sà duǒ sà pó sà pó mó là mó là mó xī mó xī lì tuó yùn  
萨埵。萨婆萨婆。摩囉摩囉。摩醯摩醯唎驮孕。

jù lú jù lú jiéméng dù lú dù lú fá shé yē dì mó hē fá  
俱卢俱卢羯蒙。度卢度卢罚闍耶帝。摩诃罚



shé yē dì tuó là tuó là dì lì ní shì fó là yē zhē là zhē  
闍耶帝。陀囉陀囉。地唎尼。室佛囉耶。遮囉遮

là me me fá mó là mù dì lì yī xī yī xī shì nà shì nà  
囉。么么罚摩囉。穆帝隶。伊醯伊醯。室那室那。

ā là shēn fó là shè lì fá shā fá shēn fó là shě yē hū  
阿囉参佛囉舍利。罚沙罚参。佛囉舍耶。呼

lú hū lú mó là hū lú hū lú xī lì suō là suō là xī lì  
嘘呼嘘摩囉。呼嘘呼嘘醯利。娑囉娑囉。悉唎

xī lì sū lú sū lú pú tí yè pú tí yè pú tuó yè pú tuó  
悉唎。苏嘘苏嘘。菩提夜。菩提夜。菩驮夜菩驮

yè mí dì lì yè nà là jǐnchí dì lì sè ní nà pó yè mó  
夜。弥帝唎夜。那囉谨墀。地利瑟尼那。婆夜摩

nà suō pó hē xī tuó yè suō pó hē mó hē xī tuó yè suō  
那。娑婆诃。悉陀夜。娑婆诃。摩诃悉陀夜。娑

pó hē xī tuó yù yì shì pó là yē suō pó hē nà là jǐnchí  
婆诃。悉陀喻艺。室幡囉耶。娑婆诃。那囉谨墀。

suō pó hē mó là nà là suō pó hē xī là sēng ā mù qié yē  
娑婆诃。摩囉那囉。娑婆诃。悉囉僧阿穆佉耶。

suō pó hē suō pó mó hē ā xī tuó yè suō pó hē zhě jí là  
娑婆诃。娑婆摩诃阿悉陀夜。娑婆诃。者吉囉

ā xī tuó yè suō pó hē bō tuó mó jié xī tuó yè suō pó hē  
阿悉陀夜。娑婆诃。波陀摩羯悉陀夜。娑婆诃。

nà là jǐnchí pó qié là yē suō pó hē mó pó lì shèng jié là  
那囉谨墀幡伽囉耶。娑婆诃。摩婆利胜羯囉

yè suō pó hē nán wú hē là dá nà duō là yè yē nán wú ā  
夜。娑婆诃。南无喝囉怛那哆囉夜耶。南无阿

lì yē pó lú jí dì shuò pó là yè suō pó hē ōng xī  
唎耶。娑嘘吉帝。烁幡囉夜。娑婆诃。唵。悉

diàndōu mànduō là bá tuó yē suō pó hē  
殿都。漫多囉。跋陀耶。娑婆诃。

rú yì bǎolúnwángtuóluó ní  
如意宝轮王陀罗尼

ná mó fó tuó yē ná mó dá mó yē ná mó sēngqié yē ná mó  
南无佛驮耶。南无达摩耶。南无僧伽耶。南无  
guān zì zài pú sà mó hē sà jù dà bēixīnzhě dá zhítuō ōng  
观自在菩萨摩诃萨。具大悲心者。怛姪他。唵。

zhuójié là fá dǐ zhènduō mò ní mó hē bō dēng mí lū lū  
斫羯囉伐底。震多末尼。摩诃鉢蹬谜。噜噜

lū lū dǐ sè zhā shuō là ā jié lì shā yè hōng pō shā hē  
噜噜。底瑟吒。箒囉阿羯利。沙夜哄。娑莎诃。

ōng bō tà mó zhènduō mò ní shuō lā hōng ōng bá lǎ tuó  
唵。鉢蹋摩。震多末尼。箒擺吽。唵跋喇陀。

bō dàn mí hōng  
鉢亶谜吽。

xiāozāi jí xiángshénzhòu  
消灾吉祥神咒

nǎng mó sānmǎnduō mǔ tuónán ā bō là dǐ hē duōshě suō  
曩谟三满哆。母驮喃。阿鉢囉底。贺多舍。娑

nǎngnán dá zhítuō ōng qiéqié qié xī qié xī hōnghōng  
曩喃。怛姪他。唵。佉佉。佉呬。佉呬。吽吽。

rù wā là rù wā là bō là rù wā là bō là rù wā là dǐ  
入嚩囉。入嚩囉。鉢囉入嚩囉。鉢囉入嚩囉。底

sè chà dǐ sè chà sè zhì li sè zhì li suō pō zhā  
瑟姪。底瑟姪。瑟致哩。瑟致哩。娑婆吒。

suō pō zhā shàn dǐ jiā shì li yè suō wā hē  
娑婆吒。扇底迦。室哩曳。娑嚩诃。

gōng dé bǎo shān shén zhòu  
功德宝山神咒

ná mó fó tuó yē ná mó dá mó yē ná mó sēng qié yē ōng  
南无佛驮耶。南无达摩耶。南无僧伽耶。唵。

xī dì hù lū lū xī dū lū zhī lì bō jí lì pó xī dá li  
悉帝护噜噜。悉都噜。祇利波。吉利婆。悉达哩。

bù lū li suō wā hē  
布噜哩。娑嚩诃。

zhǔn tí shén zhòu  
准提神咒

qǐ shǒu guī yī sū xī dì tóu miàn dǐng lǐ qī jù zhī wǒ jīn  
稽首皈依苏悉帝。头面顶礼七俱胝。我今

chēng zàn dà zhǔn tí wéi yuàn cí bēi chuí jiā hù ná mó sà duō  
称赞大准提。唯愿慈悲垂加护。南无飒哆

nán sān miǎo sān pú tuó jù zhī nán dá zhī tuō ōng zhé lì zhǔ  
喃。三藐三菩陀。俱胝喃。怛姪他。唵。折戾主

lì zhǔn tí suō pó hē  
戾。准提娑婆诃。

shèng wú liàng shòu jué dìng guāng míng wáng tuó luó ní  
圣无量寿决定光明王陀罗尼

ōng nà mó bā gě wǎ dì ā bā là mì tà ā yōu li ā nà  
唵捺摩巴葛瓦帝。阿巴囉密沓。阿优哩阿纳。

sū bì nǐ shí zhí tà dié zuǒ là zǎi yě dá tǎ gē dá yě ā  
苏必你实执沓。牒左囉宰也。怛塔哥达也。阿

là hē dì sān yào sān bù dá yě dá nǐ yě tǎ ōng sà li bā  
囉诃帝。三药三不达也。怛你也塔。唵。萨哩巴。

sāng sī gě li bā li shù tà dá là mǎ dì gē gē nà sāng  
桑斯葛哩。叭哩述沓。达囉马帝。哥哥捺。桑

mǎ wù gě dì suō bā wǎ bǐ shù dì mǎ hē nà yě bā li  
马兀哥帝。莎巴瓦。比述帝。马喝捺也。叭哩  
wǎ li suō hē  
瓦哩娑喝。

yàoshīguàndǐngzhēnyán  
药师灌顶真言

ná mó bó qié fá dì pí shāshè jù lū bì liú lí bō lǎ pó  
南无薄伽伐帝。鞞杀社。娑嚕薛琉璃。钵喇婆。  
hē là shé yě dá tuō jiē duō yě ā là hē dì sānmiǎosān bó  
喝囉闍也。怛他揭多也。阿囉喝帝。三藐三勃  
tuó yē dá zhī tuō ōng pí shāshì pí shāshì pí shāshè  
陀耶。怛姪他。唵。鞞杀逝。鞞杀逝。鞞杀社。  
sān mò jiē dì suō hē  
三没揭帝莎诃。

guānyīnlínggǎnzhēnyán  
观音灵感真言

ōng ma ni bēimēihōng ma gě ní yá nà jī dōu tè bā dá jī  
唵嘛呢叭弥吽。嘛葛倪牙纳。积都特巴达。积  
tè xiē nà wēi dá li gě sà ér wò ér tǎ bo li xī tǎ gě  
特些纳。微达哩葛。萨而斡而塔。卜哩悉塔葛。  
nà bǔ là nà nà bo li diū tè bān nà nài ma lú jí shuō  
纳补囉纳。纳卜哩。丢忒班纳。奈嘛嚧吉。说  
là yē suō hē  
囉耶莎诃。

qī fó mièzuìzhēnyán  
七佛灭罪真言

lí pó lí pó dì qiúhē qiúhē dì tuóluó ní dì ní hē là  
离婆离婆帝。求诃求诃帝。陀罗尼帝。尼诃囉

dì pí lí nǐ dì mó hē qié dì zhēnlíngqián dì suō pó hē  
帝。毗黎你帝。摩诃伽帝。真陵乾帝。娑婆诃。

wǎngshēngjìng tǔ shénzhòu  
往生淨土神咒

ná mó ā mí duō pó yè duō tuō qié duō yè duō dì yè tuō ā mí  
南无阿弥多婆夜哆他伽多夜。哆地夜他。阿弥

lì dū pó pí ā mí lì duō xī dān pó pí ā mí lì duō pí  
利都婆毗。阿弥利哆。悉耽婆毗。阿弥唎哆。毗

jiālándì ā mí lì duō pí jiālánduō qié mí nì qié qié nuó  
迦兰帝。阿弥唎哆。毗迦兰多。伽弥腻伽伽那。

zhī duō jiā lì suō pó hē  
枳多迦利。娑婆诃。

dà jí xiángtiān nǚ zhòu  
大吉祥天女咒

ná mó fó tuó ná mó dá mó ná mó sēngqié ná mó shì lì  
南无佛陀。南无达摩。南无僧伽。南无室利。

mó hē tí bí yē dá nǐ yě tuō bō lì fù lóu nà zhē lì sān  
摩诃提鼻耶。怛你也他。波利富楼那。遮利三

màntuó dá shě ní mó hē pí hē luóqié dì sānmàntuó pí ní  
曼陀。达舍尼。摩诃毗诃罗伽帝。三曼陀。毗尼

qié dì mó hē jiā lì yě bō mí bō là bō mí sà lì wā  
伽帝。摩诃迦利野。波禰。波囉。波禰。萨利嚩

lì tuō sānmàntuó xiū bō lí dì fù lì nà ā lì nà dá  
栗他。三曼陀。修鉢犁帝。富隶那。阿利那。达

mó dì mó hē pí gǔ bì dì mó hē mí lè dì lóu bō sēng qí  
摩帝。摩诃毗鼓毕帝。摩诃弥勒帝。娄簸僧祇

dì xiān dì xǐ sēng qí xiān dì sānmàntuó ā tuō ā nòu  
帝。酰帝篋。僧祇酰帝。三曼陀。阿他阿窳。

pó luó ní  
婆罗尼。

bō rě bō luó mì duō xīn jīng  
般若波罗蜜多心经

guān zì zài pú sà xíngshēn bō rě bō luó mì duō shí zhào jiàn  
观自在菩萨。行深般若波罗蜜多时。照见

wǔ yùnjiē kōng dù yí qiè kǔ è shè lì zǐ sè bú yì kōng  
五蕴皆空。度一切苦厄。舍利子。色不异空。

kōng bú yì sè sè jí shì kōng kōng jí shì sè shòu xiǎng  
空不异色。色即是空。空即是色。受想

xíng shí yì fù rú shì shè lì zǐ shì zhū fǎ kōng xiàng bù  
行识亦复如是。舍利子。是诸法空相。不

shēng bù miè bù gòu bù jìng bù zēng bù jiǎn shì gù kōng  
生不灭。不垢不净。不增不减。是故空

zhōng wú sè wú shòu xiǎng xíng shí wú yǎn ěr bí shé shēn yì  
中无色。无受想行识。无眼耳鼻舌身意。

wú sè shēng xiāng wèi chù fǎ wú yǎn jiè nǎi zhì wú yì shí  
无色声香味触法。无眼界。乃至无意识

jiè wú wú míng yì wú wú míng jìn nǎi zhì wú lǎo sǐ yì wú  
界。无无明。亦无无明尽。乃至无老死。亦无

lǎo sǐ jìn wú kǔ jí miè dào wú zhì yì wú dé yì wú suǒ dé  
老死尽。无苦集灭道。无智亦无得。以无所得

gù pú tí sà duō yī bō rě bō luó mì duō gù xīn wú guà ài  
故。菩提萨埵。依般若波罗蜜多故。心无罣碍。

wú guà ài gù wú yǒu kǒng bù yuǎn lí diān dǎo mèng xiǎng jiū  
无罣碍故。无有恐怖。远离颠倒梦想。究

jìng niè pán sān shì zhū fó yī bō rě bō luó mì duō gù dé ā  
竟涅槃。三世诸佛。依般若波罗蜜多故。得阿

nòuduōluósānmiǎosānpútí gùzhībōrěbōluómìduō shì  
耨多罗三藐三菩提。故知般若波罗蜜多。是

dàshénzhòu shì dà míngzhòu shì wú shàngzhòu shì wú děng  
大神咒。是大明咒。是无上咒。是无等

děngzhòu néngchúyíqièkǔ zhēnshíbùxū gùshuōbōrě  
等咒。能除一切苦。真实不虚。故说般若

bōluómìduōzhòu jíshuōzhòuyuējiēdìjiēdì bōluójiē  
波罗蜜多咒。即说咒曰。揭谛揭谛。波罗揭

dì bōluósēngjiēdì pútí sàpóhē  
谛。波罗僧揭谛。菩提萨婆诃。

<sup>合掌</sup>  
móhēbōrěbōluómìduō  
摩诃般若波罗蜜多(三称)

吉祥普佛，请翻到第 134 页

朔望早课，请翻到第 142 页

### zhùyuàn jì 祝愿偈

shàng lái xiàn qián qīng jìng zhòng fěng sòng léng yán zhū pǐn zhòu  
上来现前清净众。讽诵楞严诸品咒。

huí xiàng sān bǎo zhòng lóng tiān shǒu hù qié lán zhū shèng zhòng  
回向三宝众龙天。守护伽蓝诸圣众。

sān tú bā nán jù lí kǔ sì ēn sān yǒu jìn zhān ēn  
三途八难俱离苦。四恩三有尽沾恩。

guó jiè ān níng bīng gé xiāo fēng tiáo yǔ shùn mín ān lè  
国界安宁兵革销。风调雨顺民安乐。

dà zhòng xūn xiū xī shèng jìn shí dì dùn chāo wú nán shì  
大众熏修希胜进。十地顿超无难事。

sānménqīngjìngjuéféiyú tánxìnguīyīzēngfúhuì  
三门清净绝非虞。檀信皈依增福慧。

yàoshī jī  
药师偈

yào shī rú lái liú lí guāng yàn wǎng zhuāng yán wú děng lún  
药师如来琉璃光。燄网庄严无等伦。

wú biān hēng yuàn lì yǒu qíng gè suǐ suǒ qiú jiē bú tuì  
无边行愿利有情。各遂所求皆不退。

ná mó dōng fāng jìng liú lí shì jiè yào shī liú lí guāng rú lái  
南无东方净琉璃世界药师琉璃光如来

ná mó yào shī liú lí guāng rú lái  
南无药师琉璃光如来(绕念)

bàiyuàn  
拜愿

ná mó rì guāng biàn zhào pú sà  
南无日光遍照菩萨(三称)

ná mó yuè guāng biàn zhào pú sà  
南无月光遍照菩萨(三称)

ná mó yào shī hǎi huì fó pú sà  
南无药师海会佛菩萨(三称)

pǔ xián pú sà shí dà yuàn wáng  
普贤菩萨十大愿王

yī zhě lǐ jìng zhū fó èr zhě chēng zàn rú lái sān zhě guǎng  
一者礼敬诸佛。二者称赞如来。三者广

xiū gòng yǎng sì zhě chàn huǐ yè zhàng wǔ zhě suí xǐ gōng dé  
修供养。四者忏悔业障。五者随喜功德。

liù zhě qǐng zhuǎn fǎ lún qī zhě qǐng fó zhù shì bā zhě cháng  
六者请转法轮。七者请佛住世。八者常

suí fó xué jiǔ zhě héng shùn zhòng shēng shí zhě pǔ jiē huí  
随佛学。九者恒顺众生。十者普皆回



xiàng shí fāng sān shì yí qiè fó yí qiè pú sà mó hē sà mó  
 向。十方三世一切佛。一切菩萨摩诃萨。摩  
 hē bō rě bō luó mì  
 散掌  
 诃般若波罗蜜。

sì shēng jiǔ yǒu tóng dēng huá zàng xuán mén bā nǎn sān tú  
 四生九有。同登华藏玄门。八难三途。  
 gòng rù pí lú xìng hǎi  
 共入毗卢性海。

sānguī yī  
三皈依

合掌

zì guī yī fó dāng yuàn zhòng shēng tǐ jiě dà dào fā wú shàng xīn  
 自皈依佛。当愿众生。体解大道。发无上心。

(拜)

zì guī yī fǎ dāng yuàn zhòng shēng shēn rù jīng zàng zhì huì rú hǎi  
 自皈依法。当愿众生。深入经藏。智慧如海。

(拜)

zì guī yī sēng dāng yuàn zhòng shēng tǒng lǐ dà zhòng yí qiè wú ài  
 自皈依僧。当愿众生。统理大众。一切无碍。

hé nán shèng zhòng  
 和南圣众。(拜)

ná mó hù fǎ wéi tuó zūn tiān pú sà  
 南无护法韦驮尊天菩萨 (三称)

dà jí xiáng tiān nǚ zhòu  
 大吉祥天女咒

ná mó fó tuó ná mó dá mó ná mó sēng qié ná mó shì lì  
 南无佛陀。南无达摩。南无僧伽。南无室利。

mó hē tí bí yē dá nǐ yě tuō bō lì fù lóu nà zhē lì sān  
摩诃提鼻耶。怛你也他。波利富楼那。遮利三  
màntuó dá shě ní mó hē pí hē luóqié dì sānmàntuó pí ní  
曼陀。达舍尼。摩诃毗诃罗伽帝。三曼陀。毗尼  
qié dì mó hē jiā lì yě bō mí bō là bō mí sà lì wā  
伽帝。摩诃迦利野。波彌。波囉。波彌。萨利囉  
lì tuō sānmàntuó xiū bō lí dì fù lì nà ā lì nà dá  
栗他。三曼陀。修鉢犁帝。富隶那。阿利那。达  
mó dì mó hē pí gǔ bì dì mó hē mí lè dì lóu bō sēng qí  
摩帝。摩诃毗鼓毕帝。摩诃弥勒帝。娄簸僧祇  
dì xiān dì xǐ sēng qí xiān dì sānmàntuó ā tuō ā nòu  
帝。酰帝筵。僧祇酰帝。三曼陀。阿他阿窳。  
pó luó ní  
婆罗尼。(三遍)

wéituózàn  
韦驮赞

wéi tuó tiān jiāng pú sà huà shēn yōng hù fó fǎ shì hóng shēn  
韦驮天将。菩萨化身。拥护佛法誓弘深。  
bǎochǔzhèn mó jūn gōng dé nán lún qí dǎo fù qún xīn  
宝杵镇魔军。功德难伦。祈祷副羣心。  
nán wú pǔ yǎn pú sà mó hē sà mó hē bō rě bō luó mì  
南无普眼菩萨摩诃萨。摩诃般若波罗蜜。

早课诵毕

shuòwàngzǎokè  
朔望早课

lǐ zǔ  
礼祖

dǐng lǐ xī tiāndōng tǔ lì dài zǔ shī  
顶礼西天东土历代祖师

dǐng lǐ tiānxiàhóngyáng fó fǎ zhū dà shànzhī shí  
顶礼天下弘扬佛法诸大善知识

dǐng lǐ nánshān lǜ zǔ dào xuān lǜ shī  
顶礼南山律祖道宣律师

dǐng lǐ chuánánshānzōngzhū dà lǜ shī  
顶礼传南山宗诸大律师

dǐng lǐ lín jì zhèng zōng nánshān fǎ mài shàn hé zǔ shī  
顶礼临济正宗南山法脉善和祖师

dǐng lǐ chóng xīng nánshān fǎ mài yuán zhuō lǎo hé shàng  
顶礼重兴南山法脉圆拙老和尚

dǐng lǐ ēn shī shàng xué xià chéng dà hé shàng  
顶礼恩师上学下诚大和尚

dǐng lǐ gè rén tán shàng dé jiè shí shī  
顶礼个人坛上得戒十师、

shòu jīng chuán fǎ jí tì dù ēn shī  
授经传法及剃度恩师

shí wéi fó lì nián suì cì yuè shuò wàng dàn liáng chén  
时维佛历 年岁次 月朔 / 望旦良辰。

dà zhòng shī yún jí hé hé pǔ lǐ sān bài  
大众师云集。和合。普礼三拜。

lú xiāngzàn  
炉香赞

lú xiāngzhàruò fǎ jièméng xūn zhū fó hǎihuì xī yáowén  
炉香乍爇。法界蒙熏。诸佛海会悉遥闻。

suí chù jié xiāng yún chéng yì fāng yīn zhū fó xiànrúánshēn  
随处结香云。诚意方殷。诸佛现全身。

ná mó xiāng yún gài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三称）

jiè dìngzhēnxiāngzàn  
戒定真香赞

jiè dìngzhēnxiāng fén qǐ chōngtiānshàng dì zǐ qiánchéng  
戒定真香。焚起冲天上。弟子虔诚。

ruò zài jīn lú shàng qǐng kè fēnyún jí biàn mǎnshí fāng  
爇在金炉上。顷刻纷纭。即遍满十方。

xī rì yē shū miǎn nán xiāo zāi zhàng  
昔日耶输。免难消灾障。

ná mó xiāng yún gài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三称）

wǎn kè  
晚课

ná mó liánchíhǎihuì fó pú sà  
南无莲池海会佛菩萨 (三称)

fó shuō ā mí tuó jīng  
佛说阿弥陀经

rú shì wǒ wén yì shí fó zài shě wèi guó zhī shù jì gū dú yuán  
如是我闻。一时佛在舍卫国。祇树给孤独园。

yǔ dà bǐ qiū sēng qiān èr bǎi wǔ shí rén jù jiē shì dà ā luó  
与大比丘僧。千二百五十人俱。皆是大阿罗

hàn zhòng suǒ zhī shí zhǎng lǎo shě lì fú mó hē mù jiān lián  
汉。众所知识。长老舍利弗。摩诃目犍连。

mó hē jiā shè mó hē jiā zhān yán mó hē jù chī luó lí pó duō  
摩诃迦叶。摩诃迦旃延。摩诃俱絺罗。离婆多。

zhōu lì pán tuó qié nán tuó ā nán tuó luó hóu luó qiáo fàn bō  
周利槃陀伽。难陀。阿难陀。罗睺罗。乔梵波

tí bīn tóu lú pō luó duò jiā liú tuó yì mó hē jiē bīn nà bó  
提。宾头卢颇罗堕。迦留陀夷。摩诃劫宾那。薄

jū luó ā nòng lóu tuó rú shì děng zhū dà dì zǐ bìng zhū pú  
拘罗。阿菟楼驮。如是等诸大弟子。并诸菩

sà mó hē sà wén shū shī lì fǎ wáng zǐ ā yì duō pú sà  
萨摩诃萨。文殊师利法王子。阿逸多菩萨。

qián tuó hē tí pú sà cháng jīng jìn pú sà yǔ rú shì děng zhū  
乾陀诃提菩萨。常精进菩萨。与如是等诸

dà pú sà jí shì tí huán yīn děng wú liàng zhū tiān dà zhòng  
大菩萨。及释提桓因等。无量诸天大众

jù <sup>散</sup>ěr shí fó gào zhǎng lǎo shě lì fú cóng shì xī fāng guò shí  
俱。尔时佛告长老舍利弗。从是西方过十

wàn yì fó tǔ yǒu shì jiè míng yuē jí lè qí tǔ yǒu fó hào ā  
万亿佛土。有世界名曰极乐。其土有佛。号阿

mí tuó jīn xiàn zài shuō fǎ shě lì fú bǐ tǔ hé gù míng wéi  
弥陀。今现在说法。舍利弗。彼土何故名为

jí lè qí guó zhòng shēng wú yǒu zhòng kǔ dàn shòu zhū lè  
极乐。其国众生。无有众苦。但受诸乐。

gù míng jí lè yòu shě lì fú jí lè guó tǔ qī chóng lán shǔn  
故名极乐。又舍利弗。极乐国土。七重栏楯。

qī chóng luó wǎng qī chóng háng shù jiē shì sì bǎo zhōu zā wéi  
七重罗网。七重行树。皆是四宝周匝围

rào shì gù bǐ guó míng wéi jí lè yòu shě lì fú jí lè guó tǔ  
绕。是故彼国名为极乐。又舍利弗。极乐国土。

yǒu qī bǎo chí bā gōng dé shuǐ chōng mǎn qí zhōng chí dǐ  
有七宝池。八功德水。充满其中。池底

chún yǐ jīn shā bù dì sì biān jiē dào jīn yín liú lí bō  
纯以金沙布地。四边阶道。金、银、琉璃、玻

lí hé chéng shàng yǒu lóu gé yì yǐ jīn yín liú lí bō  
璃、合成。上有楼阁。亦以金、银、琉璃、玻

lí chē qú chì zhū mǎ nǎo ér yán shì zhī chí zhōng lián huā  
璃、砗磲、赤珠、玛瑙、而严饰之。池中莲华。

dà rú chē lún qīng sè qīng guāng huáng sè huáng guāng chì  
大如车轮。青色青光。黄色黄光。赤

sè chì guāng bái sè bái guāng wēi miào xiāng jié shě lì fú  
色赤光。白色白光。微妙香洁。舍利弗。

jí lè guó tǔ chéng jiù rú shì gōng dé zhuāng yán yòu shě lì  
极乐国土。成就如是功德庄严。又舍利

fú bǐ fó guó tǔ cháng zuò tiān yuè huáng jīn wéi dì zhòu  
弗。彼佛国土。常作天乐。黄金为地。昼

yè liùshí yǔ tiānmàntuóluóhuā qí tǔ zhòngshēng cháng  
夜六时。雨天曼陀罗华。其土众生。常

yǐ qīngdàn gè yī yī gé chéngzhòngmiào huā gōngyǎng tā  
以清旦。各以衣裓。盛众妙华。供养他

fāngshíwàn yì fó jí yǐ shíshí huándào běnguó fànshí jīng  
方十万亿佛。即以食时。还到本国。饭食经

xíng shě lì fú jí lè guó tǔ chéngjiù rú shìgōng dé  
行。舍利弗。极乐国土。成就如是功德

zhuāngyán fù cì shě lì fú bǐ guó cháng yǒu zhǒng zhǒng qí  
庄严。复次舍利弗。彼国常有种种奇

miào zá sè zhī niǎo bái hè kǒng què yīng wǔ shè lì jiā  
妙杂色之鸟。白鹤、孔雀、鹦鹉、舍利、迦

líng pín qié gòng mìng zhī niǎo shì zhū zhòng niǎo zhòu yè liù  
陵频伽、共命之鸟。是诸众鸟。昼夜六

shí chū hé yǎ yīn qí yīn yǎn chàng wǔ gēn wǔ lì qī pú tí  
时。出和雅音。其音演畅五根、五力、七菩提

fēn bā shèng dào fēn rú shì děng fǎ qí tǔ zhòng shēng wén  
分、八圣道分、如是等法。其土众生。闻

shì yīn yǐ jiē xī niàn fó niàn fǎ niàn sāng shě lì fú rǔ wù  
是音已。皆悉念佛念法念僧。舍利弗。汝勿

wèi cǐ niǎo shí shì zuì bào suǒ shēng suǒ yǐ zhě hé bǐ fó guó  
谓此鸟。实是罪报所生。所以者何。彼佛国

tǔ wú sān è dào shě lì fú qí fó guó tǔ shàng wú è dào  
土。无三恶道。舍利弗。其佛国土。尚无恶道

zhī míng hé kuàng yǒu shí shì zhū zhòng niǎo jiē shì ā mí tuó  
之名。何况有实。是诸众鸟。皆是阿弥陀

fó yù lìng fǎ yīn xuān liú biàn huà suǒ zuò shě lì fú bǐ  
佛。欲令法音宣流。变化所作。舍利弗。彼

fó guó tǔ wēifēngchuīdòng zhūbǎohángshù jí bǎoluówǎng  
佛国土。微风吹动。诸宝行树。及宝罗网。

chūwēimìdoyīn pì rú bǎiqiānzhǒngyuè tóngshí jù zuò wén  
出微妙音。譬如百千种乐。同时俱作。闻

shìyīnzhě zì ránjiēshēngniàn fó niàn fǎ niàn sēng zhī xīn  
是音者。自然皆生念佛念法念僧之心。

shě lì fú qí fó guó tǔ chéng jiù rú shì gōng dé zhuāng yán  
舍利弗。其佛国土成就如是功德庄严。

shě lì fú yú rǔ yì yún hé bǐ fó hé gù hào ā mí tuó shě  
舍利弗。于汝意云何。彼佛何故号阿弥陀。舍

lì fú bǐ fó guāng míng wú liàng zhào shí fāng guó wú suǒ  
利弗。彼佛光明无量。照十方国。无所

zhàng ài shì gù hào wéi ā mí tuó yòu shě lì fú bǐ fó shòu  
障碍。是故号为阿弥陀。又舍利弗。彼佛寿

mìng jí qí rén mín wú liàng wú biān ā sēng qí jié gù míng  
命。及其人民。无量无边阿僧祇劫。故名

ā mí tuó shě lì fú ā mí tuó fó chéng fó yǐ lái yú jīn  
阿弥陀舍利弗。阿弥陀佛。成佛以来。于今

shí jié yòu shě lì fú bǐ fó yǒu wú liàng wú biān shēng wén dì  
十劫。又舍利弗。彼佛有无量无边声闻弟

zǐ jiē ā luó hàn fēi shì suàn shù zhī suǒ néng zhī zhū pú sà  
子。皆阿罗汉。非是算数之所能知。诸菩萨

zhòng yì fù rú shì shě lì fú bǐ fó guó tǔ chéng jiù rú  
众。亦复如是。舍利弗。彼佛国土。成就如

shì gōng dé zhuāng yán yòu shě lì fú jí lè guó tǔ zhòng  
是功德庄严。又舍利弗。极乐国土。众

shēng shēng zhě jiē shì ā pí bá zhì qí zhōng duō yǒu yī  
生生者。皆是阿鞞跋致。其中多有一



shēng bǔ chù qí shùshènduō fēishì suànsùsuǒnéngzhīzhī  
生 补处。其数甚多。非是算数所能知之。

dàn kě yǐ wú liàng wú biān ā sēng qí shuō shě lì fú zhòng  
但可以无量无边阿僧祇说。舍利弗。众

shēngwénzhě yīngdāng fā yuàn yuànshēng bǐ guó suǒ yǐ zhě  
生闻者。应当发愿。愿生彼国。所以者

hé dé yǔ rú shìzhūshàngshàn rén jù huì yí chù shě lì fú  
何。得与如是诸上善人。俱会一处。舍利弗。

bù kě yǐ shǎoshàngēn fú dé yīnyuán dé shēng bǐ guó shě lì  
不可以少善根福德因缘。得生彼国。舍利

fú ruòyǒushànnán zǐ shàn nǚ rén wénshuō ā mí tuó fó zhí  
弗。若有善男子善女人。闻说阿弥陀佛。执

chímíng hào ruò yí rì ruò èr rì ruò sān rì ruò sì rì ruò  
持名号。若一日。若二日。若三日。若四日。若

wǔ rì ruò liù rì ruò qī rì yì xīn bú luàn qí rén lín mìng  
五日。若六日。若七日。一心不乱。其人临命

zhōngshí ā mí tuó fó yǔ zhū shèng zhòng xiànzài qí qián  
终时。阿弥陀佛。与诸圣众。现在其前。

shì rén zhōngshí xīn bù diāndǎo jí dé wǎngshēng ā mí tuó  
是人终时。心不颠倒。即得往生阿弥陀

fó jí lè guó tǔ shě lì fú wǒ jiànshì lì gù shuō cǐ yán  
佛极乐国土。舍利弗。我见是利。故说此言。

ruòyǒuzhòngshēng wénshìshuōzhě yīngdāng fā yuàn shēng  
若有众生。闻是说者。应当发愿。生

bǐ guó tǔ shě lì fú rú wǒ jīnzhě zàntàn ā mí tuó fó bù  
彼国土。舍利弗。如我今者。赞叹阿弥陀佛不

kě sī yì gōng dé zhī lì <sup>合掌</sup> dōngfāng yì yǒu ā chù pí fó xū  
可思议功德之利。东方亦有阿閼鞞佛。须

mí xiàng fó dà xū mí fó xū mí guāng fó miào yīn fó rú  
弥相佛。大须弥佛。须弥光佛。妙音佛。如

shì děng héng hé shā shù zhū fó gè yú qí guó chū guǎng cháng  
是等恒河沙数诸佛。各于其国。出广长

shé xiàng biàn fù sān qiān dà qiān shì jiè shuō chéng shí yán  
舌相。遍覆三千大千世界。说诚实言。

rǔ děng zhòng shēng dāng xìn shì chēng zàn bù kě sī yì gōng dé  
汝等众生。当信是称赞不可思议功德。

yí qiè zhū fó suǒ hù niàn jīng shě lì fú nán fāng shì jiè yǒu  
一切诸佛所护念经。舍利弗。南方世界。有

rì yuè dēng fó míng wén guāng fó dà yàn jiān fó xū mí dēng  
日月灯佛。名闻光佛。大焰肩佛。须弥灯

fó wú liàng jīng jìn fó rú shì děng héng hé shā shù zhū fó  
佛。无量精进佛。如是等恒河沙数诸佛。

gè yú qí guó chū guǎng cháng shé xiàng biàn fù sān qiān dà qiān  
各于其国出广长舌相。遍覆三千大千

shì jiè shuō chéng shí yán rǔ děng zhòng shēng dāng xìn shì  
世界。说诚实言。汝等众生。当信是

chēng zàn bù kě sī yì gōng dé yí qiè zhū fó suǒ hù niàn jīng  
称赞不可思议功德。一切诸佛所护念经。

shě lì fú xī fāng shì jiè yǒu wú liàng shòu fó wú liàng xiàng  
舍利弗。西方世界有无量寿佛。无量相

fó wú liàng chuáng fó dà guāng fó dà míng fó bǎo xiàng  
佛。无量幢佛。大光佛。大明佛。宝相

fó jìng guāng fó rú shì děng héng hé shā shù zhū fó gè yú  
佛。净光佛。如是等恒河沙数诸佛。各于

qí guó chū guǎng cháng shé xiàng biàn fù sān qiān dà qiān shì  
其国。出广长舌相。遍覆三千大千世

jiè shuōchéngshíyán rǔděngzhòngshēng dāngxìnshìchēng  
界。说 诚 实 言。汝 等 众 生。当 信 是 称

zàn bù kě sī yì gōng dé yí qièzhū fó suǒ hù niànjīng shě  
赞 不 可 思 议 功 德。一 切 诸 佛 所 护 念 经。舍

lì fú běifāngshìjiè yǒuyànjiān fó zuìshèngyīn fó nán  
利 弗。北 方 世 界。有 焰 肩 佛。最 胜 音 佛。难

jǔ fó rì shēng fó wǎngmíng fó rú shìděnghéng hé shā  
沮 佛。日 生 佛。网 明 佛。如 是 等 恒 河 沙

shùzhū fó gè yú qí guó chūguǎngchángshéxiàng biàn fù  
数 诸 佛。各 于 其 国。出 广 长 舌 相。遍 覆

sānqiān dà qiānshìjiè shuōchéngshíyán rǔděngzhòngshēng  
三 千 大 千 世 界。说 诚 实 言。汝 等 众 生

dāngxìnshìchēngzàn bù kě sī yì gōng dé yí qièzhū fó suǒ  
当 信 是 称 赞 不 可 思 议 功 德。一 切 诸 佛 所

hù niànjīng shě lì fú xiàfāngshìjiè yǒushī zī fó míng  
护 念 经。舍 利 弗。下 方 世 界。有 师 子 佛。名

wén fó míngguāng fó dá mó fó fǎ chuáng fó chí fǎ fó  
闻 佛。名 光 佛。达 摩 佛。法 幢 佛。持 法 佛。

rú shìděnghéng hé shāshùzhū fó gè yú qí guó chūguǎng  
如 是 等 恒 河 沙 数 诸 佛。各 于 其 国。出 广

chángshéxiàng biàn fù sānqiān dà qiānshìjiè shuōchéngshí  
长 舌 相。遍 覆 三 千 大 千 世 界。说 诚 实

yán rǔděngzhòngshēng dāngxìnshìchēngzàn bù kě sī yì  
言。汝 等 众 生。当 信 是 称 赞 不 可 思 议

gōng dé yí qièzhū fó suǒ hù niànjīng shě lì fú shàngfāng  
功 德。一 切 诸 佛 所 护 念 经。舍 利 弗。上 方

shìjiè yǒufānyīn fó sù wáng fó xiāngshàng fó xiāng  
世 界。有 梵 音 佛。宿 王 佛。香 上 佛。香

guāng fó dà yàn jiān fó zá sè bǎo huā yán shēn fó suō luó  
光佛。大焰肩佛。杂色宝华严身佛。娑罗  
shù wáng fó bǎo huá dé fó jiàn yī qiè yì fó rú xū mí shān  
树王佛。宝华德佛。见一切义佛。如须弥山  
fó rú shì děng héng hé shā shù zhū fó gè yú qí guó chū  
佛。如是等恒河沙数诸佛。各于其国。出  
guǎng cháng shé xiāng biàn fù sān qiān dà qiān shì jiè shuō  
广长舌相。遍覆三千大千世界。说  
chéng shí yán nǚ děng zhòng shēng dāng xìn shì chēng zàn bù kě  
诚实言。汝等众生。当信是称赞不可  
sī yì gōng dé yī qiè zhū fó suǒ hù niàn jīng shě lì fú yú  
思议功德。一切诸佛所护念经。舍利弗。于  
rǔ yì yún hé hé gù míng wéi yī qiè zhū fó suǒ hù niàn jīng  
汝意云何。何故名为一切诸佛所护念经。  
shě lì fú ruò yǒu shàn nán zǐ shàn nǚ rén wén shì jīng shòu chí  
舍利弗。若有善男子善女人。闻是经受持  
zhě jí wén zhū fó míng zhě shì zhū shàn nán zǐ shàn nǚ rén  
者。及闻诸佛名者。是诸善男子善女人。  
jiē wéi yī qiè zhū fó zhī suǒ hù niàn jiē dé bù tuì zhuǎn yú ā  
皆为一一切诸佛之所护念。皆得不退转于阿  
nòu duō luó sān miǎo sān pú tí shì gù shě lì fú rǔ děng jiē  
耨多罗三藐三菩提。是故舍利弗。汝等皆  
dāng xìn shòu wǒ yǔ jí zhū fó suǒ shuō shě lì fú ruò yǒu rén  
当信受我语。及诸佛所说。舍利弗。若有人  
yī fā yuàn jīn fā yuàn dāng fā yuàn yù shēng ā mí tuó fó  
已发愿。今发愿。当发愿。欲生阿弥陀佛  
guó zhě shì zhū rén děng jiē dé bù tuì zhuǎn yú ā nòu duō luó  
国者。是诸人等。皆得不退转于阿耨多罗

sānmiǎosān pú tí yú bǐ guó tǔ ruò yǐ shēng ruò jīn shēng  
三藐三菩提。于彼国土。若已生。若今生。

ruò dāng shēng shì gù shě lì fú zhū shàn nán zǐ shàn nǚ rén  
若当生。是故舍利弗。诸善男子善女人。

ruò yǒu xìn zhě yīng dāng fā yuàn shēng bǐ guó tǔ shě lì fú  
若有信者。应当发愿。生彼国土。舍利弗。

rú wǒ jīn zhě chēng zàn zhū fó bù kě sī yì gōng dé bǐ zhū  
如我今者。称赞诸佛不可思议功德。彼诸  
fó děng yì chēng zàn wǒ bù kě sī yì gōng dé ér zuò shì yán  
佛等。亦称赞我不可思议功德。而作是言。

shì jiā móu ní fó néng wéi shèn nán xī yǒu zhī shì néng yú suō  
释迦牟尼佛。能为甚难希有之事。能于娑

pó guó tǔ wǔ zhuó è shì jié zhuó jiàn zhuó fán nǎo zhuó  
婆国土五浊恶世。劫浊。见浊。烦恼浊。

zhòng shēng zhuó mìng zhuó zhōng dé ā nù duō luó sān miǎo sān  
众生浊。命浊中。得阿耨多罗三藐三

pú tí wéi zhū zhòng shēng shuō shì yī qiè shì jiān nán xìn zhī  
菩提。为诸众生。说是一切世间难信之

fǎ shě lì fú dāng zhī wǒ yú wǔ zhuó è shì xíng cǐ nán shì  
法。舍利弗。当知我于五浊恶世行此难事。

dé ā nù duō luó sān miǎo sān pú tí wèi yī qiè shì jiān shuō cǐ  
得阿耨多罗三藐三菩提。为一切世间说此

nán xìn zhī fǎ shì wéi shèn nán fó shuō cǐ jīng yǐ shě lì  
难信之法。是为甚难。佛说此经已。舍利

fú jí zhū bī qiū yī qiè shì jiān tiān rén ā xiū luó děng wén  
弗及诸比丘。一切世间天人阿修罗等。闻

fó suǒ shuō huān xǐ xìn shòu zuò lǐ ér qù  
佛所说。欢喜信受。作礼而去。

fó shuō ā mí tuó jīng bá yī qiè yè zhàng gēn běn dé shēng jìng tǔ tuó  
佛说阿弥陀经拔一切业障根本得生净土陀

luó ní  
罗尼

ná mó ā mí duō pó yè duō tuō qié duō yè duō dì yè tuō  
南无阿弥多婆夜。哆他伽多夜。哆地夜他。

ā mí lì dū pó pí ā mí lì duō xī dān pó pí  
阿弥利都婆毗。阿弥利哆。悉耽婆毗。

ā mí lì duō pí jiā lán dì ā mí lì duō pí jiā lán duō  
阿弥唎哆。毗伽兰帝。阿弥唎哆。毗伽兰多。

qié mí nì qié qié nuó zhī duō jiā lì suō pó hē  
伽弥膩。伽伽那积多迦利。娑婆诃。（三遍）

晚课接续，请翻到第 120 页《蒙山施食仪》

lǐ fó dà chàn huǐ wén  
礼佛大忏悔文

dà cí dà bēi mǐn zhòng shēng dà xǐ dà shě jì hán shí  
大慈大悲愍众生。大喜大舍济含识。

xiàng hǎo guāng míng yǐ zì yán zhòng děng zhì xīnguī mìng lǐ  
相好光明以自严。众等至心皈命礼。

ná mó guī yī jīngāng shàng shī  
南无皈依金刚上师

guī yī fó guī yī fǎ guī yī sēng  
皈依佛。皈依法。皈依僧。

wǒ jīn fā xīn bú wèi zì qiú rén tiān fú bào shēng wén yuán jué  
我今发心。不为自求。人天福报。声闻缘觉。

nǎi zhì quán shèng zhū wèi pú sà wéi yī zuì shàng shèng  
乃至权乘。诸位菩萨。唯依最上乘。

fā pú tí xīn yuàn yǔ fǎ jiè zhòng shēng yì shí tóng dé  
发菩提心。愿与法界众生。一时同得。

ā nòu duō luó sān miǎo sān pú tí  
阿耨多罗三藐三菩提。

ná mó guī yī shí fāng jìn xū kōng jiè yī qiè zhū fó  
南无皈依十方尽虚空界一切诸佛

ná mó guī yī shí fāng jìn xū kōng jiè yī qiè zūn fǎ  
南无皈依十方尽虚空界一切尊法

ná mó guī yī shí fāng jìn xū kōng jiè yī qiè xián shèng sēng  
南无皈依十方尽虚空界一切贤圣僧

ná mó rú lái yīng gòng zhèng biàn zhī míng xíng zú shàn shì  
南无如来应供。正遍知。明行足。善逝

shì jiān jiě wú shàng shì tiáo yù zhàng fū tiān rén shī fó  
世间解。无上士。调御丈夫。天人师。佛

shì zūn  
世尊。

ná mó pǔ guāng fó  
南无普光佛

ná mó pǔ míng fó  
南无普明佛

ná mó pǔ jìng fó  
南无普净佛

ná mó duō mó luó bá zhān tán xiāng fó  
南无多摩罗跋耨檀香佛

ná mó zhān tán guāng fó  
南无耨檀光佛

ná mó mó ní chuáng fó  
南无摩尼幢佛

ná mó huān xǐ zàng mó ní bǎo jī fó  
南无欢喜藏摩尼宝积佛

ná mó yī qiè shì jiān lè jiàn shàng dà jīng jìn fó  
南无一切世间乐见上大精进佛

ná mó mó ní chuáng dēng guāng fó  
南无摩尼幢灯光佛

ná mó huì jù zhào fó  
南无慧炬照佛

ná mó hǎi dé guāng míng fó  
南无海德光明佛

ná mó jīng āng lǎo qiáng pǔ sǎn jīn guāng fó  
南无金刚牢强普散金光佛

ná mó dà qiáng jīng jìn yǒng měng fó  
南无大强精进勇猛佛



ná mó dà bēiguāng fó  
南无大悲光佛

ná mó cí lì wáng fó  
南无慈力王佛

ná mó cí zàng fó  
南无慈藏佛

ná mó zhān tán kū zhuāngyánshèng fó  
南无栴檀窟庄严胜佛

ná mó xiánshànshǒu fó  
南无贤善首佛

ná mó shàn yì fó  
南无善意佛

ná mó guǎngzhuāngyánwáng fó  
南无广庄严王佛

ná mó jīnhuāguāng fó  
南无金华光佛

ná mó bǎogàizhàokōng zì zài lì wáng fó  
南无宝盖照空自在力王佛

ná mó xū kōngbǎohuāguāng fó  
南无虚空宝华光佛

ná mó liú lí zhuāngyánwáng fó  
南无琉璃庄严王佛

ná mó pǔ xiàn sè shēnguāng fó  
南无普现色身光佛

ná mó bù dòngzhìguāng fó  
南无不动智光佛

ná mó xiáng fú zhòng mó wáng fó  
南无降伏众魔王佛

ná mó cáiguāngmíng fó  
南无才光明佛

ná mó zhìhuìshèng fó  
南无智慧胜佛

ná mó mí lè xiānguāng fó  
南无弥勒仙光佛

ná mó shàn jì yuè yīn miào zūn zhì wáng fó  
南无善寂月音妙尊智王佛

ná mó shì jìngguāng fó  
南无世净光佛

ná mó lóng zhǒng shàng zūn wáng fó  
南无龙种上尊王佛

ná mó rì yuèguāng fó  
南无日月光佛

ná mó rì yuè zhūguāng fó  
南无日月珠光佛

ná mó huì chuáng shèng wáng fó  
南无慧幢胜王佛

ná mó shī zǐ hóu zì zài lì wáng fó  
南无狮子吼自在力王佛

ná mó miào yīn shèng fó  
南无妙音胜佛

ná mó chángguāng chuáng fó  
南无常光幢佛

ná mó guānshìdēng fó  
南无观世灯佛

ná mó huì wēi dēng wáng fó  
南无慧威灯王佛

ná mó fǎ shèngwáng fó  
南无法胜王佛

ná mó xū mí guāng fó  
南无须弥光佛

ná mó xū màn nǚ huā guāng fó  
南无须曼那华光佛

ná mó yōu tǎn bō luó huā shū shèngwáng fó  
南无优坛钵罗华殊胜王佛

ná mó dà huì lì wáng fó  
南无大慧力王佛

ná mó ā chù pí huān xǐ guāng fó  
南无阿闍毗欢喜光佛

ná mó wú liàng yīn shēng wáng fó  
南无无量音声王佛

ná mó cái guāng fó  
南无才光佛

ná mó jīn hǎi guāng fó  
南无金海光佛

ná mó shān hǎi huì zì zài tōng wáng fó  
南无山海慧自在通王佛

ná mó dà tōng guāng fó  
南无大通光佛

ná mó yī qiè fǎ cháng mǎn wáng fó  
南无一切法常满王佛

ná mó shì jiā móu ní fó  
南无释迦牟尼佛

ná mó jīng āng bú huài fó  
南无金刚不坏佛

ná mó bǎoguāng fó  
南无宝光佛

ná mó lóngzūnwáng fó  
南无龙尊王佛

ná mó jīngjìnjūn fó  
南无精进军佛

ná mó jīngjìn xǐ fó  
南无精进喜佛

ná mó bǎohuǒ fó  
南无宝火佛

ná mó bǎoyuèguāng fó  
南无宝月光佛

ná mó xiànwúyú fó  
南无现无愚佛

ná mó bǎoyuè fó  
南无宝月佛

ná mó wúgòu fó  
南无无垢佛

ná mó lígòu fó  
南无离垢佛

ná mó yǒngshī fó  
南无勇施佛

ná mó qīngjìng fó  
南无清净佛

ná mó qīngjìngshī fó  
南无清净施佛

ná mó suōliú nà fó  
南无娑留那佛

ná mó shuǐtiān fó  
南无 水 天 佛

ná mó jiān dé fó  
南无 坚 德 佛

ná mó zhān tángōng dé fó  
南无 栴 檀 功 德 佛

ná mó wú liàng jū guāng fó  
南无 无 量 掬 光 佛

ná mó guāng dé fó  
南无 光 德 佛

ná mó wú yōu dé fó  
南无 无 忧 德 佛

ná mó nà luó yán fó  
南无 那 罗 延 佛

ná mó gōng dé huā fó  
南无 功 德 华 佛

ná mó lián huā guāng yóu xì shén tōng fó  
南无 莲 华 光 游 戏 神 通 佛

ná mó cái gōng dé fó  
南无 财 功 德 佛

ná mó dé niàn fó  
南无 德 念 佛

ná mó shàn míng chēng gōng dé fó  
南无 善 名 称 功 德 佛

ná mó hóng yàn dì chuáng wáng fó  
南无 红 焰 帝 幢 王 佛

ná mó shàn yóu bù gōng dé fó  
南无 善 游 步 功 德 佛

ná mó dòuzhànshèng fó  
南无斗战胜佛

ná mó shànyóu bù fó  
南无善游步佛

ná mó zhōu zā zhuāngyángōng dé fó  
南无周匝庄严功德佛

ná mó bǎohuāyóu bù fó  
南无宝华游步佛

ná mó bǎoliánhuāshànzhùsuōluóshùwáng fó  
南无宝莲华善住娑罗树王佛

ná mó fǎ jièzàngshēn ā mí tuó fó  
南无法界藏身阿弥陀佛

rú shìděng yí qièshìjiè zhū fó shìzūn chángzhùzài shì  
如是等。一切世界。诸佛世尊。常住在世。

shìzhūshìzūn dāng cí niàn wǒ ruò wǒ cǐ shēng ruò wǒ qián  
是诸世尊。当慈念我。若我此生。若我前

shēng cóng wú shǐshēng sǐ yǐ lái suǒzuòzhòngzuì ruò zì  
生。从无始生死以来。所作众罪。若自

zuò ruòjiào tā zuò jiànzuòsuí xǐ ruò tǎ ruòsēng ruò sì  
作。若教他作。见作随喜。若塔若僧。若四

fāngsēng wù ruò zì qǔ ruòjiào tā qǔ jiàn qǔ suí xǐ wǔ  
方僧物。若自取。若教他取。见取随喜。五

wú jiànzuì ruò zì zuò ruòjiào tā zuò jiànzuòsuí xǐ  
无间罪。若自作。若教他作。见作随喜。

shí bú shàn dào ruò zì zuò ruòjiào tā zuò jiànzuòsuí xǐ  
十不善道。若自作。若教他作。见作随喜。

suǒzuòzuìzhàng huòyǒu fù cáng huò bú fù cáng yīngduò dì  
所作罪障。或有覆藏。或不覆藏。应堕地

yù è guǐchùshēng zhū yú è qù biāndì xiàjiàn jí miè  
狱。饿鬼畜生。诸余恶趣。边地下贱。及蔑

lì chē rú shìděngchù suǒzuòzuìzhàng jīnjiēchànhuī  
戾车。如是等处。所作罪障。今皆忏悔。

jīnzhū fó shìzūn dāngzhèngzhī wǒ dāng yì niàn wǒ wǒ fù  
今诸佛世尊。当证知我。当忆念我。我复

yú zhū fó shìzūnqián zuò rú shìyán ruò wǒ cǐ shēng ruò  
于诸佛世尊前。作如是言。若我此生。若

wǒ yú shēng céngxíng bù shǐ huòshǒujìngjiè nǎizhìshī  
我余生。曾行布施。或守净戒。乃至施

yǔ chùshēng yì tuánzhīshí huòxiūjìngxíng suǒyǒushàngēn  
与畜生。一抔之食。或修净行。所有善根。

chéngjiùzhòngshēng suǒyǒushàngēn xiūxíng pú tí suǒyǒu  
成就众生。所有善根。修行菩提。所有

shàngēn jí wú shàngzhì suǒyǒushàngēn yì qièhé jí  
善根。及无上智。所有善根。一切合集。

jiào jì chóuliàng jiē xī huíxiàng ā nòuduōluósānmiǎosān  
校计筹量。皆悉回向。阿耨多罗三藐三

pú tí rú guò qù wèilái xiànzàizhū fó suǒzuòhuíxiàng  
菩提。如过去未来。现在诸佛。所作回向。

wǒ yì rú shìhuíxiàng zhòngzuìjiēchànhuī zhū fú jìnsuí xǐ  
我亦如是回向。众罪皆忏悔。诸福尽随喜。

jí qǐng fó gōng dé yuànchéng wú shàngzhì qù lái xiànzài fó  
及请佛功德。愿成无上智。去来现在佛。

yú zhòngshēngzuìshèng wú liànggōng dé hǎi wǒ jīnguī  
于众生最胜。无量功德海。我今皈

mìng lǐ  
命礼。

suǒ yǒu shí fāng shì jiè zhōng sān shì yī qiè rén shī zǐ  
所有十方世界中。三世一切人师子。

wǒ yǐ qīng jìng shēn yǔ yì yī qiè biàn lǐ jìn wú yú  
我以清净身语意。一切遍礼尽无余。

pǔ xián hènɡ yuàn wēi shén lì pǔ xiàn yī qiè rú lái qián  
普贤行愿威神力。普现一切如来前。

yī shēn fù xiàn chà chén shēn yī yī biàn lǐ chà chén fó  
一身复现刹尘身。一一遍礼刹尘佛。

yú yī chén zhōng chén shù fó gè chù pú sà zhòng huì zhōng  
於一尘中尘数佛。各处菩萨众会中。

wú jìn fǎ jiè chén yì rán shēn xìn zhū fó jiē chōng mǎn  
无尽法界尘亦然。深信诸佛皆充满。

gè yǐ yī qiè yīn shēng hǎi pǔ chū wú jìn miào yán cí  
各以一切音声海。普出无尽妙言辞。

jìn yú wèi lái yī qiè jié zàn fó shēn shēn gōng dé hǎi  
尽于未来一切劫。赞佛甚深功德海。

yǐ zhū zuì shèng miào huā mǎn jì yuè tú xiāng jí sǎn gài  
以诸最胜妙华鬘。伎乐涂香及伞盖。

rú shì zuì shèng zhuāng yán jù wǒ yǐ gòng yǎng zhū rú lái  
如是最胜庄严具。我以供养诸如来。

zuì shèng yī fú zuì shèng xiāng mò xiāng shāo xiāng yǔ dēng zhú  
最胜衣服最胜香。末香烧香与灯烛。

yī yī jiē rú miào gāo jù wǒ xī gòng yǎng zhū rú lái  
一一皆如妙高聚。我悉供养诸如来。

wǒ yǐ guǎng dà shèng jiě xīn shēn xìn yī qiè sān shì fó  
我以广大胜解心。深信一切三世佛。

xī yǐ pǔ xián hènɡ yuàn lì pǔ biàn gòng yǎng zhū rú lái  
悉以普贤行愿力。普遍供养诸如来。



wǒ xī suǒ zào zhū è yè jiē yóu wú shǐ tān chēn chí  
我昔所造诸恶业。皆由无始贪嗔痴。

cóng shēn yǔ yì zhī suǒ shēng yí qiè wǒ jīn jiē chàn huī  
从身语意之所生。一切我今皆忏悔。

shí fāng yí qiè zhū zhòng shēng èr shèng yǒu xué jí wú xué  
十方一切诸众生。二乘有学及无学。

yí qiè rú lái yǔ pú sà suǒ yǒu gōng dé jiē suí xǐ  
一切如来与菩萨。所有功德皆随喜。

shí fāng suǒ yǒu shì jiān dēng zuì chū chéng jiù pú tí zhě  
十方所有世间灯。最初成就菩提者。

wǒ jīn yí qiè jiē quàn qǐng zhuǎn yú wú shàng miào fǎ lún  
我今一切皆劝请。转于无上妙法轮。

zhū fó ruò yù shì niè pán wǒ xī zhì chéng ér quàn qǐng  
诸佛若欲示涅槃。我悉至诚而劝请。

wéi yuàn jiǔ zhù chà chén jié lì lè yí qiè zhū zhòng shēng  
唯愿久住刹尘劫。利乐一切诸众生。

suǒ yǒu lǐ zàn gòng yǎng fú qǐng fó zhù shì zhuǎn fǎ lún  
所有礼赞供养福。请佛住世转法轮。

suí xǐ chàn huī zhū shàn gēn huí xiàng zhòng shēng jí fó dào  
随喜忏悔诸善根。回向众生及佛道。

yuàn jiāng yǐ cǐ shèng gōng dé huí xiàng wú shàng zhēn fǎ jiè  
愿将以此胜功德。回向无上真法界。

xìng xiàng fó fǎ jí sāng qié èr dì róng tōng sān mèi yìn  
性相佛法及僧伽。二谛融通三昧印。

rú shì wú liàng gōng dé hǎi wǒ jīn jiē xī jìn huí xiàng  
如是无量功德海。我今皆悉尽回向。

suǒ yǒu zhòng shēng shēn kǒu yì jiàn huò tán bàng wǒ fǎ děng  
所有众生身口意。见惑弹谤我法等。

rú shì yí qiè zhū yè zhàng xī jiē xiāo miè jìn wú yú  
如是一切诸业障。悉皆消灭尽无余。

niànniànzhì zhōu yú fǎ jiè guǎng dù zhòng shēng jiē bú tuì  
念念智周于法界。广度众生皆不退。

nǎi zhì xū kōng shì jiè jìn zhòng shēng jí yè fán nǎo jìn  
乃至虚空世界尽。众生及业烦恼尽。

rú shì sì fǎ guǎng wú biān yuàn jīn huí xiàng yì rú shì  
如是四法广无边。愿今回向亦如是。

ná mó dà hòng pǔ xián pú sà  
南无大行普贤菩萨（三称）

méngshānshīshí yí  
● 蒙山施食仪

ruò rén yù liǎo zhī sān shì yī qiè fó yīng guān fǎ jiè xìng  
若人欲了知。三世一切佛。应观法界性。

yī qiè wéi xīn zào  
一切唯心造。(三遍)

pò dì yù zhēn yán  
破地狱真言

ōng qié là dì yē suō pó hē  
唵伽囉帝耶娑婆诃(三遍)

pǔ zhào qǐng zhēn yán  
普召请真言

ná mó bù bù dì lì qié lì duō lì dá duō yé duō yē  
南无部部帝唎伽哩哆哩怛哆讖哆耶(三遍)

jiě yuàn jié zhēn yán  
解怨结真言

ōng sān tuó là qié tuó suō pó hē  
唵三陀囉伽陀娑婆诃(三遍)

ná mó dà fāng guǎng fó huá yán jīng  
南无大方广佛华严经(三遍)

ná mó cháng zhù shí fāng fó  
南无常住十方佛

ná mó cháng zhù shí fāng fǎ  
南无常住十方法

ná mó cháng zhù shí fāng sēng  
南无常住十方僧

ná mó běn shī shì jiā móu ní fó  
南无本师释迦牟尼佛

ná mó dà bēiguānshīyīn pú sà  
南无大悲观世音菩萨

ná mó míngyáng jiù kǔ dì zàngwáng pú sà  
南无冥阳救苦地藏王菩萨

ná mó qǐ jiào ā nàntuó zūnzhě  
南无启教阿难陀尊者

(三遍)

guī yī fó guī yī fǎ guī yī sēng guī yī fó liǎng zú zūn  
皈依佛。皈依法。皈依僧。皈依佛两足尊。

guī yī fǎ lí yù zūn guī yī sēng zhòng zhōng zūn  
皈依法离欲尊。皈依僧众中尊。

guī yī fó jìng guī yī fǎ jìng guī yī sēng jìng (三遍)  
皈依佛竟。皈依法竟。皈依僧竟。(三遍)

fó zǐ suǒ zào zhū è yè jiē yóu wú shǐ tān chēn chī  
佛子所造诸恶业。皆由无始贪嗔痴。

cóng shēn yǔ yì zhī suǒ shēng yí qiè fó zǐ jiē chàn huǐ  
从身语意之所生。一切佛子皆忏悔。

yǒu qíng suǒ zào zhū è yè jiē yóu wú shǐ tān chēn chī  
有情所造诸恶业。皆由无始贪嗔痴。

cóng shēn yǔ yì zhī suǒ shēng yí qiè yǒu qíng jiē chàn huǐ  
从身语意之所生。一切有情皆忏悔。

gū hún suǒ zào zhū è yè jiē yóu wú shǐ tān chēn chī  
孤魂所造诸恶业。皆由无始贪嗔痴。

cóng shēn yǔ yì zhī suǒ shēng yí qiè gū hún jiē chàn huǐ  
从身语意之所生。一切孤魂皆忏悔。

zhòng shēng wú biān shì yuàn dù fán nǎo wú jìn shì yuàn duàn  
众生无边誓愿度。烦恼无尽誓愿断。

fǎ mén wú liàng shì yuàn xué fó dào wú shàng shì yuàn chéng  
法门无量誓愿学。佛道无上誓愿成。

(三遍)

zì xìng zhòng shēng shì yuàn dù zì xìng fán nǎo shì yuàn duàn  
自性众生誓愿度。自性烦恼誓愿断。

zì xìng fǎ mén shì yuàn xué zì xìng fó dào shì yuàn chéng  
自性法门誓愿学。自性佛道誓愿成。

(三遍)

dì zàng pú sà miè dìng yè zhēnyán  
地藏菩萨灭定业真言

ōng bō là mò lín tuó níng suǒ pó hē  
唵钵囉末隣陀宁娑婆诃 (三遍)

guānyīn pú sà miè yè zhàng zhēnyán  
观音菩萨灭业障真言

ōng ā lū lè jì suǒ pó hē  
唵阿噜勒继娑婆诃 (三遍)

kāiyānhóuzhēnyán  
开咽喉真言

ōng bù bù dī lǐ qiéduō lǐ dá duō yé duō yē  
唵步步底哩伽哆哩怛哆识哆耶 (三遍)

sānmèi yē jiè zhēnyán  
三昧耶戒真言

ōng sānmèi yē sà duǒwàn  
唵三昧耶萨埵鍘 (三遍)

biànshízhēnyán

变食真言（三遍）

ná mó sà wā dá tuō yé duō wā lū zhī dì ōngsān bá là sān bá là hōng  
南无萨嚩怛他识哆嚩嚩枳帝唵三跋囉三跋囉吽

gān lù shuǐzhēnyán

甘露水真言

ná mó sū lū pó yē dá tuō yé duō yē dá zhī tuō ōng sū lū sū lū  
南无苏噜婆耶怛他识哆耶怛姪他唵苏噜苏噜

bō là sū lū bō là sū lū suō pó hē  
鉢囉苏噜鉢囉苏噜娑婆诃（三遍）

yī zì shuǐlúnzhēnyán

一字水轮真言

ōngwànwànwànwànwàn

唵鍍鍍鍍鍍鍍（三遍）

rǔ hǎizhēnyán

乳海真言

ná mó sānmǎnduō mò tuónánōngwàn

南无三满哆没驮喃唵鍍（三遍）

qī rú lái shèng hào

七如来圣号

ná mó duō bǎo rú lái ná mó bǎo shèng rú lái  
南无多宝如来。南无宝胜如来。

ná mó miào sè shēn rú lái ná mó guǎng bó shēn rú lái  
南无妙色身如来。南无广博身如来。

ná mó lí bù wèi rú lái ná mó gān lù wáng rú lái  
南无离怖畏如来。南无甘露王如来。

ná mó ā mí tuó rú lái  
南无阿弥陀如来。（三遍）

shén zhòu jiā chí jìng fǎ shí pǔ shī hé shā zhòng fó zǐ  
神咒加持净法食。普施河沙众佛子。

yuàn jiē bǎo mǎn shě qiǎn tān sù tuō yōu míng shēng jìng tǔ  
愿皆饱满舍悭贪。速脱幽冥生净土。

guī yī sān bǎo fā pú tí jiū jìng dé chéng wú shàng dào  
皈依三宝发菩提。究竟得成无上道。

gōng dé wú biān jìn wèi lái yí qiè fó zǐ tóng fǎ shí  
功德无边尽未来。一切佛子同法食。

shén zhòu jiā chí fǎ shī shí pǔ shī hé shā zhòng yǒu qíng  
神咒加持法施食。普施河沙众有情。

yuàn jiē bǎo mǎn shě qiǎn tān sù tuō yōu míng shēng jìng tǔ  
愿皆饱满舍悭贪。速脱幽冥生净土。

guī yī sān bǎo fā pú tí jiū jìng dé chéng wú shàng dào  
皈依三宝发菩提。究竟得成无上道。

gōng dé wú biān jìn wèi lái yí qiè yǒu qíng tóng fǎ shí  
功德无边尽未来。一切有情同法食。

shén zhòu jiā chí gān lù shuǐ pǔ shī hé shā zhòng gū hún  
神咒加持甘露水。普施河沙众孤魂。

yuàn jiē bǎo mǎn shě qiǎn tān sù tuō yōu míng shēng jìng tǔ  
愿皆饱满舍悭贪。速脱幽冥生净土。

guī yī sān bǎo fā pú tí jiū jìng dé chéng wú shàng dào  
皈依三宝发菩提。究竟得成无上道。

gōng dé wú biān jìn wèi lái yí qiè gū hún tóng fǎ shí  
功德无边尽未来。一切孤魂同法食。

rǔ děng fó zǐ zhòng wǒ jīn shī rǔ gòng cǐ shí biàn shí fāng  
汝等佛子众。我今施汝供。此食遍十方。

yí qiè fó zǐ gòng yuàn yǐ cǐ gōng dé pǔ jí yú yí qiè  
一切佛子共。愿以此功德。普及于一切。

shī shí yú fó zǐ jiē gòng chéng fó dào rǔ děng yǒu qíng zhòng  
施食于佛子。皆共成佛道。汝等有情众。

wǒ jīn shī rǔ gòng cǐ shí biàn shí fāng yí qiè yǒu qíng gòng  
我今施汝供。此食遍十方。一切有情共。

yuàn yǐ cǐ gōng dé pǔ jí yú yí qiè shī shí yú yǒu qíng  
愿以此功德。普及于一切。施食于有情。

jiē gòng chéng fó dào rǔ děng gū hún zhòng wǒ jīn shī rǔ gòng  
皆共成佛道。汝等孤魂众。我今施汝供。

cǐ shí biàn shí fāng yí qiè gū hún gòng yuàn yǐ cǐ gōng dé  
此食遍十方。一切孤魂共。愿以此功德。

pǔ jí yú yí qiè shī shí yú gū hún jiē gòng chéng fó dào  
普及于一切。施食于孤魂。皆共成佛道。

shī wú zhē shí zhēn yán  
施无遮食真言

ōng mù lì líng suō pó hē  
唵穆力陵娑婆诃（三遍）

pǔ gòng yǎng zhēn yán  
普供养真言

ōng yé yé nǎng sān pó wā wā rì là hú  
唵诃诃曩三婆嚩鞞日囉斛（三遍）

bō rě bō luó mì duō xīn jīng  
般若波罗蜜多心经

guān zì zài pú sà xíng shēn bō rě bō luó mì duō shí zhào jiàn  
观自在菩萨。行深般若波罗蜜多时。照见

wǔ yù jiē kōng dù yí qiè kǔ è shè lì zǐ sè bú yì kōng  
五蕴皆空。度一切苦厄。舍利子。色不异空。

kōng bú yì sè sè jí shì kōng kōng jí shì sè shòu xiǎng  
空不异色。色即是空。空即是色。受想



xíngshí yì fù rú shì shè lì zǐ shìzhū fǎ kōng xiàng bù  
行识亦复如是。舍利子。是诸法空相。不  
shēng bù miè bù gòu bù jìng bù zēng bù jiǎn shì gù kōng  
生不灭。不垢不净。不增不减。是故空  
zhōng wú sè wú shòuxiǎng xíngshí wú yǎn ěr bí shéshēn yì  
中无色。无受想行识。无眼耳鼻舌身意。  
wú sè shēng xiāng wèi chù fǎ wú yǎn jiè nǎi zhì wú yì shí jiè  
无色声香味触法。无眼界。乃至无意识界。  
wú wú míng yì wú wú míng jìn nǎi zhì wú lǎo sǐ yì wú lǎo  
无无明。亦无无明尽。乃至无老死。亦无老  
sǐ jìn wú kǔ jí miè dào wú zhì yì wú dé yì wú suǒ dé gù  
死尽。无苦集灭道。无智亦无得。以无所得故。  
pú tí sà duǒ yī bō rě bō luó mì duō gù xīn wú guà ài wú  
菩提萨埵。依般若波罗蜜多故。心无罣碍。无  
guà ài gù wú yǒu kǒng bù yuǎn lí diān dǎo mèng xiǎng jiū  
罣碍故。无有恐怖。远离颠倒梦想。究  
jìng niè pán sān shì zhū fó yī bō rě bō luó mì duō gù dé ā  
竟涅槃。三世诸佛。依般若波罗蜜多故。得阿  
nòu duō luó sān miǎo sān pú tí gù zhī bō rě bō luó mì duō shì  
耨多罗三藐三菩提。故知般若波罗蜜多。是  
dà shén zhòu shì dà míng zhòu shì wú shàng zhòu shì wú děng  
大神咒。是大明咒。是无上咒。是无等  
děng zhòu néng chú yī qiè kǔ zhēn shí bù xū gù shuō bō rě  
等咒。能除一切苦。真实不虚。故说般若  
bō luó mì duō zhòu jí shuō zhòu yuē jiē dì jiē dì bō luó jiē  
波罗蜜多咒。即说咒曰。揭谛揭谛。波罗揭  
dì bō luó sēng jiē dì pú tí sà pó hē  
谛。波罗僧揭谛。菩提萨婆诃。

wǎngshēngjìng tǔ shénzhòu  
往 生 淨 土 神 咒

ná mó ā mí duō pó yè duō tuō qié duō yè duō dì yè tuō ā mí  
南无阿弥多婆夜哆他伽多夜。哆地夜他。阿弥

lì dū pó pí ā mí lì duō xī dān pó pí ā mí lì duō pí  
利都婆毗。阿弥利哆。悉耽婆毗。阿弥唎哆。毗

jiā lán dì ā mí lì duō pí jiā lán duō qié mí nì qié qié nuó  
迦兰帝。阿弥唎哆。毗迦兰多。伽弥腻伽伽那。

zhī duō jiā lì suō pó hē  
积多迦利。娑婆诃。（三遍）

超荐普佛，请翻到第 137 页

huí xiàng zhù dǎo  
回 向 祝 祷

sì shēng dēng yú bǎo dì sān yǒu tuō huà lián chí  
四 生 登 于 宝 地 。 三 有 托 化 莲 池 。

hé shā è guǐ zhèng sān xián wàn lèi yǒu qíng dēng shí dì  
河 沙 饿 鬼 证 三 贤 。 万 类 有 情 登 十 地 。

zàn fó ĭ  
赞 佛 偈

ā mí tuó fó shēn jīn sè xiāng hǎo guāng míng wú děng lún  
阿 弥 陀 佛 身 金 色 。 相 好 光 明 无 等 伦 。

bái háo wǎn zhuǎn wǔ xū mí gàn mù chéng qīng sì dà hǎi  
白 毫 宛 转 五 须 弥 。 紺 目 澄 清 四 大 海 。

guāng zhōng huà fó wú shù yì huà pú sà zhòng yì wú biān  
光 中 化 佛 无 数 亿 。 化 菩 萨 众 亦 无 边 。

sì shí bā yuàn dù zhòng shēng jiǔ pǐn xiǎn lìng dēng bī àn  
四 十 八 愿 度 众 生 。 九 品 咸 令 登 彼 岸 。

ná mó xī fāng jí lè shì jiè dà cí dà bēi ā mí tuó fó  
南无西方极乐世界大慈大悲阿弥陀佛

ná mó ā mí tuó fó  
南无阿弥陀佛（绕念）

ná mó guānshì yīn pú sà  
南无观世音菩萨（三称）

ná mó dà shì zhì pú sà  
南无大势至菩萨（三称）

ná mó qīng jìng dà hǎi zhòng pú sà  
南无清净大海众菩萨（三称）

jìng tǔ wén  
净土文

yì xīnguīmìng jí lè shì jiè ā mí tuó fó yuàn yǐ jìngguāng  
一心皈命。极乐世界。阿弥陀佛。愿以净光

zhào wǒ cí shì shè wǒ wǒ jīn zhèng niàn chēng rú lái míng wéi  
照我。慈誓摄我。我今正念。称如来名。为

pú tí dào qiú shēng jìng tǔ fó xī běn shì ruò yǒu zhòng shēng  
菩提道。求生净土。佛昔本誓。若有众生。

yù shēng wǒ guó zhì xīn xīn yào nǎi zhì shí niàn ruò bù shēng zhě  
欲生我国。志心信乐。乃至十念。若不生者。

bù qǔ zhèng jué yǐ cǐ niàn fó yīn yuán dé rù rú lái dà shì hǎi  
不取正觉。以此念佛因缘。得入如来。大誓海

zhōng chéng fó cí lì zhòng zuì xiāo miè shàn gēn zēng zhǎng  
中。承佛慈力。众罪消灭。善根增长。

ruò lín mìng zhōng zì zhī shí zhì shēn wú bìng kǔ xīn bù tān  
若临命终。自知时至。身无病苦。心不贪

liàn yì bù dǎn dǎo rú rù chán dìng fó jí shèng zhòng shǒu  
恋。意不颠倒。如入禅定。佛及圣众。手

zhí jīn tái lái yíng jiē wǒ yú yì niàn qīng shēng jí lè guó  
执金台。来迎接我。于一念顷。生极乐国。

huā kāi jiàn fó jí wén fó shèng dùn kāi fó huì guǎng dù zhòng  
花开见佛。即闻佛乘。顿开佛慧。广度众

shēng mǎn pú tí yuàn shí fāng sān shì yī qiè fó yī qiè pú sà mó  
生。满菩提愿。十方三世一切佛。一切菩萨摩

hē sà mó hē bō rě bō luó mì  
诃萨。摩诃般若波罗蜜。

dà cí pú sà fā yuàn jì  
大慈菩萨发愿偈

shí fāng sān shì fó ā mí tuó dì yī jiǔ pǐn dù zhòng shēng  
十方三世佛。阿弥陀第一。九品度众生。

wēi dé wú qióng jí wǒ jīn dà guī yī chàn huǐ sān yè zuì fán  
威德无穷极。我今大皈依。忏悔三业罪。凡

yǒu zhū fú shàn zhì xīn yòng huí xiàng yuàn tóng niàn fó rén  
有诸福善。至心用回向。愿同念佛人。

gǎn yìng suí shí xiàn lín zhōng xī fāng jìng fēn míng zài mù  
感应随时现。临终西方境。分明在目

qián jiàn wén jiē jīng jìn tóng shēng jí lè guó jiàn fó liǎo  
前。见闻皆精进。同生极乐国。见佛了

shēng sǐ rú fó dù yī qiè wú biān fán nǎo duàn wú liàng fǎ  
生死。如佛度一切。无边烦恼断。无量法

mén xiū shì yuàn dù zhòng shēng zǒng yuàn chéng fó dào xū  
门修。誓愿度众生。总愿成佛道。虚

kōng yǒu jìn wǒ yuàn wú qióng shí fāng sān shì yī qiè fó  
空有尽。我愿无穷。十方三世一切佛。

yī qiè pú sà mó hē sà mó hē bō rě bō luó mì  
一切菩萨摩诃萨。摩诃般若波罗蜜。

pǔ xián jǐng zhòng jì  
普贤警众偈

shì rì yǐ guò mìng yì suí jiǎn rú shǎo shuǐ yú sī yǒu hé lè  
是日已过。命亦随减。如少水鱼。斯有何乐。

dà zhòng dāng qín jīng jìn rú jiù tóu rán dàn niàn wú cháng  
大众。当勤精进。如救头燃。但念无常。

shèn wù fàng yì  
慎勿放逸。

sān guī yī  
三皈依

zì guī yī fó dāng yuàn zhòng shēng tǐ jiě dà dào fā wú  
自皈依佛。当愿众生。体解大道。发无

shàng xīn zì guī yī fǎ dāng yuàn zhòng shēng shēn rù jīng  
上心。自皈依法。当愿众生。深入经

zàng zhì huì rú hǎi zì guī yī sēng dāng yuàn zhòng shēng  
藏。智慧如海。自皈依僧。当愿众生。

tǒng lǐ dà zhòng yī qiè wú ài hé nán shèng zhòng  
统理大众。一切无碍。和南圣众。

ná mó qié lán shèng zhòng pú sà  
南无伽蓝圣众菩萨(三称)

ná mó qiān shǒu qiān yǎn wú ài dà bēi xīn tuó luó ní  
南无千手千眼无碍大悲心陀罗尼

ná mó hē là dá nà duō là yè yē ná mó ā lì yē pó lú jié  
南无喝囉怛那哆囉夜耶。南无阿唎耶。婆卢羯

dì shuò bō là yē pú tí sà duǒ pó yē mó hē sà duǒ pó yē  
帝烁钵囉耶。菩提萨埵婆耶。摩诃萨埵婆耶。

mó hē jiā lú ní jiā yē ōng sà pó là fá yè shù dá nà dá  
摩诃迦卢尼迦耶。唵。萨幡囉罚曳。数怛那怛

xiě náná mó xī jí lì duǒ yī méng ā lì yē pó lú jí dì shì  
写。南无悉吉栗埵伊蒙阿唎耶。婆卢吉帝室  
fó là léng tuó pó náná mó nà là jǐn chí xī lì mó hē pó duō  
佛囉楞驮婆。南无那囉谨墀。醯利摩诃幡哆  
shā miē sà pó ā tuō dòu shū péng ā shì yùn sà pó sà duō nà  
沙咩。萨婆阿他豆输朋。阿逝孕。萨婆萨哆那  
mó pó sà duō nà mó pó qié mó fá tè dòu dá zhī tuō ōng  
摩婆萨哆。那摩婆伽。摩罚特豆。怛侄他。唵。  
ā pó lú xī lú jiā dì jiā luó dì yí xī lì mó hē pú tí  
阿婆卢醯。卢迦帝。迦罗帝。夷醯唎。摩诃菩提  
sà duō sà pó sà pó mó là mó là mó xī mó xī lì tuó yùn  
萨埵。萨婆萨婆。摩囉摩囉。摩醯摩醯唎驮孕。  
jù lú jù lú jié méng dù lú dù lú fá shé yē dì mó hē fá  
俱卢俱卢羯蒙。度卢度卢罚闍耶帝。摩诃罚  
shé yē dì tuó là tuó là dì lì ní shì fó là yē zhē là zhē  
闍耶帝。陀囉陀囉。地唎尼。室佛囉耶。遮囉遮  
là me me fá mó là mù dì lì yī xī yī xī shì nà shì nà  
囉。么么罚摩囉。穆帝隶。伊醯伊醯。室那室那。  
ā là shēn fó là shè lì fá shā fá shēn fó là shě yē hū  
阿囉参佛囉舍利。罚沙罚参。佛囉舍耶。呼  
lú hū lú mó là hū lú hū lú xī lì suō là suō là xī lì  
嚧呼嚧摩囉。呼嚧呼嚧醯利。娑囉娑囉。悉唎  
xī lì sū lú sū lú pú tí yè pú tí yè pú tuó yè pú tuó  
悉唎。苏嚧苏嚧。菩提夜。菩提夜。菩驮夜菩驮  
yè mí dì lì yè nà là jǐn chí dì lì sè ní nà pó yè mó  
夜。弥帝唎夜。那囉谨墀。地利瑟尼那。婆夜摩  
nà suō pó hē xī tuó yè suō pó hē mó hē xī tuó yè suō  
那。娑婆诃。悉陀夜。娑婆诃。摩诃悉陀夜。娑

pó hē xī tuó yù yì shì pó là yē suō pó hē nà là jǐnchí  
娑婆诃。悉陀喻艺。室幡囉耶。娑婆诃。那囉谨墀。

suō pó hē mó là nà là suō pó hē xī là sēng ā mù qié yē  
娑婆诃。摩囉那囉。娑婆诃。悉囉僧阿穆佉耶。

suō pó hē suō pó mó hē ā xī tuó yè suō pó hē zhě jí là  
娑婆诃。娑婆摩诃阿悉陀夜。娑婆诃。者吉囉

ā xī tuó yè suō pó hē bō tuó mó jié xī tuó yè suō pó hē  
阿悉陀夜。娑婆诃。波陀摩羯悉陀夜。娑婆诃。

nà là jǐnchí pó qié là yē suō pó hē mó pó lì shèng jié là  
那囉谨墀幡伽囉耶。娑婆诃。摩婆利胜羯囉

yè suō pó hē náná mó hē là dá nà duō là yè yē náná mó ā  
夜。娑婆诃。南无喝囉怛那哆囉夜耶。南无阿

lì yē pó lú jí dì shuò pó là yè suō pó hē ōng xī  
唎耶。婆嚧吉帝。烁幡囉夜。娑婆诃。唵。悉

diàndōu mànduō là bá tuó yē suō pó hē  
殿都。漫多囉。跋陀耶。娑婆诃。

qié lán zàn  
伽蓝赞

qié lán zhǔ zhě hé sì wēi líng qīn chéng fó chī gòng shū chéng  
伽蓝主者。合寺威灵。钦承佛敕共输诚。

yōng hù fǎ wáng chéng wéi hàn wéi píng fàn chā yǒng ān níng  
拥护法王城。为翰为屏。梵刹永安宁。

náná mó hù fǎ zàng pú sà mó hē sà mó hē bō rě bō luó mì  
南无护法藏菩萨摩诃萨摩诃般若波罗蜜

晚课诵毕



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jí xiáng pǔ fó  
吉祥普佛

yàoshī zàn  
药师赞

yàoshī fó yánshòuwáng guānglínshuǐyuètánchǎng bēixīnjiù  
药师佛延寿王。光 临水月坛场。悲心救

kǔ jiàng jí xiáng miǎnnànxiāozāizhàng chànhuǐzhòngděng  
苦降吉祥。免 难消灾障。忏悔众等

sānshìzuì yuàn qí fú shòumiáncháng jí xīnggāozhào mù ēn  
三世罪。愿 祈福寿绵长。吉星高照沐恩

guāng rú yì bǎo ānkāng jí xīnggāozhào mù ēnguāng rú  
光。如 意保安康。吉星高照沐恩光。如

yì bǎo ānkāng  
意保安康。

ná mó dà shèngchángzhùsānbǎo  
南无大 乘 常 住三宝（三遍）

xuānwénshū  
宣 文 疏

yàoshīzhòu  
药 师 咒

ná mó bó qié fá dì pí shāshè jù lū bì liú lí bō lǎ pó  
南无薄伽伐帝。鞞杀社。娑嚧薛琉璃。鉢喇婆。

hē là shé yě dá tuō jiē duō yě ā là hē dì sānmiǎosānbó  
喝囉闍也。怛他揭多也。阿囉喝帝。三藐三勃

tuó yē dá zhī tuō ōng pí shāshì pí shāshì pí shāshè  
陀耶。怛姪他。唵。鞞杀逝。鞞杀逝。鞞杀社。

sān mò jiē dì suǒ hē

三没揭帝莎诃。(七遍)

zhùyuàn jì  
祝愿偈

shàng lái xiàn qián qīng jìng zhòng fēng sòng léng yán zhū pǐn zhòu  
上来现前清净众。讽诵楞严诸品咒。

huí xiàng sān bǎo zhòng lóng tiān shǒu hù qié lán zhū shèng zhòng  
回向三宝众龙天。守护伽蓝诸圣众。

sān tú bā nán jù lí kǔ sì ēn sān yǒu jìn zhān ēn  
三途八难俱离苦。四恩三有尽沾恩。

guó jiè ān níng bīng gé xiāo fēng tiáo yǔ shùn mǐn ān lè  
国界安宁兵革销。风调雨顺民安乐。

dà zhòng xūn xiū xī shèng jìn shí dì dùn chāo wú nán shì  
大众熏修希胜进。十地顿超无难事。

sān mén qīng jìng jué fēi yú tán xìn gāi yī zēng fú huì  
三门清净绝非虞。檀信皈依增福慧。

yào shī jì  
药师偈

yào shī rú lái liú lí guāng yàn wǎng zhuāng yán wú děng lún  
药师如来琉璃光。燄网庄严无等伦。

wú biān hēng yuàn lì yǒu qíng gè suǐ suǒ qiú jiē bù tuì  
无边行愿利有情。各遂所求皆不退。

ná mó dōng fāng jìng liú lí shì jiè yào shī liú lí guāng rú lái  
南无东方净琉璃世界药师琉璃光如来

ná mó yào shī liú lí guāng rú lái  
南无药师琉璃光如来(绕念)

bài yuàn  
拜愿

ná mó běnshīshìjiāmóu ní fó  
南无本师释迦牟尼佛（三称三拜）

ná mó yàoshīliú lí guāng rú lái  
南无药师琉璃光如来（三称三拜）

ná mó rì guāngbiànzhào pú sà  
南无日光遍照菩萨（一称一拜）

ná mó yuèguāngbiànzhào pú sà  
南无月光遍照菩萨（一称一拜）

ná mó yàoshīhǎihuì fó pú sà  
南无药师海会佛菩萨（一称一拜）

sì shēngjiǔyǒu tóngdēnghuázàng xuánmén bā nànsān tú  
四生九有。同登华藏玄门。八难三途。

gòng rù pí lú xìng hǎi  
共入毗卢性海。

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chāojiàn pǔ fó  
超 荐 普 佛

dà mí tuó zàn  
大 弥 陀 赞

mí tuó fó dà yuàn wáng cí bēi xǐ shě nán liàng 。  
弥 陀 佛 大 愿 王 。 慈 悲 喜 舍 难 量 。

méi jiān cháng fàng bái háo guāng dù zhòng shēng jí lè bāng 。  
眉 间 常 放 白 毫 光 。 度 众 生 极 乐 邦 。

bā dé chí zhōng lián jiǔ pǐn qī bǎo miào shù chéng háng 。  
八 德 池 中 莲 九 品 。 七 宝 妙 树 成 行 。

rú lái shèng hào ruò xuān yáng jiē yǐn wǎng xī fāng 。  
如 来 圣 号 若 宣 扬 。 接 引 往 西 方 。

mí tuó shèng hào ruò chēng yáng tóng yuàn wǎng xī fāng 。  
弥 陀 圣 号 若 称 扬 。 同 愿 往 西 方 。

ná mó dà shèng cháng zhù sān bǎo  
南 无 大 乘 常 住 三 宝 ( 三 称 )

xuān wén shū  
宣 文 疏

huí xiàng zhù dǎo  
回 向 祝 祷

sì shēng dēng yú bǎo dì sān yǒu tuō huà lián chí  
四 生 登 于 宝 地 。 三 有 托 化 莲 池 。

hé shā è guǐ zhèng sān xián wàn lèi yǒu qíng dēng shí dì  
河 沙 饿 鬼 证 三 贤 。 万 类 有 情 登 十 地 。

zàn fó jì  
赞 佛 偈

ā mí tuó fó shēn jīn sè xiàng hǎo guāng míng wú děng lún  
阿 弥 陀 佛 身 金 色 。 相 好 光 明 无 等 伦 。

bái háo wǎn zhuǎn wǔ xū mí gàn mù chéng qīng sì dà hǎi  
白 毫 宛 转 五 须 弥 。 紺 目 澄 清 四 大 海 。

guāng zhōng huà fó wú shù yì huà pú sà zhòng yì wú biān  
光 中 化 佛 无 数 亿 。 化 菩 萨 众 亦 无 边 。

sì shí bā yuàn dù zhòng shēng jiǔ pǐn xián lìng dēng bī àn  
四 十 八 愿 度 众 生 。 九 品 咸 令 登 彼 岸 。

ná mó xī fāng jí lè shì jiè dà cí dà bēi ā mí tuó fó  
南 无 西 方 极 乐 世 界 大 慈 大 悲 阿 弥 陀 佛

ná mó ā mí tuó fó  
南 无 阿 弥 陀 佛 （ 绕 念 ）

wǎngshēng wèiqián huíxiàng  
往 生 位 前 回 向

ná mó qīng liáng dì pú sà mó hē sà  
南 无 清 凉 地 菩 萨 摩 诃 萨 （ 三 称 ）

ná mó bō rě huì shàng fó pú sà  
南 无 般 若 会 上 佛 菩 萨 （ 三 称 ）

xīnjīng  
心 经

bō rě bō luó mì duō xīnjīng  
般 若 波 罗 蜜 多 心 经

guān zì zài pú sà xíng shēn bō rě bō luó mì duō shí zhào jiàn  
观 自 在 菩 萨 。 行 深 般 若 波 罗 蜜 多 时 。 照 见

wǔ yù jiē kōng dù yí qiè kǔ è shè lì zǐ sè bú yì kōng  
五 蕴 皆 空 。 度 一 切 苦 厄 。 舍 利 子 。 色 不 异 空 。

kōng bú yì sè sè jí shì kōng kōng jí shì sè shòu xiǎng  
空 不 异 色 。 色 即 是 空 。 空 即 是 色 。 受 想

xíngshí yì fù rú shì shè lì zǐ shì zhū fǎ kōng xiàng bù  
行识亦复如是。舍利子。是诸法空相。不

shēng bù miè bù gòu bù jìng bù zēng bù jiǎn shì gù kōng  
生不灭。不垢不净。不增不减。是故空

zhōng wú sè wú shòu xiǎng xíng shí wú yǎn ěr bí shé shēn yì  
中无色。无受想行识。无眼耳鼻舌身意。

wú sè shēng xiāng wèi chù fǎ wú yǎn jiè nǎi zhì wú yì shí jiè  
无色声香味触法。无眼界。乃至无意识界。

wú wú míng yì wú wú míng jìn nǎi zhì wú lǎo sǐ yì wú lǎo  
无无明。亦无无明尽。乃至无老死。亦无老

sǐ jìn wú kǔ jí miè dào wú zhì yì wú dé yì wú suǒ dé gù  
死尽。无苦集灭道。无智亦无得。以无所得故。

pú tí sà duǒ yī bō rě bō luó mì duō gù xīn wú guà ài wú  
菩提萨埵。依般若波罗蜜多故。心无罣碍。无

guà ài gù wú yǒu kǒng bù yuǎn lí diān dǎo mèng xiǎng jiū  
罣碍故。无有恐怖。远离颠倒梦想。究

jìng niè pán sān shì zhū fó yī bō rě bō luó mì duō gù dé ā  
竟涅槃。三世诸佛。依般若波罗蜜多故。得阿

nòu duō luó sān miǎo sān pú tí gù zhī bō rě bō luó mì duō shì  
耨多罗三藐三菩提。故知般若波罗蜜多。是

dà shén zhòu shì dà míng zhòu shì wú shàng zhòu shì wú děng  
大神咒。是大明咒。是无上咒。是无等

děng zhòu néng chú yī qiè kǔ zhēn shí bù xū gù shuō bō rě  
等咒。能除一切苦。真实不虚。故说般若

bō luó mì duō zhòu jí shuō zhòu yuē jiē dì jiē dì bō luó jiē  
波罗蜜多咒。即说咒曰。揭谛揭谛。波罗揭

dì bō luó sēng jiē dì pú tí sà pó hē  
谛。波罗僧揭谛。菩提萨婆诃。

wǎngshēngzhòu  
往生咒

ná mó ā mí duō pó yè duō tuō qié duō yè duō dì yè tuō  
南无阿弥多婆夜。哆他伽多夜。哆地夜他。

ā mí lì dū pó pí ā mí lì duō xī dān pó pí  
阿弥利都婆毗。阿弥利哆。悉耽婆毗。

ā mí lì duō pí jiā lán dì ā mí lì duō pí jiā lán duō  
阿弥唎哆。毗迦兰帝。阿弥唎哆。毗迦兰多。

qié mí nì qié qié nuó zhī duō jiā lì suō pó hē  
伽弥膩。伽伽那枳多迦利。娑婆诃。（三遍）

biànshízhēnyán  
变食真言

ná mó sà wā dá tuō yé duō wā lū zhī dì ōng sān bá là sān bá là hōng  
南无萨嚩怛他识哆嚩噜枳帝唵三跋囉三跋囉吽

（三遍）

gān lù shuǐzhēnyán  
甘露水真言

ná mó sū lū pó yē dá tuō yé duō yē dá zhī tuō ōng sū lū sū lū  
南无苏噜婆耶怛他识哆耶怛姪他唵苏噜苏噜

bō là sū lū bō là sū lū suō pó hē  
鉢囉苏噜鉢囉苏噜娑婆诃（三遍）

pǔ gòngyǎngzhēnyán  
普供养真言

ōng yé yé nǎng sān pó wā wā rì là hú  
唵诃诃曩三婆嚩鞞日囉斛（三遍）

liánchíhǎihuìzàn  
莲池海会赞

liánchíhǎihuì mí tuó rú lái guānyīnshì zhì zuò lián tái  
莲池海会。弥陀如来。观音势至坐莲台。

jiēyīnshàngjīnjiē dà shìhóngkāi pǔ yuàn lí chén āi  
接引上金阶。大誓宏开。普愿离尘埃。

huíxiàng jù  
回向偈

yuànshēng xī fāng jìng tǔ zhōng jiǔpǐnliánhuā wèi fù mǔ  
愿生西方净土中。九品莲花为父母。

huā kāi jì jiàn fó wú wú shēng bú tuì pú sà wéi bàn lǚ  
花开见佛悟无生。不退菩萨为伴侣。

ná mó ā mí tuó fó  
南无阿弥陀佛（绕念数遍）

bàiyuàn  
拜愿

ná mó běnshīshì jiā mó ní fó  
南无本师释迦牟尼佛（三称三拜）

ná mó ā mí tuó fó  
南无阿弥陀佛（三称三拜）

ná mó guānshìyīn pú sà  
南无观世音菩萨（三称三拜）

ná mó dà shìzhì pú sà  
南无大势至菩萨（三称三拜）

ná mó qīng jìng dà hǎi zhòng pú sà  
南无清净大海众菩萨（三称三拜）

请翻到第 131 页《普贤警众偈》



接续第 92 页

shuòwàngzǎokè  
朔望早课

fó bǎozàn  
佛宝赞

fó bǎo zàn wú qióng gōng chéng wú liàng jié zhōng  
佛宝赞无穷。功成无量劫中。

wēi wēi zhàng liù zǐ jīn róng jué dào xuě shān fēng  
巍巍丈六紫金容。觉道雪山峰。

méi jì yù háo guāng càn làn zhào kāi liù dào hūn méng  
眉际玉毫光灿烂。照开六道昏蒙。

lóng huá sān huì yuàn xiāng féng yǎn shuō fǎ zhēn zōng  
龙华三会愿相逢。演说法真宗。

lóng huá sān huì yuàn xiāng féng yǎn shuō fǎ zhēn zōng  
龙华三会愿相逢。演说法真宗。

zhùyuàn jì  
祝愿偈

shàng lái xiàn qián qīng jìng zhòng fěng sòng léng yán zhū pǐn zhòu  
上来现前清净众。讽诵楞严诸品咒。

huí xiàng sān bǎo zhòng lóng tiān shǒu hù qié lán zhū shèng zhòng  
回向三宝众龙天。守护伽蓝诸圣众。

sān tú bā nán jù lí kǔ sì ēn sān yǒu jìn zhān ēn  
三途八难俱离苦。四恩三有尽沾恩。

guó jiè ān níng bīng gé xiāo fēng tiáo yǔ shùn mín ān lè  
国界安宁兵革销。风调雨顺民安乐。

dà zhòng xūn xiū xī shèng jìn shí dì dùn chāo wú nán shì  
大众熏修希胜进。十地顿超无难事。

sānménqīng jìngjué fēi yú tánxìnguī yī zēng fú huì  
三门清 净绝非虞。檀信皈依 增福慧。

tiānshàng tiānxià wú rú fó shí fāng shì jiè yì wú bǐ  
天上 天下无如佛。十方世界亦无比。

shì jiān suǒ yǒu wǒ jìn jiàn yī qiè wú yǒu rú fó zhě  
世间 所有我尽见。一切无有如佛者。

nán wú suǒ pó shì jiè sān jiè dǎo shī sì shēng cí fù  
南无 娑婆世界。三界导师。四生慈父。

rén tiān jiào zhǔ sān lèi huà shēn běn shī shì jiā mó ní fó  
人天 教主。三类化身。本师释迦牟尼佛。

ná mó běn shī shì jiā mó ní fó  
南无本师释迦牟尼佛（绕念）

bàiyuàn  
拜愿

ná mó běn shī shì jiā mó ní fó  
南无本师释迦牟尼佛

ná mó yào shī liú lí guāng rú lái  
南无药师琉璃光如来

ná mó ā mí tuó fó  
南无阿弥陀佛

ná mó wén shū shī lì pú sà  
南无文殊师利菩萨

ná mó pǔ xián pú sà  
南无普贤菩萨

ná mó mí lì pú sà  
南无弥勒菩萨

ná mó shí fāng pú sà mó hē sà  
南无十方菩萨摩诃萨

朔望早课 加唱此赞

shì jiè hé píng rén mín ān lè fó rì zēng huī  
世界和平。人民安乐。佛日增辉。

fǎ lún cháng zhuǎn  
法轮常转。

请翻到第 94 页《三皈依》

fó qiándà gòng  
佛前大供

lú xiāngzàn  
炉香赞

lú xiāngzhàruò fǎ jièméng xūn zhū fó hǎihuì xī yáowén  
炉香乍爇。法界蒙熏。诸佛海会悉遥闻。

suí chù jié xiāng yún chéng yì fāng yīn zhū fó xiàn quán shēn  
随处结香云。诚意方殷。诸佛现全身。

ná mó xiāng yún gài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三称）

ná mó líng shān huì shàng fó pú sà  
南无灵山会上佛菩萨（三称）

ná mó cháng zhù shí fāng fó ná mó cháng zhù shí fāng fǎ ná  
南无常住十方佛。南无常住十方法。南

mó cháng zhù shí fāng sēng ná mó běn shī shì jiā móu ní fó ná  
无常住十方僧。南无本师释迦牟尼佛。南

mó yào shī liú lí guāng rú lái ná mó jí lè shì jiè ā mí tuó  
无药师琉璃光如来。南无极乐世界阿弥陀

fó ná mó dāng lái xià shēng mí lè zūn fó ná mó shí fāng sān  
佛。南无当来下生弥勒尊佛。南无十方三

shì yī qiè zhū fó ná mó dà zhì wén shū shī lì pú sà ná mó dà  
世一切诸佛。南无大智文殊师利菩萨。南无大

hèng pǔ xián pú sà ná mó dà yuàn dì zàng wáng pú sà ná mó  
行普贤菩萨。南无大愿地藏王菩萨。南无

dà bēi guān shì yīn pú sà ná mó dà shì zhì pú sà ná mó qīng  
大悲观音菩萨。南无大势至菩萨。南无清

jìng dà hǎi zhòng pú sà ná mó hù fǎ wéi tuó zūn tiān pú sà  
净大海众菩萨。南无护法韦驮尊天菩萨。

ná mó hù fǎ zhūtiān pú sà    ná mó qiélánshèngzhòng pú sà  
南无护法诸天菩萨。南无伽蓝圣众菩萨。

ná mó lì dài zǔ shī pú sà    ná mó dà shèng jǐn nà luówáng pǔ  
南无历代祖师菩萨。南无大圣紧那罗王普  
sà  
萨。(三遍)

biànshízhēnyán  
变食真言

ná mó sà wā dá tuō yé duō wā lū zhī dì ōngsān bá là sān bá là hōng  
南无萨嚩怛他识哆嚩嚩枳帝唵三跋囉三跋囉吽

(三遍)

gān lù shuǐzhēnyán  
甘露水真言

ná mó sū lū pó yē dá tuō yé duō yē dá zhī tuōōng sū lū sū lū  
南无苏噜婆耶怛他识哆耶怛姪他唵苏噜苏噜

bō là sū lū bō là sū lū suō pó hē  
鉢囉苏噜鉢囉苏噜娑婆诃 (三遍)

cǐ shí sè xiāngwèi    shànggòngshífāng fó    zhōngfèngzhūxián  
此食色香味。上供十方佛。中奉诸贤

shèng xià jí liùdào pǐn děngshī wú chābié    suíyuànjiēbǎo  
圣。下及六道品。等施无差别。随愿皆饱

mǎn lìng jīnshī zhě dé    wú liàng bō luó mì    sān dé liùwèi  
满。令今施者得。无量波罗蜜。三德六味。

gòng fó jí sēng    fǎ jièyǒuqíng    pǔ tónggòngyǎng  
供佛及僧。法界有情。普同供养。

pǔ gòngyǎngzhēnyán  
普供养真言

ōng yé yé nǎng sān pó wā wā rì là hú  
唵 誡 誡 曩 三 婆 嚩 鞞 日 囉 斛 (三遍)

tiānchúmiào gòng zàn  
天 厨 妙 供 赞

tiānchúmiào gòng chán yuè sū tuó hù ōng sū lū sà li wā  
天 厨 妙 供 。 禅 悦 酥 酪 。 户 唵 苏 噜 萨 哩 嚩 。

dá tā ā yē duō dá nǐ yě tā sū lū suō wā hē  
怛 他 阿 耶 多 。 怛 你 也 他 。 苏 噜 娑 嚩 诃 。

ná mó chán yuè zàng pú sà mó hē sà mó hē bō rě bō luó mì  
南 无 禅 悦 藏 菩 萨 摩 诃 萨 ， 摩 诃 般 若 波 罗 蜜 。

wǔshèng gòng  
五 圣 供

wéituó pú sà gòng  
韦 陀 菩 萨 供 (第 148 页)

qiélán pú sà gòng  
伽 蓝 菩 萨 供 (第 150 页)

jiānzhāi pú sà gòng  
监 斋 菩 萨 供 (第 153 页)

zǔ shī gòng  
祖 师 供 (第 155 页)

lóngwáng gòng  
龙 王 供 (第 158 页)

wéituó pú sà gòng  
韦陀菩萨 供

ná mó xiāng yún gài pú sà mó hē sà  
南无 香云盖菩萨摩诃萨 (三遍)

ná mó hù fǎ wéituó zūn tiān pú sà  
南无护法韦陀尊天菩萨 (三遍)

dà jí xiáng tiān nǚ zhòu  
大吉 祥天女咒

ná mó fó tuó ná mó dá mó ná mó sēng qié ná mó shì lì  
南无佛陀。南无达摩。南无僧伽。南无室利。

mó hē tí bí yē dá nǐ yě tuō bō lì fù lóu nà zhē lì sān  
摩诃提鼻耶。怛你也他。波利富楼那。遮利三

màn tuó dá shě ní mó hē pí hē luó qié dì sān mǎn tuó pí ní  
曼陀。达舍尼。摩诃毗诃罗伽帝。三曼陀。毗尼

qié dì mó hē jiā lì yě bō mí bō là bō mí sà lì wā  
伽帝。摩诃迦利野。波禰。波囉。波禰。萨利嚩

lì tuō sān mǎn tuó xiū bō lí dì fù lì nà ā lì nà dá  
栗他。三曼陀。修鉢犁帝。富隶那。阿利那。达

mó dì mó hē pí gǔ bì dì mó hē mí lè dì lóu bō sēng qí  
摩帝。摩诃毗鼓毕帝。摩诃弥勒帝。娄簸僧祇

dì xiān dì xǐ sēng qí xiān dì sān mǎn tuó ā tuō ā nòu  
帝。酰帝篋。僧祇酰帝。三曼陀。阿他阿窳。

pó luó ní  
婆罗尼。

biàn shí zhēn yán  
变食真言

ná mó sà wā dá tuō yé duō wā lū zhǐ dì ōng sān bá là sān bá là hōng  
南无萨嚩怛他谶哆嚩嚩枳帝唵三跋囉三跋囉吽

(三遍)

gān lù shuǐzhēnyán  
甘露水真言

ná mó sū lū pó yē dá tuō yé duō yē dá zhī tuō ōng sū lū sū lū  
南无苏噜婆耶怛他讖哆耶怛姪他唵苏噜苏噜

bō là sū lū bō là sū lū suō pó hē  
鉢囉苏噜鉢囉苏噜娑婆诃 (三遍)

pǔ gòngyǎngzhēnyán  
普供养真言

ōng yé yé nǎng sān pó wā wā rì là hú  
唵讖讖曩三婆嚩鞞日囉斛 (三遍)

wéituó zàn  
韦陀赞

wéituó tiānjiàng pú sà huàshēn yōng hù fó fǎ shìhóngshēn  
韦驮天将。菩萨化身。拥护佛法誓弘深。

bǎochǔzhèn mó jūn gōng dé nánlún qí dǎo fù qúnxīn  
宝杵镇魔军。功德难伦。祈祷副群心。

ná mó pǔ yǎn pú sà mó hē sà mó hē bō rě bō luó mì  
南无普眼菩萨摩诃萨。摩诃般若波罗蜜。



qiélán pú sà gòng  
伽蓝菩萨供

ná mó xiāng yún gài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三遍）

ná mó qié lán shèng zhòng pú sà  
南无伽蓝圣众菩萨（三遍）

ná mó qiān shǒu qiān yǎn wú ài dà bēi xīn tuó luó ní  
南无千手千眼无碍大悲心陀罗尼

ná mó hē là dá nà duō là yè yē ná mó ā lì yē pó lú jiē  
南无喝囉怛那哆囉夜耶。南无阿唎耶。婆卢羯

dì shuò bō là yē pú tí sà duǒ pó yē mó hē sà duǒ pó yē  
帝烁钵囉耶。菩提萨埵婆耶。摩诃萨埵婆耶。

mó hē jiā lú ní jiā yē ōng sà pó là fá yè shù dá nà dá  
摩诃迦卢尼迦耶。唵。萨幡囉罚曳。数怛那怛

xiě ná mó xī jí lì duǒ yī méng ā lì yē pó lú jí dì shì  
写。南无悉吉栗埵伊蒙阿唎耶。婆卢吉帝室

fó là léng tuó pó ná mó nà là jǐn chí xī lì mó hē pó duō  
佛囉楞驮婆。南无那囉谨墀。醯利摩诃幡哆

shā miē sà pó ā tuō dòu shū péng ā shì yùn sà pó sà duō nà  
沙咩。萨婆阿他豆输朋。阿逝孕。萨婆萨哆那

mó pó sà duō nà mó pó qié mó fá tè dòu dá zhī tuō ōng  
摩婆萨哆。那摩婆伽。摩罚特豆。怛侄他。唵。

ā pó lú xī lú jiā dì jiā luó dì yí xī lì mó hē pú tí  
阿婆卢醯。卢迦帝。伽罗帝。夷醯唎。摩诃菩提

sà duǒ sà pó sà pó mó là mó là mó xī mó xī lì tuó yùn  
萨埵。萨婆萨婆。摩囉摩囉。摩醯摩醯唎驮孕。

jù lú jù lú jiéméng dù lú dù lú fá shé yē dì mó hē fá  
俱卢俱卢羯蒙。度卢度卢罚闍耶帝。摩诃罚

shé yē dì tuó là tuó là dì lì ní shì fó là yē zhē là zhē  
闍耶帝。陀囉陀囉。地唎尼。室佛囉耶。遮囉遮

là me me fá mó là mù dì lì yī xī yī xī shì nà shì nà  
囉。么么罚摩囉。穆帝隶。伊醯伊醯。室那室那。

ā là shēn fó là shè lì fá shā fá shēn fó là shě yē hū  
阿囉参佛囉舍利。罚沙罚参。佛囉舍耶。呼

lú hū lú mó là hū lú hū lú xī lì suō là suō là xī lì  
噓呼噓摩囉。呼噓呼噓醯利。娑囉娑囉。悉唎

xī lì sū lú sū lú pú tí yè pú tí yè pú tuó yè pú tuó  
悉唎。苏噓苏噓。菩提夜。菩提夜。菩驮夜菩驮

yè mí dì lì yè nà là jǐnchí dì lì sè ní nà pó yè mó  
夜。弥帝唎夜。那囉谨墀。地利瑟尼那。婆夜摩

nà suō pó hē xī tuó yè suō pó hē mó hē xī tuó yè suō  
那。娑婆诃。悉陀夜。娑婆诃。摩诃悉陀夜。娑

pó hē xī tuó yù yì shì pó là yē suō pó hē nà là jǐnchí  
婆诃。悉陀喻艺。室幡囉耶。娑婆诃。那囉谨墀。

suō pó hē mó là nà là suō pó hē xī là sēng ā mù qié yē  
娑婆诃。摩囉那囉。娑婆诃。悉囉僧阿穆佉耶。

suō pó hē suō pó mó hē ā xī tuó yè suō pó hē zhě jí là  
娑婆诃。娑婆摩诃阿悉陀夜。娑婆诃。者吉囉

ā xī tuó yè suō pó hē bō tuó mó jié xī tuó yè suō pó hē  
阿悉陀夜。娑婆诃。波陀摩羯悉陀夜。娑婆诃。

nà là jǐnchí pó qié là yē suō pó hē mó pó lì shèng jié là  
那囉谨墀幡伽囉耶。娑婆诃。摩婆利胜羯囉

yè suō pó hē nán wú hē là dá nà duō là yè yē nán wú ā  
夜。娑婆诃。南无喝囉怛那哆囉夜耶。南无阿

lì yē pó lú jí dì shuò pó là yè suō pó hē ōng xī  
唎耶。娑噓吉帝。烁幡囉夜。娑婆诃。唵。悉

diàndōu mànduō là bá tuó yē suō pó hē  
殿都。漫多囉。跋陀耶。娑婆诃。

biànshízhēnyán  
变食真言

ná mó sà wǎ dá tuō yé duō wǎ lū zhī dì ōngsān bá là sān bá là hōng  
南无萨嚩怛他誡哆嚩嚩积帝唵三跋囉三跋囉吽

(三遍)

gān lù shuǐzhēnyán  
甘露水真言

ná mó sū lū pó yē dá tuō yé duō yē dá zhī tuō ōng sū lū sū lū  
南无苏噜婆耶怛他誡哆耶怛姪他唵苏噜苏噜

bō là sū lū bō là sū lū suō pó hē  
鉢囉苏噜鉢囉苏噜娑婆诃 (三遍)

pǔ gòngyǎngzhēnyán  
普供养真言

ōng yé yé nǎngsān pó wǎ wǎ rì là hú  
唵誡誡曩三婆嚩鞞日囉斛 (三遍)

qiélánzàn  
伽蓝赞

qiélánzhǔzhě hé sì wēilíng qīnchéng fó chīgòngshūchéng  
伽蓝主者。合寺威灵。钦承佛敕共输诚。

yōng hù fǎ wángchéng wéihànwéipíng fànchàyǒng ān níng  
拥护法王城。为翰为屏。梵刹永安宁。

ná mó hù fǎ zàng pú sà mó hē sà mó hē bō rě bō luó mì  
南无护法藏菩萨摩诃萨。摩诃般若波罗蜜。

jiānzhāi pú sà gòng  
监斋菩萨供

ná mó xiāng yún gài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三遍）

ná mó dà shèng jǐn nà luó wáng pú sà  
南无大圣紧那罗王菩萨（三遍）

zhǔn tí zhòu  
准提咒

qǐ shǒu guī yī sū xī dì tóu miàn dǐng lǐ qī jù zhī  
稽首皈依苏悉帝。头面顶礼七俱胝。

wǒ jīn chēng zàn dà zhǔn tí wéi yuàn cí bēi chuí jiā hù  
我今称赞大准提。唯愿慈悲垂加护。

ná mó sà duō nán sān miǎo sān pú tuó jù zhī nán dá zhī tuō  
南无飒哆喃。三藐三菩陀。俱胝喃。怛姪他。

ōng zhé lì zhǔ lì zhǔn tí suō pó hē  
唵。折戾主戾。准提娑婆诃。（七遍）

biànshízhēnyán  
变食真言

ná mó sà wā dá tuō yé duō wā lū zhī dì ōng sān bá là sān bá là hōng  
南无萨嚩怛他识哆嚩噜枳帝唵三跋囉三跋囉吽

（三遍）

gān lù shuǐzhēnyán  
甘露水真言

ná mó sū lū pó yē dá tuō yé duō yē dá zhī tuō ōng sū lū sū lū  
南无苏噜婆耶怛他识哆耶怛姪他唵苏噜苏噜

bō là sū lū bō là sū lū suō pó hē  
鉢囉苏噜鉢囉苏噜娑婆诃（三遍）

pǔ gòngyǎngzhēnyán  
普 供 养 真 言

ōng yé yé nǎng sān pó wā wā rì là hú  
唵 誡 誡 曩 三 婆 嚩 鞞 日 囉 斛 (三遍)

jiānzhāizàn  
监 斋 赞

jiānzhāishǐzhě huǒ bù wēishén tiáo hé bǎiwèijiànwéixīn  
监 斋 使 者 。 火 部 威 神 。 调 和 百 味 荐 为 馨 。

zāihàoyǒng wú qīn hù mìng zī shēn qīngzhòngyǒngméng ēn  
灾 耗 永 无 侵 。 护 命 资 身 。 清 众 永 蒙 恩 。

ná mó yàn huì dì pú sà mó hē sà mó hē bō rě bō luó mì  
南 无 焰 慧 地 菩 萨 摩 诃 萨 。 摩 诃 般 若 波 罗 蜜 。

zǔ shī gòng  
祖师供

ná mó xiāng yún gài pú sà mó hē sà  
南无 香 云盖 菩萨摩诃萨 (三遍)

ná mó lì dài zǔ shī pú sà  
南无 历代 祖师 菩萨 (三遍)

xīn jīng  
心经

bō rě bō luó mì duō xīn jīng  
般若 波罗蜜 多心经

guān zì zài pú sà xíng shēn bō rě bō luó mì duō shí zhào jiàn  
观 自在 菩萨。行 深 般若 波罗蜜 多时。照 见

wǔ yù jiē kōng dù yī qiè kǔ è shè lì zǐ sè bú yì kōng  
五 蕴 皆 空。度 一 切 苦 厄。舍 利 子。色 不 异 空。

kōng bú yì sè sè jí shì kōng kōng jí shì sè shòu xiǎng  
空 不 异 色。色 即 是 空。空 即 是 色。受 想

xíng shí yì fù rú shì shè lì zǐ shì zhū fǎ kōng xiàng bù  
行 识 亦 复 如 是。舍 利 子。是 诸 法 空 相。不

shēng bù miè bù gòu bù jìng bù zēng bù jiǎn shì gù kōng  
生 不 灭。不 垢 不 净。不 增 不 减。是 故 空

zhōng wú sè wú shòu xiǎng xíng shí wú yǎn ěr bí shé shēn yì  
中 无 色。无 受 想 行 识。无 眼 耳 鼻 舌 身 意。

wú sè shēng xiāng wèi chù fǎ wú yǎn jiè nǎi zhì wú yì shí jiè  
无 色 声 香 味 触 法。无 眼 界。乃 至 无 意 识 界。

wú wú míng yì wú wú míng jìn nǎi zhì wú lǎo sǐ yì wú lǎo  
无 无 明。亦 无 无 明 尽。乃 至 无 老 死。亦 无 老

sǐ jìn wú kǔ jí miè dào wú zhì yì wú dé yǐ wú suǒ dé gù  
死 尽。无 苦 集 灭 道。无 智 亦 无 得。以 无 所 得 故。

pú tí sà duǒ yī bō rě bō luó mì duō gù xīn wú guà ài wú  
菩提萨埵。依般若波罗蜜多故。心无罣碍。无

guà ài gù wú yǒu kǒng bù yuǎn lí diān dǎo mèng xiǎng jiū  
罣碍故。无有恐怖。远离颠倒梦想。究

jìng niè pán sān shì zhū fó yī bō rě bō luó mì duō gù dé ā  
竟涅槃。三世诸佛。依般若波罗蜜多故。得阿

nòu duō luó sān miǎo sān pú tí gù zhī bō rě bō luó mì duō shì  
耨多罗三藐三菩提。故知般若波罗蜜多。是

dà shén zhòu shì dà míng zhòu shì wú shàng zhòu shì wú děng  
大神咒。是大明咒。是无上咒。是无等

děng zhòu néng chú yī qiè kǔ zhēn shí bù xū gù shuō bō rě  
等咒。能除一切苦。真实不虚。故说般若

bō luó mì duō zhòu jí shuō zhòu yuē jiē dì jiē dì bō luó jiē  
波罗蜜多咒。即说咒曰。揭谛揭谛。波罗揭

dì bō luó sēng jiē dì pú tí sà pó hē  
谛。波罗僧揭谛。菩提萨婆诃。

### biàn shí zhēn yán 变食真言

ná mó sà wǎ dá tuō yé duō wǎ lū zhī dì ōng sān bá là sān bá là hōng  
南无萨嚩怛他谶哆嚩噜枳帝唵三跋囉三跋囉吽

(三遍)

### gān lù shuǐ zhēn yán 甘露水真言

ná mó sū lū pó yē dá tuō yé duō yē dá zhī tuō ōng sū lū sū lū  
南无苏噜婆耶怛他谶哆耶怛姪他唵苏噜苏噜

bō là sū lū bō là sū lū suō pó hē  
钵囉苏噜钵囉苏噜娑婆诃 (三遍)

pǔ gòng yǎng zhēn yán  
普 供 养 真 言

ōng yé yé nǎng sān pó wā wā rì là hú  
唵 誡 誡 曩 三 婆 嚩 鞞 日 囉 斛 (三遍)

zǔ shī zàn  
祖 师 赞

niān huā wù zhǐ zǔ dào chū xīng mián yán sì qī yǎn zhēn chéng  
拈 花 悟 旨 。 祖 道 初 兴 。 绵 延 四 七 演 真 乘 。

liù dài yuǎn chuán dēng yì yè xiāng chéng zhèng fǎ yǒng chāng míng  
六 代 远 传 灯 。 奕 叶 相 承 。 正 法 永 昌 明 。

ná mó dù rén shī pú sà mó hē sà mó hē bō rě bō luó mì  
南 无 度 人 师 菩 萨 摩 诃 萨 。 摩 诃 般 若 波 罗 蜜 。



lóngwánggòng  
龙王供

ná mó xiāng yún gài pú sà mó hē sà  
南无香云盖菩萨摩诃萨（三遍）

ná mó suō jiē luó lóng wáng pú sà  
南无娑竭罗龙王菩萨（三遍）

ná mó qiān shǒu qiān yǎn wú ài dà bēi xīn tuó luó ní  
南无千手千眼无碍大悲心陀罗尼

ná mó hē là dá nà duō là yè yē ná mó ā lì yē pó lú jiē  
南无喝囉怛那哆囉夜耶。南无阿唎耶。婆卢羯

dì shuò bō là yē pú tí sà duǒ pó yē mó hē sà duǒ pó yē  
帝烁钵囉耶。菩提萨埵婆耶。摩诃萨埵婆耶。

mó hē jiā lú ní jiā yē ōng sà pó là fá yè shù dá nà dá  
摩诃迦卢尼迦耶。唵。萨幡囉罚曳。数怛那怛

xiě ná mó xī jí lì duǒ yī méng ā lì yē pó lú jí dì shì  
写。南无悉吉栗埵伊蒙阿唎耶。婆卢吉帝室

fó là léng tuó pó ná mó nà là jǐn chí xī lì mó hē pó duō  
佛囉楞驮婆。南无那囉谨墀。醯利摩诃幡哆

shā miē sà pó ā tuō dòu shū péng ā shì yùn sà pó sà duō nà  
沙咩。萨婆阿他豆输朋。阿逝孕。萨婆萨哆那

mó pó sà duō nà mó pó qié mó fá tè dòu dá zhī tuō ōng  
摩婆萨哆。那摩婆伽。摩罚特豆。怛侄他。唵。

ā pó lú xī lú jiā dì jiā luó dì yí xī lì mó hē pú tí  
阿婆卢醯。卢迦帝。迦罗帝。夷醯唎。摩诃菩提

sà duǒ sà pó sà pó mó là mó là mó xī mó xī lì tuó yùn  
萨埵。萨婆萨婆。摩囉摩囉。摩醯摩醯唎驮孕。

jù lú jù lú jiéméng dù lú dù lú fá shé yē dì mó hē fá  
俱卢俱卢羯蒙。度卢度卢罚闍耶帝。摩诃罚

shé yē dì tuó là tuó là dì lì ní shì fó là yē zhē là zhē  
 闍耶帝。陀囉陀囉。地唎尼。室佛囉耶。遮囉遮

là me me fá mó là mù dì lì yī xī yī xī shì nà shì nà  
 囉。么么罚摩囉。穆帝隶。伊醯伊醯。室那室那。

ā là shēn fó là shè lì fá shā fá shēn fó là shě yē hū  
 阿囉参佛囉舍利。罚沙罚参。佛囉舍耶。呼

lú hū lú mó là hū lú hū lú xī lì suō là suō là xī lì  
 嘘呼嘘摩囉。呼嘘呼嘘醯利。娑囉娑囉。悉唎

xī lì sū lú sū lú pú tí yè pú tí yè pú tuó yè pú tuó  
 悉唎。苏嘘苏嘘。菩提夜。菩提夜。菩驮夜菩驮

yè mí dì lì yè nà là jǐnchí dì lì sè ní nà pó yè mó  
 夜。弥帝唎夜。那囉谨墀。地利瑟尼那。婆夜摩

nà suō pó hē xī tuó yè suō pó hē mó hē xī tuó yè suō  
 那。娑婆诃。悉陀夜。娑婆诃。摩诃悉陀夜。娑

pó hē xī tuó yù yì shì pó là yē suō pó hē nà là jǐnchí  
 婆诃。悉陀喻艺。室幡囉耶。娑婆诃。那囉谨墀。

suō pó hē mó là nà là suō pó hē xī là sēng ā mù qié yē  
 娑婆诃。摩囉那囉。娑婆诃。悉囉僧阿穆佉耶。

suō pó hē suō pó mó hē ā xī tuó yè suō pó hē zhě jí là  
 娑婆诃。娑婆摩诃阿悉陀夜。娑婆诃。者吉囉

ā xī tuó yè suō pó hē bō tuó mó jié xī tuó yè suō pó hē  
 阿悉陀夜。娑婆诃。波陀摩羯悉陀夜。娑婆诃。

nà là jǐnchí pó qié là yē suō pó hē mó pó lì shèng jié là  
 那囉谨墀幡伽囉耶。娑婆诃。摩婆利胜羯囉

yè suō pó hē ná mó hē là dá nà duō là yè yē ná mó ā  
 夜。娑婆诃。南无喝囉怛那哆囉夜耶。南无阿

lì yē pó lú jí dì shuò pó là yè suō pó hē ōng xī  
 唎耶。娑嘘吉帝。烁幡囉夜。娑婆诃。唵。悉

diàndōu mànduō là bá tuó yē suō pó hē  
殿都。漫多囉。跋陀耶。娑婆诃。

biànshízhēnyán  
变食真言

ná mó sà wǎ dá tuō yé duō wǎ lū zhī dì ōngsān bá là sān bá là hōng  
南无萨嚩怛他誡哆嚩嚧枳帝唵三跋囉三跋囉吽

(三遍)

gān lù shuǐzhēnyán  
甘露水真言

ná mó sū lū pó yē dá tuō yé duō yē dá zhī tuō ōng sū lū sū lū  
南无苏噜婆耶怛他誡哆耶怛姪他唵苏噜苏噜

bō là sū lū bō là sū lū suō pó hē  
鉢囉苏噜鉢囉苏噜娑婆诃 (三遍)

pǔ gòngyǎngzhēnyán  
普供养真言

ōng yé yé nǎngsān pó wǎ wǎ rì là hú  
唵誡誡曩三婆嚩鞞日囉斛 (三遍)

lóngwángzàn  
龙王赞

lóngwángshèngzhòng gōng dé nánliàng wǔ hú sì hǎisànqióngjiāng  
龙王圣众。功德难量。五湖四海散琼浆。

yì dī sǎ qīngliáng yǐnzhěchúyāng wéiyuànjiàng jí xiáng  
一滴洒清凉。饮者除殃。惟愿降吉祥。

ná mó gān lù wáng pú sà mó hē sà mó hē bō rě bō luó mì  
南无甘露王菩萨摩诃萨。摩诃般若波罗蜜。



ཡི་གེ་ཉི་ལུ་རྩ་དུག་པ་འདི་དཔེ་ཚའི་ནང་དུ་བཞག་ན་དཔེ་ཚད་ཅི་འདྲར་  
བགོས་ས་ཀྱང་ཉེས་པ་མི་འབྱུང་བར་འཇམ་དཔལ་རྩ་རྒྱུད་ལས་གསུངས་སོ།།

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